19 April 2023

#### Education Bureau Circular No. 6/2023

### Personal, Social and Humanities Education Key Learning Area: Religious Education Curriculum (Secondary 1-3)

[Note: This circular should be read by-

- (a) Supervisors/Heads of all Government, Aided (including Special Schools), Caput Secondary Schools, Private Secondary Schools, and Secondary Schools under the Direct Subsidy Schemes for action; and
- (b) Heads of Sections for information.]

#### **Summary**

The purpose of this circular is to announce the junior secondary Religious Education revised curriculum developed by the Curriculum Development Council (CDC) and the related school questionnaire survey.

#### **Background**

- 2. Religious Education is a junior secondary curriculum in the Personal, Social and Humanities Education Key Learning Area<sup>1</sup> (PSHE KLA) of the school curriculum, which covers the essential learning contents of Strand 1 of the PSHE KLA. Schools with religious affiliation can offer this curriculum to systemically convey their mission in education and promote values education, as well as enable students to lay the knowledge foundation required for studies at the senior secondary level (including Ethics and Religious Studies). Religion is an important cornerstone of human civilisation, and many religious values are precious guidelines for the sustainable development of society. Schools of different backgrounds can draw reference to these values when cultivating values in students.
- 3. The Education Bureau (EDB) has been constantly reviewing the implementation of the Religious Education curriculum in schools. It has been over 23 years since the launch of

<sup>&</sup>lt;sup>1</sup> The PSHE KLA includes six learning strands: Strand 1 "Personal and Social Development", Strand 2 "Time, Continuity and Change", Strand 3 "Culture and Heritage", Strand 4 "Place and Environment", Strand 5 "Resources and Economic Activities" and Strand 6 "Social Systems and Citizenship".

the existing Religious Education curriculum in 1999. In the meantime, the related curriculum guides for the secondary level have been updated and major renewed emphases and directions of curriculum development have been recommended, including the *Values Education Curriculum Framework (Pilot Version)* (2021). Hence, revision of the Religious Education curriculum is needed to ensure that the curriculum content can keep abreast of the times to promote students' whole-person development.

- 4. The "Ad Hoc Committee for Revising Religious Education (Secondary 1-3)" (the Ad Hoc Committee) under the Curriculum Development Council Committee on Personal, Social and Humanities Education commenced the revision work. The Ad Hoc Committee has all along made reference to views collected from key stakeholders (including secondary school principals, teachers, university academics, major faith school sponsoring bodies, etc.). After thorough deliberation, the Ad Hoc Committee concurred with the major revisions of the curriculum (vide paragraph 6 below). The revised curriculum is considered effective in catering for the development needs of students, which can help students build up knowledge foundation, develop generic skills, cultivate positive and correct values and attitudes, as well as prepare them for studies at the senior secondary level. The "Religious Education Revised Curriculum Framework" recommended by the Ad Hoc Committee was accepted in the meeting of the Curriculum Development Council held in February 2023.
- 5. The EDB recommends that the revised Religious Education curriculum be implemented at Secondary 1 in faith secondary schools in Hong Kong in September 2024. The EDB will provide different support to schools on the revised curriculum, including learning and teaching resources and professional development programmes for teachers to help schools implement the revised curriculum.

#### Major Revisions of the Curriculum

- 6. Major revisions proposed by the Ad Hoc Committee include the following:
  - A common framework: "Learning about Religion" (9 topics) and "Learning from Religion" (21 topics) constitute a common framework, with each of the six religions contributing religious teachings to different topics in the common framework.
  - A dual emphasis on "Learning about Religion" and "Learning from Religion": "Learning about Religion" refers to the systematic study of the basic components of religion while "Learning from Religion" explores the ultimate questions of individuals and society through a religious lens, such as the meaning of life, overcoming difficult times, questing for a happy life, etc. This dual emphasis approach can highlight the guiding effect of religious teachings on the personal growth of students, and provide a non-material perspective for understanding personal and social topics.

- Whole-person development, practice and actions driven by positive values: The revised curriculum highlights the importance of establishing, reflecting on and practising positive values, as well as the importance of religious practice (such as meditation / prayer) and religious praxis (such as caring and service).
- Laying the foundation for a happy life: The revised curriculum provides religious teachings and insights for exploring topics about life, including making moral judgments, questions on suffering, overcoming difficult times, seeing through wealth, questing for the meaning of life, understanding life and death, seeking the truth, making peace, etc., to enrich students' spiritual life and provide inspiration and guidance to students to pursue meaning in life.
- Strengthening the interface with the senior secondary curriculum of Ethics and Religious Studies: Topics on "understanding the world" through religious wisdom, including caring and justice, environmental protection, understanding media and the virtual world, etc., are added to strengthen the interface with the senior secondary curriculum of Ethics and Religious Studies.

#### **School Questionnaire Survey**

- 7. The EDB is going to collect schools' views on the implementation of the revised curriculum, in particular schools' readiness and needs for support, which will serve as a reference for the Curriculum Development Council and Curriculum Development Institute to formulate support measures. Please refer to the attached documents: "Religious Education (Secondary 1-3) Revised Curriculum Framework (Consultation Draft)" (Annex 1) and "Religious Education Curriculum School Questionnaire Survey" (Annex 2). These documents have also been uploaded to the website of the PSHE Section, EDB: http://www.edb.gov.hk/en/curriculum-development/kla/pshe/whats-new.html
- 8. School heads or their representatives (such as Vice-principal, Prefect of Studies, PSHE KLA Coordinator, subject panel head, etc.) please complete the questionnaire and return it by post to the PSHE Section, Room 1319, 13/F Wu Chung House, 213 Queen's Road East, Wanchai, Hong Kong on or before 18 May 2023.

#### **Enquiry**

9. For enquiries, please contact Dr YIP Cheong-man (2892 5475) of the PSHE Section.

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Annex 1

# Personal, Social and Humanities Education Key Learning Area Religious Education (Secondary 1-3)

**Revised Curriculum Framework** 

[Translated Version]

(Consultation Draft)

Curriculum Development Council

March 2023

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#### **Chapter 1 Introduction**

#### 1.1 Background

In this curriculum document, the term "religion" refers to the religions that school sponsoring bodies in Hong Kong affiliated with, which are Buddhism, Christianity, Confucianism, Islam and Taoism.

Religion is an important cornerstone of human civilisation, and many religious values are precious guidelines for the sustainable development of society. For individuals, religious faith caters for the spiritual quest beyond material desires which does not decline with the change of time. Instead, rapid social changes stimulate fervent inquiry into ultimate questions such as "What is life about?", "What is happiness?" and "Why do people seek the truth?".

#### 1.2 Rationale and Direction for Development

# 1.2.1 Caring for students' personal growth and spiritual development, and laying the foundation for the pursuit of a good life

From a religious perspective, a good life is not just based on material abundance. Spiritual pursuit, spiritual life and spiritual practice are also necessary. The Religious Education (S1-S3) revised curriculum guides students in their adolescence to think about their personal identity, development direction and meaning of life, and inspires their non-material pursuits from a religious and humanistic point of view. Through the study of religious teachings and immersion in religious cultures, students are guided to develop positive values and beliefs useful throughout their lives, so that students can make informed decisions and take ethical actions, which lays the foundation for a happy life.

# 1.2.2 Cultivating the next generation with religious wisdom, so that they can become physically and mentally healthy, caring and respectful

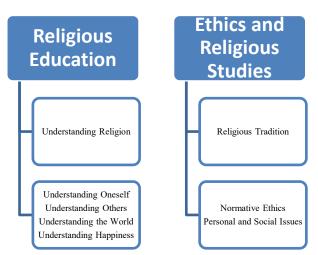
In the age of knowledge explosion, we not only need to obtain information, but more importantly, we also need to master key concepts, think critically and realise human nature and world affairs eventually. High-quality religious education enables students to appreciate how religions embody important civilisations of mankind. It also helps students, whether they are believers or non-believers, understand and seek the truth. Last but not least, it aims at nurturing students into humanistic, respectful and tolerant individuals who are physically and mentally strong, as well as open-minded leaders with visions.

# 1.2.3 Expanding the breadth of religious education and providing more diverse approaches to learning

The breadth of the curriculum and learning and teaching approaches should be expanded in order to maintain the vitality of religious education. For example, young people are increasingly involved in the virtual world in their study and life. Their inquiry into this topic is not only confined to ways to understand and discern information, but also a number of other issues, such as time management, interpersonal relationships, impacts on values and addictive behaviours. The part on "Learning from Religion" in the Religious Education (S1-S3) revised curriculum addresses such issues in specific modules, drawing wisdom from religious teachings and featuring content relevant to daily life to facilitate students' effective learning.

#### 1.2.4 Vertical interface with senior secondary subjects

This curriculum provides opportunities for students to gain knowledge of religious traditions and introduces the basic knowledge, thinking perspectives and values in personal and social development at Key Stage 3 of the Personal, Social and Humanities Education Key Learning Area (PSHE KLA), which helps students understand themselves as well as their connections with and concerns for others and the world. The content and learning approaches of the Religious Education (S1-S3) revised curriculum will help students further explore and study relevant topics in Ethics and Religious Studies and other subjects at Key Stage 4. For example, the topics of "Learning from Religion: Understanding the World" and "Learning from Religion: Understanding Happiness" lay the foundation for further learning in "Personal and Social Issues" of the Ethics and Religious Studies curriculum at the senior secondary level.



Above: Curriculum frameworks of Religious Education (S1-3) and Ethics and Religious

Studies (S4-6)

#### 1.2.5 Horizontal complement with other humanities subjects

At present, schools can deliver essential learning elements in Strand 1 "Personal and Social Development" of PSHE KLA through the subject of Religious Education. To facilitate teachers' reviewing and planning of the curriculum, it is necessary to revise the *Syllabuses for Secondary Schools: Religious Education (Secondary 1-3) (1999)* to outline the essential learning elements of Strand 1 covered by Religious Education. In curriculum planning, teachers should carefully review the connection between different subjects and integrate pertinent content, so as to minimise duplication and maximise the complementary relationship between subjects for better use of lesson time.

# 1.2.6 Alignment with learning objectives in the Secondary Education Curriculum Guide and the Personal, Social and Humanities Education Key Learning Area Curriculum Guide

The Religious Education (S1-S3) revised curriculum helps students achieve the Seven Learning Goals of the Hong Kong school curriculum, in particular: to understand one's own interests, aptitudes and abilities, and develop and reflect upon personal goals with aspirations; to lead a healthy lifestyle; to understand contemporary issues at personal, community, national and global levels; and to respect for pluralism in society and develop a global perspective. Besides, the Curriculum Development Council has incorporated priority values<sup>1</sup>, into the school curriculum framework in Hong Kong. These values align with those promoted by many school sponsoring bodies all along. The rich religious traditions, elements and languages help illustrate these positive values more concretely and instil them in students.

#### 1.2.7 Building on existing strengths

When updating this curriculum document, the Ad Hoc Committee for Revising Religious Education (S1-3) (the Committee) has made reference to the *Syllabuses for Secondary Schools: Syllabus for Religious Education (Secondary 1-3)* promulgated by Curriculum Development Committee in 1983 and and *Syllabuses for Secondary Schools: Religious Education (Secondary 1-3)* by the Curriculum Development Council in 1999. The

According to the Values Education Curriculum Framework (Pilot Version) promulgated in 2021, the priority values include perseverance, respect for others, responsibility, national identity, commitment, integrity, care for others, law abidingness, empathy and diligence.

Committee has also drawn upon the curriculum design of other education systems and the learning and teaching experience inside and outside the classroom of many local schools. The enthusiasm of school sponsoring bodies and teachers of Religious Education is the greatest motivation for the continuous development, implementation and renewal of this curriculum.

#### 1.3 Curriculum Aims

This subject aims at:

- (a) educating students about religion, religious traditions, religious lifestyles and representative religious figures;
- **(b)** enabling students to understand, through their own experience, others' and history, the influence of religion on how people perceive themselves and the world as well as their values and cultures;
- (c) educating students about how religion can lead to a healthy and positive life, and help to fulfil social and environmental responsibilities;
- (d) guiding students to pursue a faith or spiritual way of living, and to seek answers to questions in life; and
- (e) developing students' respect for religion and different cultures and values.

#### 1.4 Learning Objectives

#### **Knowledge:**

Students are expected to

- (a) understand basic religious teachings, important religious figures, religious life and the significant influence of religion on human society;
- (b) understand the values and insistence of religious practitioners; and
- (c) understand key concepts related to personal growth, social interaction, care for the community, and pursuit of happiness, etc.

#### **Skills:**

Students are expected to

- (a) develop skills related to Religious Education, such as mindfulness practice, reflection, prayer, study of scriptures, introduction and explanation of one's belief to others, and understanding of different issues from the perspectives of religious practitioners; and
- (b) develop and apply the nine generic skills integratively, such as to foster holistic

thinking skills on issues related to personal and social well-being through the application of religious values.

#### Values and Attitudes:

Students are expected to

- (a) be reflective and strive for self-improvement;
- (b) be compassionate and caring for others;
- (c) have the commitment to making the world better; and
- (d) seek happiness for themselves and others with harmony in diversity.

In other words, teachers can provide learning opportunities for students to understand, nurture and practise priority values including perseverance, respect for others, responsibility, national identity, commitment, integrity, care for others, law abidingness, empathy and diligence, etc. in the Religious Education curriculum framework.

#### **Actions:**

Students will have opportunities to

- (a) give and make offering;
- (b) show care and serve; and
- (c) participate in religious practices or activities.

### Chapter 2 Curriculum Structure

#### 2.1 Curriculum Design Principles

# 2.1.1 Adopting the approaches of "learning about religion" and "learning from religion" flexibly for expected learning outcomes

This curriculum includes two parts, i.e., "learning about religion" and "learning from religion", which represent two types of learning content and approach. "Learning about religion" refers to the systematic study of religious elements, while "learning from religion" explores ultimate questions of the individuals and society through a religious perspective. In terms of learning content, the two are interrelated, they interact with each other and hence, not separable. For example, many religious teachings offer inspiration to topics in life, which in turn provide the necessary background for understanding the teachings.

# 2.1.2 Promoting students' whole-person development, emphasizing religious practice and actions driven by positive values

This curriculum has a designated column for religious values, in order to highlight the fact that religious education is a subject that places great emphasis on establishing, reflecting on and practising values. Religious education does not only advocate directly religious values but also establishes humanistic qualities and priority values such as perseverance, integrity, caring, responsibility and empathy for individuals and the society via religious wisdom.

#### 2.1.3 Adopting a flexible framework and embracing content

This curriculum covers a broad range of topics. It starts from learning about religion and learns to look at oneself, others, the world and happiness through religion. It also discusses different layers of life issues in the light shed by religion. The flexible curriculum framework allows different religious traditions to exemplify how students can gain wisdom through religious teachings and values. And it leaves room for teachers to flexibly handle the learning content according to the needs and context of their school and students. Teachers can arrange and combine units according to learning need of students.

#### 2.2 Curriculum Structure and Organization

- 2.2.1 Learning about religion
  - 2.2.1.1 Understanding religion (enquiry questions A1-A9)

## 2.2.2 Learning from religion

- 2.2.2.1 Understanding oneself (enquiry questions B1-B6)
- 2.2.2.2 Understanding others (enquiry questions B7-B9)
- 2.2.2.3 Understanding the world (enquiry questions B10-B13)
- 2.2.2.4 Understanding happiness (enquiry questions B14-B21)

# 2.3 Module Contents

# 2.3.1 Understanding Religion

## 2.3.1.1 Learning about Religion- Confucianism

Understanding Religion				
Topics	Enquiry Questions	Key Points		
A1 Name of the religion	How do people call this religion?	Confucianism		
A2 The worship focus	Whom does this religion worship?	Confucius		
A3 Important figures	Who are the important figures of this religion? What are their major deeds?	<ul> <li>Confucius: eternal paragon for teachers</li> <li>Yanzi: Fusheng ("Continuator of the Sage"); Zengzi: Zongsheng ("The Exhibitor of the Fundamental Principles of the Sage"); Zisi: Shusheng ("Transmitter of the Techings of the Sage"); Mencius: Yasheng ("The Second Sage") (collectively as "The Four Sages")</li> <li>The seventy-two disciples of Confucius, etc.</li> <li>Travelling through all the kingdoms, advocating the kingly way and reviving the ordered society of earlier times</li> </ul>		
A4 Key beliefs	What are the key beliefs of this religion, such as core teaching and religious texts, etc?	<ul> <li>To individuals: benevolence, righteousness, propriety, wisdom, sincerity, frugality, integrity and sense of shame</li> <li>To the world: harmony without</li> </ul>		
		uniformity and valuing peace		

A5 Faith community	How do people call the followers of this religion? What are the major characteristics of this faith community, such as names, members, system, organisation and way of conversion?	<ul> <li>Confucianism is both a religion and a system of human-oriented philosophy. It is integrated into the daily life of the Chinese people, who are taught to distinguish the right from the wrong at a young age. It advocates important concepts such as filial piety, fraternity, loyalty, sincerity, propriety, righteousness, integrity, and sense of shame.</li> <li>The Four Books, The Five Classics and The Thirteen Classics; commentaries and interpretative notes by prominent Confucian scholars in Song and Ming Dynasties.</li> <li>Confucius disciples</li> <li>Exploring and reflecting on things in life experience ("gewu"); learning the principles of living ("zhizhi"); developing the right attitude towards people and things ("chengyi"); fostering positive values ("zhengxin"); and becoming a person who has civil awareness and shouldering</li> </ul>
		responsibilities for their community and country ("xiushen, qijia, zhiguo, pingtianxia").
A6 Religious practices	What religious rules or principles do the believers uphold? How do they practise this religion such as:  a. Festivals and celebrations  b. Daily life	The Great Learning ("Daxue") elaborates on the Three Principles, saying, "The Great Learning teaches the display of illustrious virtue, the renewal of the people, and repose in the highest good." It also deals with the Eight Items as aforementioned, i.e., gewu, zhizhi, chengyi, zhengxin, xiushen, qijia, zhiguo, and pingtianxia.
	3. 2 a.i.j 112	i. Birthdays of Confucius and Mencius,

	c. Special moments, for examples coming of age, marriage and giving birth, and d. Others	Chinese New Year, Mid-Autumn Festival, Dragon Boat Festival, Chongyang Festival, Qingming Festival, Qiqiao Festival, etc.  ii. Confucian moral concepts such as filial piety, fraternity, loyalty, sincerity, propriety, righteousness, integrity and sense of shame are integrated into the daily life. Confucian ceremonies are held on traditional Chinese festivals, such as Chinese New Year, Mid-Autumn Festival, Dragon Boat Festival, Chongyang Festival, Qingming Festival, Qiqiao Festival, etc.
		iii. Ancestral Rite, Confucian wedding ceremony, Confucian funeral ceremony, Confucian rite of passage, First Writing Ceremony, etc.
A7 Mission and action	What are the missions of this religion?	<ul> <li>Confucianism advocates harmony without uniformity and mutual respect. It recognises the uniqueness of each culture instead of insisting on consistency in content and form.</li> <li>Confucianism encourages individual advancement in realms of life and moral standards by means of self-cultivation, so as to serve the country and the world.</li> <li>For the social aspect, it holds that different countries and cultures should value harmony without uniformity, respect each other and aiming at coexistence and prosperity.</li> </ul>
A8 Religious art	How is faith content expressed through art such as architecture, music, etc.?	Examples include paintings, sculpture, architecture, music, literature, etc.
A9	How has this religion	• Founded by Confucius, it became the

Impacts of the religion	impacted human history and culture as well as the contemporary society?	dominant thinking of traditional Chinese culture and academia when Confucianism was promoted as the official ideology of China since Western Han Dynasty, with its influence still felt today.
		<ul> <li>Confucianism has great contribution to Asian cultures and is a major world civiliation.</li> </ul>

# 2.3.1.2 Learning about religion- Islam

Understanding Religion			
Topics	Enquiry Questions	Key Points	
A1 Name of the religion	How do people call this religion?	Islam	
A2 The worship focus	Whom does this religion worship?	The Creator (Allah)	
A3 Important figures	Who are the important figures of this religion? What are their major deeds?	Allah chose sages to be His Messengers, including Ibrahim, Ishah, Yaqub, Yusuf, Moosa, Dawood and Issa.	
C		Muhammad was the last Messenger, who informed the world of the full meaning of Islam with the Quran and his words and actions.	
A4 Key beliefs	What are the key beliefs of this religion, such as core teaching and religious texts, etc?	"Islam" means peace and submission, and the belief in Allah as the Only Creator.  From the Islamic perspective, the Quran is a divine revelation, and like the Bible and Psalms, it is the earliest scripture given to mankind by the Creator.  The five pillars of Islam:	
		<ol> <li>Profession of faith (Shahadah): "There is no god but Allah and Muhammad is messenger of Allah."</li> <li>Prayer (facing Mecca, five times a day)</li> <li>Almsgiving (once a year if financially capable)</li> <li>Fasting (once a year for one month)</li> </ol>	

		5. Pilgrimage (at least once in a lifetime if financially capable)
A5 Faith community	How do people call the followers of this religion? What are the major characteristics of this faith community, such as names, members, system, organisation and way of conversion?	Muslims  Religious leaders are called Imams.  Before conversion, one must understand the meaning of becoming a Muslim, read Islamic scriptures, and recite the Shahada.
A6 Religious practices	What religious rules or principles do the believers uphold? How do they practise this religion such as;  a. Festivals and celebrations  b. Daily life  c. Special moments for examples coming of age, marriage and giving birth, and  d. Others	a. Two major Islamic festivals  • Eid al-Fitr (Feast of Breaking the Fast, celebration after Ramadan)  • Eid al-Adha (Feast of Sacrifice) (celebration of the tenth day of the Hajj pilgrimage)  b. Daily life  • Five prayers a day, performed at dawn, midday, afternoon, sunset, and night  • Islamic greeting: Assalamu Alaikum (Peace be unto you)  c. Other special moments include  • Birth (small celebratory gathering called Aqeeqah)  • Wedding  • Death and funeral (involves family and community gettogether and expression of condolence and a prayer gathering for the deceased)
A7 Mission and action	What are the missions of this religion?	To follow the divine revelation of Allah the Creator as well as the Quran and the Hadith (record of the traditions and sayings of the Prophet Muhammad) as the

		norm and basis of behaviours, and to help others within one's capability.
A8 Religious art	How is faith content expressed through art such as architecture, music, etc?	The principles of Islamic faith have been demonstrated in architecture, music and art. For example, there are no human or animal figures in a mosque. Islamic calligraphy usually features contents of the Quran and the Hadith, which illustrates the importance attached to these two sources of knowledge.
A9 Impacts of the religion	How has this religion impacted human history and culture as well as the contemporary society?	<ul> <li>The Islamic world had an independent judiciary, a financial institution and a pension scheme already in about 634 AD.</li> <li>In about 1,000 AD, the Golden Age of Islamic civilisation was born in Al-Andalus (now Andalusia in Spain).</li> <li>Early Islamic civilisation has laid the foundation for many commonly used things today, such as algebra, surgical instruments, cameras, astronomy, etc.</li> </ul>

# **2.3.1.3** Learning about Religion — **Buddhism**

Understanding Religion			
Topics	Enquiry Questions	Key Points	
A1 Name of the religion	How do people call this religion?	Buddhism	
A2 The worship focus	Whom does this religion worship?	Sakyamuni Buddha	
A3 Important figures	Who are the important figures of this religion? What are their major deeds?	<ul> <li>Prince Siddhartha in ancient India</li> <li>The Eight Deeds</li> <li>Prince Siddhartha having the four encounters, first turning the wheel of teaching, liberating heretics, teaching and transforming sentient beings, and taking ten great disciples</li> </ul>	
A4 Key teachings	What are the key beliefs of this religion, such as core teaching and religious texts, etc?	Doctrines: The Dependent Origination (Links of Dependent Arising) / Law of Co-dependent Origination & retribution / karma and rebirth / all sentient beings as equal / five aggregates and non-self / the five precepts and ten virtues (vehicles of human beings and celestial beings) / the Eightfold Paths / Four Noble Truths (vehicle of emancipation) / the six perfections and four all- embracing virtues (practices of Bodhisattva vehicle) Buddhist Canon: Formation process and main contents of the Tripitaka ("Vinaya Pitaka", "Sutta Pitaka", "Abhidhamma Pitaka")	

A5 Faith community	How do people call the followers of this religion? What are the major characteristics of this faith community, such as names, members, system, organisation and way of conversion?	Members: Sevenfold assembly (five monastic groups and two lay
A6 Religious practices	What religious rules or principles do the believers uphold? How do they practise this religion such as:  a. Festivals and celebrations b. Daily life c. Special moments, for examples coming of age, marriage and giving birth, and d. Others	
A7 Mission and action	What are the missions of this religion?	Create no evil, cultivate all good, and purify the mind. These are the teachings of the Buddha.
A8	How is faith content expressed through art such as architecture,	Buddhism and music: Brahma Chants, Three Treasure Song

Religious art	music, etc?	Buddhism and calligraphy: writing and transcribing Buddhist scriptures  Buddhism and architecture: The Three Grottoes (Dunhuang, Yungang, Longmen)  Buddhism and architecture: Buddhist temples  Buddhism and statues: Appearance / recognition of Buddha statues
A9 Impacts of the religion	How has this religion impacted human history and culture as well as the contemporary society?	Buddhism and art: Thangka, paintings  Buddhist culture:  The four sacred sites: Bodh Gaya, Sarnath, Kushinagar, and Lumbini Buddhist flag and robe (kasaya) Three major systems: Tripitaka texts written in Pali, Chinese and Tibetan Translators of Buddhist literature: Kumarajiva, Venerable Master Xuanzang, Dharma Master Faxian, Dharma Master Yijing Buddhist history: Theravada Buddhism, Chinese Buddhism, Tibetan Buddhism and Western Buddhism Buddhism and literature:  The influence of Buddhism on Chinese literature (e.g. The Hundred Parables Sutra, The Avatamsaka Sutra)  Sujiang (secular explanations) and bianwen (transformation texts) Zen poetry

# 2.3.1.4 Learning about Religion — Christianity (Catholic)

1	Understanding Religion				
Topics	Enquiry Questions	Key Points			
A1 Name of the religion	How do people call this religion?	Catholicism, Christianity			
A2 The worship focus	Whom does this religion worship?	The Truine God (the Father and the Son and the Holy Spirit)			
A3 Important figures	Who are the important figures of this religion? What are their major deeds?	<ul> <li>a. The Israelites (Abraham, Moses, Joshua, David, the judges, the prophets, etc.)</li> <li>b. Jesus: birth, preaching, suffering, death, resurrection and ascension.</li> <li>c. Church (the apostles, deacons): Preaching the gospel to the ends of the world.</li> </ul>			
A4 Key beliefs	What are the key beliefs of this religion, such as core teaching and religious texts, etc?	a. Revelation: Faith comes from the self-revelation of God. Only because God's wills to reveal Himself can He be known.			
		b. God's salvation plan: From the covenants of the Old Testament to the birth of Christ in the New Testament, and to the Church after the Christ are all parts of God's salvation plan, aiming to lead people to the kingdom of heaven.			
		c. The text: The Bible and documents of the Magisterium			
A5 Faith community	How do people call the followers of this religion? What are the major	Catholics, Christians, Church members, lay believers.  Catholics usually attend mass on Sunday and			

	characteristics of this faith community, such as names, members, system, organisation and way of conversion?	feast days, receive the Holy Communion and participate in the sacraments.  Catholics enter the Church through the sacraments of Christian initiation. Infants can also join the Church through baptism.  The Church hinges upon members of the hierarchy under the leadership of the Pope. It has an internal ordering, with dioceses, parishes and other administrative units as the backbone.	
A6 Religious practices	What religious rules or principles do the believers uphold? How do they practise this religion such as;  a. Festivals and celebrations  b. Daily life  c. Special moments for examples coming of age, marriage and giving birth, and  d. Others	Catholics follow the teachings of the Bible and subsequent Church traditions. Most teachings can be found in the <i>Catechism of the Catholic Church</i> . <b>a.</b> Festivals and celebrations: The Church has its own calendar, which includes Sundays and feast days. The calendar is divided into different periods such as Advent, Christmas, Lent, Holy Week, and Ordinary Time. <b>b.</b> Everyday life: for example, participation at Mass, spiritual practices, studying the Scriptures, offering, missionary work and community service. <b>c.</b> Special moments of life: for example, the seven sacraments cover important moments of life.	
A7 Mission and action	What are the missions of this religion?	To live a good and merciful life according to the teachings of Jesus Christ, spread the Gospel of Christ to the whole world, and journey towards the heaven with humankind.	
A8 Religious art	How is faith content expressed through art such	Examples include paintings (such as religious paintings), sculptures, architecture, music	

	as architecture, music, etc?	literature, etc. There have been a large number of works expressing the Catholic faith throughout the history of European art and literature as well as in modern times.
A9 Impacts of the religion	How has this religion impacted human history and culture as well as the contemporary society?	Before Christ, the Israelites spread their faith in the Middle East. In the A.D. era, the Church established by Christ became the mainstream religion in Europe. The entire European civilising process was closely related to the Catholic faith. In modern times, European colonisation helped spread the Catholic faith to different parts of the world. After the Second Vatican Council, the Church has placed more emphasis on embracing the world and has made efforts to promote social progress around the world.

# Learning about Religion- Christianity (Protestant, Anglican and others)

	eligion	
Topics	Enquiry Questions	Key Points
A1 Name of the religion	How do people call this religion?	Christianity, Protestantism
A2 The worship focus	Whom does this religion worship?	The Triune God (The Father, the Son, and the Holy Spirit)
A3 Important figures	Who are the important figures of this religion? What are their major deeds?	<ul> <li>Old Testament figures such as Abraham, Moses, David, Daniel, Esther, etc.</li> <li>Jesus: birth, preaching, suffering, death, resurrection, ascension, founding the Christian community.</li> <li>Apostles (e.g. Peter, Stephen, Paul) and the Church continued Christ's mission.</li> </ul>
A4 Key beliefs	What are the key beliefs of this religion, such as core teaching and religious texts, etc?	<ul> <li>Various denominations and interpretations generally proclaim:</li> <li>Creation: All things come from God. He is the Creator of the universe.</li> <li>Incarnation: God came in human flesh and presented His love in the lives of many.</li> <li>Redemption: Being born as a human, Jesus was crucified on the cross for the sins of the world. He was then resurrected and ascended to heaven, bringing to humankind</li> </ul>

		the hope of eternal life.
		<ul> <li>Renewal: A new life bestowed by the Holy Spirit. The Holy Spirit provides guidance for believers to confess and repent from sins; gives believers courage, abilities and reminders.</li> <li>The text: The Bible.</li> </ul>
A5 Faith community	How do people call the followers of this religion? What are the major characteristics of this faith community, such as names, members, system, organisation and way of conversion?	<ul> <li>Christians, Protestants, the congregation, believers, followers of Jesus. Christians also call themselves the chosen people of God.</li> <li>Christians generally attend church services and take part in the holy communion. Some denominations have sacraments such as Anointing</li> </ul>
		<ul> <li>the Sick.</li> <li>Christians join faith communities through baptism (including immersion baptism) and swearingin of soldiers (The Salvation Army).</li> <li>Brief history, different governments of the Church (Episcopal, Presbyterian and Congreational) and basic organization, such as clergy and believers.</li> </ul>
A6 Religious practices	What religious rules or principles do the believers uphold? How do they practise this religion such as:  a. Festivals and celebrations	Christians adhere to Biblical teachings in life and work, including the Ten Commandments, the Sermon on the Mount, and Church traditions.  a. Festivals and celebrations: Advent,

	b. Daily life	Christmas, Epiphany, Lent, Good
	Friday, Easter, Pentecost. Some	
	c. Special moments, for	denominations experience relationship
	examples coming of age, marriage and giving birth,	with God through the Church calendar.
	and	b. Daily life: for examples, worship,
	and	personal meditation, fellowship, Bible
	d. Others	reading, prayer, giving offering,
		preaching, sharing testimonies and
		services.
		c. Special moments of life: for
		examples baptism, confirmation, the
		Eucharist, ordination, marriage,
		reconciliation of the penitent,
		and anointing the sick.
		(Festivals and sacraments / ordinances
		vary from denomination to
		denomination)
A7	What are the missions of this	To preach the gospel of the Kingdom of
	religion?	God, put the faith into action, treat
Mission and		others with justice, and serve the society,
action		as taught in the light and salt parables, in
		areas of education, medical care,
		counselling, elderly care, etc.
A8	How is faith content expressed	Examples include paintings (such as
	through art such as architecture,	religious paintings), sculptures,
Religious art	music, etc?	architecture, music, literature, etc. There
		have been a large number of works
		expressing the Protestant faith,
		throughout the history of European art
		and literature as well as in modern times.
A9	How has this religion impacted	Examples include interactions between
Inches 4 C.4	human history and culture as	Christianity and other human
Impacts of the	well as the contemporary	civilisations, such as scientific
religion	society?	discoveries, the Reformation,
		Renaissance, abolition of slave trade;

missionaries approaching China,
translation of the Bible, establishment of
schools, drug addiction treatment
centers as well as proverty projects for
the social development and
modernization, etc.

# **2.3.1.5** Learning about Religion- **Taoism**

Understanding Religion		
Topics	Enquiry Questions	Key Points
A1 Name of the religion	How do people call this religion?	Taoism
A2 The worship focus	Whom does this religion worship?	<ul> <li>The believers mainly worship Taoist gods and "xianzhen" (immortals), which are usually called "shenxian" (celestial beings).</li> <li>Taoist gods of the highest rank are the Three Clarities and the Four Sovereigns ("sanqing" and "siyu"), under whom there are many other gods of different functions and ranks.</li> <li>The Three Clarities are, in descending order: Yuanshi Tianzun (Celestial of Original Commencement), Lingbao Tianzun (Worthy of Numinous Treasure), and Daode Tianzun (Worthy of the Way and its Virtue).</li> <li>The Four Sovereigns are, in descending order: Yuhuang Dadi (The Great Jade Emperor), Ziwei Beiji Dadi (The Great Emperor of Middle Heaven North Star), Gouchen Tianhuang Dadi (The Great Emperor of Polaris), and Houtu Huang Diqi (the Goddess Queen of the Earth).</li> <li>"Xianzhen" refers to people who have attained immortality through Taoist practice, and there are many of them. The most worshipped Taoist immortals in Hong Kong include Lü Dongbin (Lui Cho), Huang Chuping (Wong Tai Sin), Mazu (Tin Hau) and</li> </ul>
		Guan Yu (Holy Ruler Deity Guan).
A3	Who are the important	• Laozi, also rendered as Lao Tzu, believed to

Important	figures of this religion? What are their major deeds?	be the incarnation of Taishang Laojun (The Grand Supreme Elderly Lord), is revered as "Dao Zu", or First Ancestor of the Way. Laozi was born during the Spring and Autumn Period in Chinese history. He wrote the <i>Dao De Jing</i> (also as "Tao Te Ching") when he left for the west through the Hangu Pass. The text reveals the teachings of Taoist faith and Taoist philosophy.
		As a religion, Taoism was founded by Zhang Daoling during the Eastern Han Dynasty. He was revered as "Jiao Zu", or First Ancestor of the Religion, and followed the teachings of the Yellow Emperor and Laozi. He studied Dao De Jing as a child and later lived in Heming Mountain in seclusion, where he gathered the ancient methods and art of alchemy and immortality.
A4 Key beliefs	What are the key beliefs of this religion, such as core teaching and religious texts, etc?	• The five major Taoist classics include <i>Dao De Jing</i> , <i>Nan Hua Jing</i> , <i>Yin Fu Jing</i> , <i>Huang Ting Jing</i> and <i>Wen Shi Jing</i> , which, together with other Taoist texts, are complied in <i>Daozang</i> , or "The Taoist Canon".
		• Taoist doctrines: Taoist practice is based on Chinese traditional virtues, such as loyalty, filial piety, integrity, sense of morality, righteousness, sincerity, benevolence, kindness and propriety. Taoism advocates non-action and non-contention and pays more attention to life and regimen.
A5 Faith community	How do people call the followers of this religion? What are the major characteristics of this faith community, such as names, members, system, organisation and	• Officially converted followers of Taoism can be called "Dignitaries of the Dao" or "Taoist priests", and not officially converted believers can be called "faithful laymen" or "believers". Taoist believers greet each other as "Your Venerable", "Sister/Brother", "Teacher" or "Master", depending on their

	way of conversion?	ranks. And those holding religious positions
	J == = === = <del>=====</del>	are called President or Abbot, as the case may
		be.
		• In ancient times, there were many sects of Taoism, including the four most prominent ones of Zhengyi dao, Quanzhen dao, Taiyi dao and Zhenda dao. Today Taoism is divided into two mainstream sects, namely Quanzhen and Zhengyi. Taoist priests of the Quanzhen Sect are ordained as celibate or married practitioners by receiving precepts, while those of the Zhengyi Sect are ordained by
		<ul> <li>Modern organisations include the Central Taoist Association established in 1912, the Taoist Association of China in 1957, and Hong Kong Taoist Association in 1961.</li> </ul>
		• Taoism is a native religion with a long history in China. Taoist beliefs and rites are deeply rooted in folk traditions. Even unconverted people practised the religion in their daily lives, such as worshipping Taoist gods and engaging Taoist priests for blessing and expiation rites.
A6	What religious rules or	a. Festivals and celebrations:
Religious practices	principles do the believers uphold? How do they practise this religion such as:  a. Festivals and celebrations	Taoism celebrates the births of more than 100 gods and immortals, such as that of Laozi on the 25 <sup>th</sup> day of the second lunar month, that of Lui Cho on the 14 <sup>th</sup> day of the fourth lunar month, and that of Wong Tai Sin on the 23 <sup>rd</sup> day of the eighth lunar month.
	<ul><li>b. Daily life</li><li>c. Special moments,</li><li>for examples</li></ul>	The second Sunday in March is the "Taoist Day". It is an important day for promoting Taoism in Hong Kong.
	for examples coming of age,	b. Daily life
L		<u> </u>

	marriage and giving birth, and d. others	Taoists pay attention to commandments and etiquette in daily life, and pay more attention to personal cultivation and health. General believers read scriptures, observe a vegetarian diet and learn <i>qigong</i> for personal cultivationas well as physical and mental health.
		c. Special moments:
		The Taoist faith lays ultimate emphasis on life and death and cause and effect. Therefore, it advocates care for the living through blessing rites and for the dead through expiation ones. Taoist temples in Hong Kong organise rites for believers to worship the Deity of the Year and pray for good luck. The Taoist Zhongyuan Festival is celebrated on the 15 <sup>th</sup> day of the seventh lunar month, when Taoist temples perform rituals to transmute and absolve the sufferings of the deceased.
A7 Mission and action	What are the missions of this religion?	Taoism advocates non-contention and preaches peace and love, with the hope that people can live a natural and quiet life. The religion pursues harmony in the universe and peace in the country. It emphasises self cultivation and helping others, for the pursuit of happiness, social stability and immortality for all mankind.
A8 Religious art	How is faith content expressed through art such as architecture, music, etc?	<ul> <li>Taoist buildings are an important part of existing ancient Chinese architectural heritage. Ancient Taoist constructions, statues and murals can be found in Yongle Temple in Shanxi Province and in Wudang Mountain in Hubei Province.</li> <li>The Taoism religion places great emphasis on ritual practice, and Taoist rituals are generally performed with music. Among others, "Quanzhen Temples Taoist Ritual Music" in Hong Kong has been included in the list of</li> </ul>

		national intangible cultural heritage.
		<ul> <li>Taoist temples are inspired by palaces and originated from numinous terraces. Their layout conforms to the Five Elements of Yin and Yang and features palatial components.</li> </ul>
		• Taoist sculptures are mainly statues of gods and goddesses in different materials. They illustrate the dignity and holiness of the gods but also lend a touch of life.
		• Taoist paintings feature the combination of culture, art and nature, in the forms of landscape paintings, fangshu paintings, murals and engraving prints.
		• Taoist music originates from religious rituals and events. It draws from elements of local operas and folk songs. The main types include divine poems, buxu hymns, as well as music for Taoist ceremonies and rituals.
A9 Impacts of the religion	How has this religion impacted human history and culture as well as the contemporary society?	• Taoism is a native religion with a long history in China. Its classics, such as <i>Dao De Jing</i> and <i>Nanhua Zhenjing</i> , constituted the Taoist philosophy as early as in the Pre-Qin Period (Pre 221 BC).
		<ul> <li>Blessing and expiation rituals of the religion are part of the abundant rites of passage of for the Chinese people. Traditional Chinese symbols and practices such as Tai Chi, Yin and Yang, the Five Elements, qigong, fengshui and traditional Chinese medicine, are all closely related to Taoism.</li> </ul>
		• Taoism emphasises "non-action", "non-contention", "non-desire" and "quiescence", which enable people to have nobler pursuits and help eliminate conflicts in human society.

- Taosim advocates self-cultivation according to the doctrines and the pursuit of noble morality. Its followers are expected and encouraged to contribute to society, benefit others and promote public good.
- Taoism places special emphasis on tolerance, natural harmony and mutual respect. It discourages religious exclusivity.
- According to Taoist philosophy, "neither heaven nor human wins out over the other".
   Human should conform to nature and live with nature in harmony, which helps promote environmental protection.
- Taoism believes that "jing" (essence), "shen" (spirit) and "qi" (energy flow) are the three treasures of health preservation, which has implications for medicine and health science.

## 2.3.2 Learning from Religion

# **2.3.2.1** Learning from Religion - Confucianism

#### **Understanding oneself**

Topics	Enquiry questions:	Religious teachings/values	Recommended religious classics
D1	• Who am I?	To have aspirations	• "In learning, one does not worry about a lack of
B1	• What are my talents and	• Self-understanding has	ability but rather that one's commitment is not
Self-	personal qualities?	profound impact on career	steadfast." (Zhonglun: The Teachings of Government)
understand	• How can they be improved?	and life	"Man should first have aspirations as the foundation
ing			of life, just as a sapling must have roots to grow into
			a huge tree." (Major Schools of Song and Yuan
			Confucians: Quotations)
			"People with aspiration take no regard of age. Living
			to high age without aspriartion is futile."
			• "The ancients who wished to illustrate illustrious
			virtue throughout the kingdom, first ordered well their
			own states. Wishing to order well their states, they
			first regulated their families. Wishing to regulate their
			families, they first cultivated their persons. Wishing
			to cultivate their persons, they first rectified their
			hearts. Wishing to rectify their hearts, they first
			sought to be sincere in their thoughts. Wishing to be
			sincere in their thoughts, they first extended to the
			utmost their knowledge. Such extension of
			knowledge lay in the investigation of things. Things
			being investigated, knowledge became complete."

				(The Great Learning)
			•	Confucius: "At fifteen, I had my mind bent on
				learning. At thirty, I stood firm. At forty, I had no
				doubts. At fifty, I knew the decrees of Heaven. At
				sixty, my ear was an obedient organ for the reception
				of truth. At seventy, I could follow what my heart
				desired, without transgressing what was right."
D2	How should I deal with my	• To be content with what one	•	"With coarse rice to eat, with water to drink, and my
B2	personal weaknesses and	has		bended arm for a pillow; I have still joy in the midst
Self-	limitations?	• To deal with mistakes (correct		of these things." (The Analects: Shu Er)
confidence	• What should I do if I don't	one's own mistakes and	•	The Master said, "To have faults and not to reform
	like myself, such as my	tolerate those of others)		them - this, indeed, should be pronounced having
	appearance, my school	<ul> <li>Critical thinking</li> </ul>		faults." (The Analects: Wei Ling Gong)
	report?		•	"When any one told Zi Lu that he had a fault, he
	• How do I distinguish helpful			rejoiced." (Mencius: Gong Sun Chou I)
	feedback from hostile		•	The Master said, "When we see men of worth, we
	criticism?			should think of equalling them; when we see men of
				a contrary character, we should turn inwards and
				examine ourselves." (The Analects: Li Ren)
			•	"He did not transfer his anger; he did not repeat a
				fault." (The Analects: Yong Ye)
			•	"What you do not want done to yourself, do not do to
				others." (The Analects: Wei Ling Gong)
			•	"To this attainment there are requisite the extensive
				study of what is good, accurate inquiry about it,

			careful reflection on it, the clear discrimination of it, and the earnest practice of it." ( <i>The Great Learning</i> )
	• What are my roles in family,	Filial piety	• The Master said, "A youth, when at home, should be
B3	school, community, nation	± •	filial, and, abroad, respectful to his elders. He should
Roles	and even the human race?	·	be earnest and truthful. He should overflow in love to
affirmatio	How do I manage the change	<ul><li>Trustworthiness</li></ul>	all, and cultivate the friendship of the good. When he
n	of roles?		has time and opportunity, after the performance of
	<ul> <li>How are my personal strengths and qualities related</li> </ul>		these things, he should employ them in polite studies." ( <i>The Analects: Xue Er</i> )
			,
	to these roles? What		• The Master said, "The filial piety nowadays means
	expectations do others have		the support of one's parents. But dogs and horses
	on me? What should I do		likewise are able to do something in the way of
	when I cannot perform up to		support; - without reverence, what is there to
	expectation?		distinguish the one support given from the other?"
			(The Analects: Wei Zheng)
			• "Ti means fraternity, that is, being kind to one's
			brothers." (Shuo Wen)
			• "Doing to the extent of my knowledge whatever will
			be advantageous to your House is loyalty." (Zuo
			Zhuan: Ninth Year of Lord Xi's Rule)
			• "A trustworthy mother must have a benevolent son."
			(Traditions of Exemplary Women by Liu Xiang)
D4	• What/Who is authoritative in	Righteousness	• "Righteousness means appropriate actions in
B4	my life? To whom should I	Harmony without uniformity	accordance with the Way." (Zhouyi Kouyi: Shuo Gua)
Beliefs	listen to? What should I	·	• The Master said, "The superior man, in the world,

anchoring	believe in?  Who or what else would influence my view of myself, other people, life and the world?  How do I deal with different or contradictory opinions?		does not set his mind either for anything, or against anything; what is right he will follow." ( <i>The Analects: Li Ren</i> )  • "The superior man is affable, but not adulatory; the mean man is adulatory, but not affable." ( <i>The Analects: Zi Lu</i> )
Values clarificatio n	What makes me happy? What makes me sad / anxious? Why? What are the most important / valuable things in my life? How should I achieve, acquire and preserve them?	<ul> <li>Righteousness</li> <li>Integrity</li> <li>To be content with what one has</li> </ul>	<ul> <li>"A righteous man would never deceive his own heart, and a person who hates bribes will not take unrighteous gain." (Shuo Yuan: Tan Cong)</li> <li>"A man of integrity is always content with what he has and wants nothing else; a man of greed is always worrying about insufficiency and asks for more." (Zhong Shuo: Wang Dao)</li> <li>"With coarse rice to eat, with water to drink, and my bended arm for a pillow; I have still joy in the midst of these things." (The Analects: Shu Er)</li> <li>"With a single bamboo dish of rice, a single gourd dish of drink, and living in his mean narrow lane, while others could not have endured the distress, he did not allow his joy to be affected by it. Admirable indeed was the virtue of Hui!" (The Analects: Yong Ye)</li> <li>"I like life, and I also like righteousness. If I cannot</li> </ul>

B6 Becoming autonomo us	<ul> <li>How should I live my life?</li> <li>As it is my life, can I do whatever I like? (for example, indulging in temptations, drugs, tobacco, alcohol, gambling, the Internet)</li> <li>Why should I care about my body?</li> </ul>		<ul> <li>keep the two together, I will let life go, and choose righteousness." (Mencius: Gao Zi I)</li> <li>"Cultivation of the person, regulation of the family, governance of the state, and pacification of the world." (The Great Learning)</li> <li>"Our bodies - to every hair and bit of skin - are received by us from our parents, and we must not presume to injure or wound them. This is the beginning of filial piety. When we have established our character by the practice of the (filial) course, so as to make our name famous in future ages and thereby glorify our parents, this is the end of filial piety." (Classic of Filial Piety)</li> </ul>
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#### **Understanding Others**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B7 Friendship	<ul> <li>Why do we need friends?</li> <li>What is a critical friend?         What are the conditions required for being a critical friend?     </li> <li>What can I do in front of a difficult classmate or counterpart? Do I have to please everyone?</li> </ul>	• Friendship	<ul> <li>The philosopher Zeng said, "The superior man on grounds of culture meets with his friends, and by friendship helps his virtue." (<i>The Analects: Yan Yuan</i>)</li> <li>The Master said, "The superior man is dignified, but does not wrangle. He is sociable, but not a partisan." (<i>The Analects: Wei Ling Gong</i>)</li> <li>The Master said, "The superior man is distressed by his want of ability. He is not distressed by men's not knowing him." (<i>The Analects: Wei Ling Gong</i>)</li> <li>"The superior man is affable, but not adulatory; the mean man is adulatory, but not affable." (<i>The Analects: Zi Lu</i>)</li> <li>The Master said, "The superior man seeks to perfect the admirable qualities of men, and does not seek to perfect their bad qualities. The mean man does the opposite of this." (<i>The Analects: Yan Yuan</i>)</li> <li>The Master said, "The superior man is catholic and not partisan. The mean man is partisan and not</li> </ul>
			catholic." (The Analects: Wei Zheng)
B8	• What is the difference between courtship and	Propriety	• "Therefore, the 'Mutant Airs' vented these motions but stopped when they reached the point of ritual and
Intimate relationship	friendship?  • Why do adults always say		propriety. Venting such emotions, this is the nature of the people. Stopping when one reaches the point of

	that we are too young for		ritual and propriety, this is the favour bestowed by the
	courtship? What is		former kings." (Classic of Poetry: Grand Preface)
	consummate love as		• "For males and females not to allow their hands to
	described by adults?		touch in giving and receiving is the general rule."
	• How do people around me		(Mencius: Li Lou I)
	view the meaning and		• "From the distinction between man and woman came
	values of sex, including its		the righteousness between husband and wife. From
	relationship with marriage?		that righteousness came the affection between father
	• How to terminate an		and son; and from that affection, the rectitude
	intimate relationship		between ruler and minister. Whence it is said, 'The
	decently?		ceremony of marriage is the root of the other
			ceremonial observances." (Book of Rites: Hun Yi)
В9	How can conflicts between	Filial piety	• The Master said, "In serving his parents, a son may
Б9	family members be	Fraternity	remonstrate with them, but gently; when he sees that
Family	resolved? (eg. When my		they do not incline to follow his advice, he shows an
	parents stop me from using		increased degree of reverence, but does not abandon
	the cellphone)		his purpose; and should they punish him, he does not
	• How to create a harmonious		allow himself to murmur." (The Analects: Li Ren)
	and happy family?		• "Ti means fraternity, that is, being kind to one's
			brothers." (Shuo Wen)
			• "The love between father and son, as well as the
			mutual respect between brothers or couples, are the
			essence of civilisation." (The Collection of Works by
			Ouyang Wenzhong: Five Answers to Strategic
			Questions for the Central Examination)
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### **Understanding the World**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B10	What rights do individuals	Benevolence	• Meng Zi: "Zi Zhang said, 'The scholar, trained for
БП	enjoy in society? Should	Righteousness	public duty, seeing threatening danger, is prepared to
Caring	everyone enjoy the same		sacrifice his life. When the opportunity of gain is
and justice	rights?		presented to him, he thinks of righteousness. In
	• Why should I care about		sacrificing, his thoughts are reverential. In mourning,
	society? Is there any		his thoughts are about the grief which he should feel.
	relationship between the		Such a man commands our approbation indeed.""
	people in my community and		(The Analects: Zi Zhang)
	I?		• "When faced with money, don't acquire it against
	• Why should I serve others?		principle; when faced with a disaster, don't avoid it
	Why should I care about the		against principle." (Book of Rites: Qu Li I)
	weak? Am I strong or weak?		• "Most things when not at peace will sound."
	• What should I do if I		(Dedication Sent to Meng Dongye by Han Yu)
	encounter unjust events?		• "The most valuable quality in him who establishes
	• What responsibilities do I		that sense is that he can thereby show his great ability
	have for my country and my		in action; the most valuable quality in him who has
	people?		that ability is that he can carry all ceremonies into
			practice." (Book of Rites: Pin Yi)
			• The Master said, "For a man to sacrifice to a spirit
			which does not belong to him is flattery. To see what
			is right and not to do it is want of courage." (The
			Analects: Wei Zheng)

		<b>a</b> D 1	• WIC 1
B11	• What is the relationship		• "If close nets are not allowed to enter the pools and
	between human and Mother	• Unity of heaven and	ponds, the fishes and turtles will be more than can be
Environm	Nature?	humanity	consumed. If the axes and bills enter the hills and
ental	• What are our responsibilities		forests only at the proper time, the wood will be more
protection	towards nature?		than can be used." (Mencius: Liang Hui Wang I)
			"Does Heaven speak? The four seasons pursue their
			courses, and all things are continually being
			produced, but does Heaven say anything?" (The
			Analects: Yang Huo)
			• The Philosopher Zeng said, "Trees are felled and
			animals killed, (only) at the proper seasons." (Book
			of Rites: Ji Yi)
			Wang Yangming: "A great man treats heaven, earth,
			and the world as one When he hears the pitiful cry
			or sees the frightened appearance of birds or beasts,
			he will certainly find it unbearable to witness them.
			This shows that in his love he is one with birds and
			beasts. Someone might object this response is because
			birds and beasts are sentient creatures. But when they
			see grass or trees uprooted and torn apart, they cannot
			avoid feeling a sense of sympathy and distress. This
			shows that in his love he is one with grass and trees.
			Someone might object that this response is because
			grass and trees have life and vitality. But when they
			see tiles and stones broken and destroyed, they cannot

				avoid feeling a sense of concern and regret. This shows that in his love he is one with tiles and stones."
				(Inquiry on the 'Great Learning')
	• A 1: ( ) 11 1: ( ) 9	• C': 1:1:1:		
B12	• Are media totally objective?	Critical thinking	•	"To this attainment there are requisite the extensive
	• How do I verify the	J & 1		study of what is good, accurate inquiry about it,
Media	information in media?	nature in order to acquire		careful reflection on it, the clear discrimination of it,
literacy	• What are the roles of media?	knowledge		and the earnest practice of it." (The Doctrine of the
	• How do the media portray			Mean)
	values such as success and		•	"The ancients who wished to illustrate illustrious
	happiness and the nature of			virtue throughout the kingdom, first ordered well their
	sex? What are the possible			own states. Wishing to order well their states, they
	impacts of such information			first regulated their families. Wishing to regulate their
	on us?			families, they first cultivated their persons. Wishing
				to cultivate their persons, they first rectified their
				hearts. Wishing to rectify their hearts, they first
				sought to be sincere in their thoughts. Wishing to be
				sincere in their thoughts, they first extended to the
				utmost their knowledge. Such extension of
				knowledge lay in the investigation of things. Things
				being investigated, knowledge became complete."
				(The Great Learning)
D12	What problems may arise	Critical thinking	•	"To this attainment there are requisite the extensive
B13	when living in a world mixed	• Studying the phenomena of		study of what is good, accurate inquiry about it,
Virtuality	with real and virtual	nature in order to acquire		careful reflection on it, the clear discrimination of it,
and reality	"realities"?	knowledge		and the earnest practice of it." (The Great Learning)

•	Why are adults so vigilant
	about my time spent on the
	Internet and social media
	platforms? Is spending time
	on the Internet wrong?
	Mobilizing netizens to shape

 Mobilizing netizens to shape online public opinion to tackle a problem is fast and effective. What is wrong with this method? • "The ancients who wished to illustrate illustrious virtue throughout the kingdom, first ordered well their own states. Wishing to order well their states, they first regulated their families. Wishing to regulate their families, they first cultivated their persons. Wishing to cultivate their persons, they first rectified their hearts. Wishing to rectify their hearts, they first sought to be sincere in their thoughts. Wishing to be sincere in their thoughts, they first extended to the utmost their knowledge. Such extension of knowledge lay in the investigation of things. Things being investigated, knowledge became complete." (*The Great Learning*)

## **Understanding Happiness**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B14  Moral judgment	<ul> <li>How do people and myself decide what is right and what is wrong?</li> <li>Where does morality come from?</li> <li>Why is it so important to do the "right" thing?</li> </ul>		<ul> <li>The Master said, "The superior man, in the world, does not set his mind either for anything, or against anything; what is right he will follow." (The Analects: Li Ren)</li> <li>"Being righteous means being appropriate. It means tailoring things to make them appropriate." (The Common Phonetic Vowels in Ancient and Modern Times)</li> <li>"Universal love is known as humaneness; appropriate action is integrity." (Yuan Dao by Han Yu)</li> <li>"Righteousness means appropriate actions in accordance with the Way." (Zhouyi Kouyi: Shuo Gua)</li> <li>"The mind and principle are identical. When the mind is free from the obscuration of selfish desires, it is the embodiment of the Principle of Nature, which requires not an iota added from the outside. When this mind, which has become completely identical with the Principle of Nature, is applied and arises to serve parents, there is filial piety; when it arises to serve the ruler, there is loyalty; when it</li> </ul>

			arises to deal with friends or to govern the people, there are faithfulness and humanity." ( <i>Chuanxilu</i> , Volume 1)
B15  Questions on suffering	<ul> <li>Why is there evil or suffering in this world?</li> <li>Where does it come from?</li> <li>How do human beings face and overcome pain?</li> </ul>	has	• "When Heaven is about to confer a great office on any man, it first exercises his mind with suffering, and his sinews and bones with toil. It exposes his body to hunger, and subjects him to extreme poverty. It confounds his undertakings. By all these methods it stimulates his mind, hardens his nature, and supplies his incompetencies. Men for the most part err, and are afterwards able to reform. They are distressed in mind and perplexed in their thoughts, and then they arise to vigorous reformation. When things have been evidenced in men's looks, and set forth in their words, then they understand them. If a prince has not about his court families attached to the laws and worthy counsellors, and if abroad there are not hostile States or other external calamities, his kingdom will generally come to ruin. From these things we see how life springs from sorrow and calamity, and death from ease and pleasure."
B16	<ul> <li>How do people manage loss such as bereavement, separation and divorce?</li> </ul>	To be content with what one has	<ul> <li>(Mencius: Gao Zi II)</li> <li>"When Heaven is about to confer a great office on any man, it first exercises his mind with suffering, and his sinews and bones with toil. It exposes his</li> </ul>

Difficult	• What is the meaning of		body to hunger, and subjects him to extreme poverty.
times	suffering?		It confounds his undertakings. By all these methods
	• Is it true that time will heal		it stimulates his mind, hardens his nature, and
	everything? Where can I		supplies his incompetencies. Men for the most part
	find strength in difficult		err, and are afterwards able to reform. They are
	times?		distressed in mind and perplexed in their thoughts,
			and then they arise to vigorous reformation. When
			things have been evidenced in men's looks, and set
			forth in their words, then they understand them. If a
			prince has not about his court families attached to
			the laws and worthy counsellors, and if abroad there
			are not hostile States or other external calamities, his
			kingdom will generally come to ruin. From these
			things we see how life springs from sorrow and
			calamity, and death from ease and pleasure."
			(Mencius: Gao Zi II)
D17	• I want to be rich. Is it a	• To be content with what one	• "With coarse rice to eat, with water to drink, and my
B17	wrong idea?	has	bended arm for a pillow; I have still joy in the midst
	Why do some people choose		of these things." (The Analects: Shu Er)
VV 141-	to live a materially frugal		• "Admirable indeed was the virtue of Hui! With a
Wealth	life?		single bamboo dish of rice, a single gourd dish of
			drink, and living in his mean narrow lane, while
			others could not have endured the distress, he did not
			allow his joy to be affected by it. Admirable indeed
			was the virtue of Hui!" (The Analects: Shu Er)

B18	•	Is there a meaning to life?	<ul><li>Righteousness</li></ul>	<ul><li>Mencius</li></ul>	said, "I like fish, and I also like bear's
D10		What is it?	<ul><li>Meaning of life</li></ul>	paws. If I	cannot have the two together, I will let the
Meaning of	•	What do people treasure?		fish go, ar	nd take the bear's paws. So, I like life, and
life		Why?		I also like	e righteousness. If I cannot keep the two
	•	What is good? How can one		together,	I will let life go, and choose
		live a good life? Should I		righteous	ness." (Mencius: Gao Zi I)
		live for myself or for others?		• "Man is	born for uprightness. If a man loses his
	•	How can thankfulness		uprightne	ss, and yet lives, his escape from death is
		promote happiness in life?		the effect	of mere good fortune." (The Analects:
				Yong Ye)	
				• "The dete	rmined scholar and the man of virtue will
				not seek	to live at the expense of injuring their
				virtue. T	hey will even sacrifice their lives to
				preserve t	their virtue complete." (The Analects: Wei
				Ling Gon	g)
					the following saying which I have heard -
				'Death an	d life have their determined appointment;
					d honours depend upon Heaven." (The
					Yan Yuan)
					either a premature death nor long life
					man any double-mindedness, but he waits
					ultivation of his personal character for
					issue; this is the way in which he
				establishe	s his Heaven-ordained being." (Mencius:
				Jin Xin I)	

B19		• What happens when one	• Death	Ji Lu asked about serving the spirits of the dead. The
		dies? What is the meaning	<ul><li>Propriety</li></ul>	Master said, "While you are not able to serve men,
Life	and	of death?		how can you serve their spirits?" Ji Lu added, "I
death		How does the awareness of		venture to ask about death?" He was answered
		death positively impact my		"While you do not know life, how can you know
		life?		about death?" (The Analects: Xian Jin)
				• "If a man in the morning hear the right way, he may
				die in the evening without regret." (The Analects: Li
				Ren)
				• "From of old, death has been the lot of all men; but
				if the people have no faith in their rulers, there is no
				standing for the state." (The Analects: Yan Yuan)
				• "There is the following saying which I have heard -
				'Death and life have their determined appointment;
				riches and honours depend upon Heaven." (The
				Analects: Yan Yuan)
				• "Let there be a careful attention to perform the
				funeral rites to parents, and let them be followed
				when long gone with the ceremonies of sacrifice -
				then the virtue of the people will resume its proper
				excellence." (The Analects: Xue Er)
				"They served the dead as they would have served
				them alive; they served the departed as they would
				have served them had they been continued among

			them." ( <i>The Doctrine of the Mean</i> )  "That parents, when alive, be served according to propriety; that, when dead, they should be buried according to propriety; and that they should be sacrificed to according to propriety." ( <i>The Analects: Wei Zheng</i> )
B20	• What is truth? Why do we need to seek the truth?	Harmony without uniformity	• "The superior man is affable, but not adulatory; the mean man is adulatory, but not affable." ( <i>The</i>
Truth	<ul> <li>How does this religion convey the truth that it affirms? How is this truth different from those upheld by others?</li> <li>Why are there different faith interpretations within the same religion?</li> </ul>		<ul> <li>Analects: Zi Lu)</li> <li>The philosopher You said, "In practicing the rules of propriety, a natural ease is to be prized." (The Analects: Xue Er)</li> <li>"When the Grand course was pursued, a public and common spirit ruled all under the sky." (The Conveyance of Rites: Da Tong)</li> </ul>
B21 Peace	<ul> <li>Will there ever be world peace?</li> <li>How can this religion contribute to peace before and after the emergence of conflict?</li> </ul>	Man of honour	• "Riches and honours are what men desire. If they cannot be obtained in the proper way, they should not be held. Poverty and meanness are what men dislike. If they cannot be avoided in the proper way, they should not be avoided. If a superior man abandons virtue, how can he fulfil the requirements of that name? The superior man does not, even for the space of a single meal, act contrary to virtue. In moments of haste, he cleaves to it. In seasons of

<ul> <li>danger, he cleaves to it."</li> <li>"It is not wrong for a man of noble character to love money as long as it is obtained fairly." (Extended Collection of Excellent Ancient Articles)</li> <li>"Death and life have their determined appointment; riches and honours depend upon Heaven."</li> <li>"When faced with money, don't acquire it against principle; when faced with a disaster, don't avoid it against principle." (Book of Rites: Qu Li I)</li> </ul>
against principle." (Book of Rites: Qu Li I)  • "Righteousness and profits are only different as are public and private interests." (Collected Works of the
<ul> <li>Cheng Brothers)</li> <li>"The superior man is affable, but not adulatory; the mean man is adulatory, but not affable." (The Analects: Zi Lu)</li> </ul>
<ul> <li>The philosopher You said, "In practicing the rules of propriety, a natural ease is to be prized." (The Analects: Xue Er)</li> <li>"When the Grand course was pursued, a public and common spirit ruled all under the sky." (The</li> </ul>
Conveyance of Rites: Da Tong)

## 2.3.2.2 Learning from Religion – Islam

#### **Understanding Oneself**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B1	<ul><li>Who am I?</li><li>What are my talents and</li></ul>	I am a Muslim (a person who submits to Allah)	• Quran 95:4 We have certainly created man in the best of stature
Self-	personal qualities?	Human beings have the most	• Quran 17:84
understandi	• How can they be improved?	beautiful form  Try to do good according to	Each works according to his manner
ng		Try to do good according to one's talents and strengths	
B2	How should I deal with my personal weaknesses and	Only Allah is immaculate.  Human beings as creations	• Quran 4:32 And do not wish for that by which Allah has made
Self-	limitations?	each have their own flaws and	some of you exceed others.
confidence	• What should I do if I don't	weaknesses.	• Quran 42:27
	like myself such as, my appearance, my school report?	<ul> <li>Our characteristics are defined by Allah, and we should not complain or treat</li> </ul>	And if Allah had extended [excessively] provision for His servants, they would have committed tyranny throughout the earth. But He sends [it] down
	How do I distinguish helpful feedback from hostile	them negatively. We should focus on what we have, not	in an amount which He wills. Indeed He is, of His servants, Acquainted and Seeing.
	criticism?	what we don't have.	• Quran 51:55
		I should accept kind reminders; I should endure	And remind, for indeed, the reminder benefits the believers.
		and evade malicious attacks.	• Quran 73:10
			And be patient over what they say and avoid them with gracious avoidance.

В3	•	What are my roles in family,	•	Human beings are "stewards"	•	Quran 2:30
B3		school, community, nation		/ "agents" on Earth and the		When your Lord said to the angels, "Indeed, I will
Roles		and even the human race?		"ambassadors" of the Creator.		make upon the earth a successive authority."
affirmation		How do I manage the	•	In different life stages and	•	Al-Bukhari 6719
		change of roles?		circumstances, we should do		Report by Abdullah ibn Umar
	•	How are my personal		our best to fulfil our		I heard the Messenger of Allah say, "Every one of
		strengths and qualities		responsibilities.		you is a shepherd and is responsible for his flock.
		related to these roles? What	•	The Prophet Muhammad		The leader of people is a guardian and is responsible
		expectations do others have		played different roles in his		for his subjects. A man is the guardian of his family
		on me? What should I do		life: shepherd, spiritual		and he is responsible for them. A woman is the
		when I cannot perform up to		leader, political leader,		guardian of her husband's home and his children and
		expectation?		military leader, husband, son,		she is responsible for them. The servant of a man is
				father, friend, etc. By learning		a guardian of the property of his master and he is
				how he assumed different		responsible for it. No doubt, every one of you is a
				roles, we can also better		shepherd and is responsible for his flock."
				assume those roles.		
B4	•	What/Who is authoritative	•	The only Being worthy of	•	Quran 2:163
D4		in my life? To whom should		unconditional and absolute		And your god is one God. There is no deity [worthy
Beliefs		I listen to? What should I		obedience is Allah, the Only		of worship] except Him, the Entirely Merciful, the
anchoring		believe in?		Creator.		Especially Merciful.
	•	Who or what else would	•	The lifestyle defined by Allah	•	Quran 5:3
		influence my view of		is based on human nature.		This day I have perfected for you your religion and
		myself, other people, life		The perfect lifestyle, based on		completed My favour upon you and have approved
		and the world?		His wisdom and kindness, is a		for you Islam as religion.
	•	How do I deal with different		teaching for the people that	•	Quran 33:21

or contradictory opinions?	exists to maximise the	There has certainly been for you in the Messenger of
	interests of human beings. We	Allah an excellent pattern for anyone whose hope is
	will benefit if we obey it and	in Allah and the Last Day and [who] remembers Allah
	suffer if we disobey it.	often.
	• We believe that the Quran is	• Quran 41:53
	the perfect revelation from	We will show them Our signs in the horizons and
	Allah to guide all aspects of	within themselves until it becomes clear to them that
	human life. I believe that the	it is the truth. But is it not sufficient concerning your
	Prophet Muhammad is the	Lord that He is, over all things, a Witness?
	best model for the practice of	• Quran 16:125
	this revelation.	Invite to the way of your Lord with wisdom and good
	• The world is full of signs that	instruction, and argue with them in a way that is best.
	can help us to be more	Indeed, your Lord is most knowing of who has
	confident in the truth of	strayed from His way, and He is most knowing of who
	Islam. Therefore, extensive	is [rightly] guided.
	experience, communication	• Quran 29:46
	and learning are also	And do not argue with the People of the Scripture
	important ways to help us	except in a way that is best, except for those who
	understand ourselves, others,	commit injustice among them, and say, "We believe
	life, and the world.	in that which has been revealed to us and revealed to
	• We should respect different	you. And our God and your God is one; and we are
	opinions and communicate	Muslims [in submission] to Him."
	our views in a peaceful and	
	friendly manner.	

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B5	• What makes me happy?	• If our actions are pleasing to	• Quran 16:97
	What makes me sad /	Allah, such actions will make	Whoever does righteousness, whether male or
Values	anxious? Why?	us happy. If our actions are	female, while he is a believer - We will surely cause
clarification	What are the most important	condemned by Allah, such	him to live a good life, and We will surely give them
	/ valuable things in my life?	actions will make us sad or	their reward [in the Hereafter] according to the best
	How should I achieve,	anxious.	of what they used to do.
	acquire and preserve them?	• The most important thing in	• Quran 13:28
		life is our relationship with	Those who have believed and whose hearts are
		Allah, our belief and our	assured by the remembrance of Allah.
		behaviours. We should	Unquestionably, by the remembrance of Allah hearts
		acquire and maintain them by	are assured.
		practising the teaching of the	• Quran 6:48
		Quran and the Prophet	So whoever believes and reforms - there will be no
		Muhammad.	fear concerning them, nor will they grieve.
B6	• How should I live my life?	• I should live my life in the	• Quran 5:92
В0	• As it is my life, can I do	way of Allah.	And obey Allah and obey the Messenger and
Becoming	whatever I like? (for	• I should not follow my own	beware. And if you turn away – then know that upon
autonomous	example, indulging in	preferences, but I should	Our Messenger is only [the responsibility for] clear
	temptations, drugs, tobacco,	restrain and guide my actions	notification.
	alcohol, gambling, the	with Islamic teachings.	• Quran 28:50
	internet)	• I should cherish my body	And who is more astray than one who follows his
	Why should I care about my	because it is a creation by	desire without guidance from Allah? Indeed, Allah
	body?	Allah, and because I need a	does not guide the wrongdoing people.
		healthy body to better do	Al-Bukhari 5199
		good deeds.	Report by Abdullah bin Amr

The Messenger asked me, "I have been informed
that you fast all the day and stand in prayer all
night?" I said, "Yes." The Messenger said, "Do not
do that! Observe the fast and also leave them at other
times; stand up for the prayer and also sleep. Your
body has a right over you, your eyes have a right
over you and your wife has a right over you."

## **Understanding Others**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B7 Friendship	<ul> <li>Why do we need friends?</li> <li>What is a critical friend?</li> <li>What are the conditions required for being a critical friend?</li> <li>What can I do in front of a difficult classmate or counterpart? Do I have to please everyone?</li> </ul>	Making friends helps us make progress and improve ourselves.	<ul> <li>Quran 9:119 O you who have believed, fear Allah and be with those who are true.</li> <li>at-Tirmidhi Abu Hurayra reported that the Prophet Muhammad (peace and blessings be upon him) said, "A man follows the religion of his close friend, so each of you should be very careful about whom he takes as a close friend."</li> <li>Quran 9:62 They swear by Allah to you [Muslims] to satisfy you. But Allah and His Messenger are more worthy for them to satisfy, if they should be believers.</li> <li>Quran 41:34 And not equal are the good deed and the bad. Repel [evil] by that [deed] which is better; and thereupon the one whom between you and him is enmity [will become] as though he was a devoted friend.</li> </ul>
B8	• What is the difference between courtship and	<ul><li>Love begins with marriage</li><li>Islam emphasises purity and</li></ul>	• Quran 30:21 And of His signs is that He created for you from
Intimate relationship	friendship?  • Why do adults always say	shyness, and love between opposite sexes should only	yourselves mates that you may find tranquillity in them; and He placed between your affection and

	that we are too young for courtship? What is consummate love as described by adults?  How do people around me view the meaning and values of sex, including its relationship with marriage?  How to terminate an intimate relationship decently?	exist in legitimate couples. So we should avoid any intimacy with the opposite sex before marriage.  Sex is beautiful, not only because it is a medium for the reproduction of future generations, but also because it allows couples to enhance their relationship through physical and psychological pleasure. But sex should only exist in married couples.  Divorce is legal, and the Quran details the related	mercy. Indeed in that are signs for a people who give thought.  Sahih Muslim 1006 Abu Dharr reported that the Prophet (peace and blessings be upon him) said,in man's sexual intercourse with his wife, there is alms. They said: Messenger of Allah, is there reward for him who satisfies his sexual passion among us? The Messenger said: If he were to devote it to something forbidden, would it not be a sin on his part? Similarly, if he were to devote it to something lawful, he should have a reward.
		ceremony and process.	
B9 Family	<ul> <li>How can conflicts between family members be resolved? (eg. When my parents stop me from using the cellphone)</li> <li>How to create a harmonious and happy family?</li> </ul>	<ul> <li>Islam requires us to treat our parents in the best possible way. We should do our best to comply with the requests of our parents as long as they do not not against Allah's orders.</li> <li>A harmonious and happy family stems from the fact that each member does their</li> </ul>	<ul> <li>Quran 2:83Do not worship except Allah; and to parents do good and to relatives</li> <li>Quran 17:23 And your Lord has decreed that you not worship except Him, and to parents, good treatment. Whether one or both of them reach old age [while] with you, say not to them [so much as], "uff," and do not repel them but speak to them a noble word.</li> </ul>

part and fulfils their
responsibilities set by the
Creator.

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B10	What rights do individuals	• The Creator endows human	• The Prophet Muhammad mentioned this in his
Caring and	enjoy in society? Should	beings with inherent rights,	Farewell Sermon:
justice	everyone enjoy the same	including the sanctity of life,	O People, just as you regard this month, this day, this
justice	rights?	the inviolability of personal	city as Sacred, so regard the life and property of
	• Why should I care about	properties, and the right to	every Muslim as a sacred trust. Return the goods
	society? Is there any	free will.	entrusted to you to their rightful owners. Hurt no one
	relationship between the	I need to care about society	so that no one may hurt you. Remember that you
	people in my community	and even people I don't know.	will indeed meet your Lord, and that He will indeed
	and I?	Because I have the	reckon your deeds.
	• Why should I serve others?	responsibility of an "agent".	• Quran 4:36
	Why should I care about the	Any good deed will be	Worship Allah and associate nothing with Him, and
	weak? Am I strong or weak?	rewarded by the Creator.	to parents do good, and to relatives, orphans, the
	• What should I do if I	• Strength is relative, for	needy, the near neighbour, the neighbour farther
	encounter unjust events?	everyone has their own	away, the companion at your side, the traveller, and
	• What responsibilities do I	weaknesses. We should serve	those whom your right hands possess. Indeed,
	have for my country and my	others because the most	Allah does not like those who are self-deluding and
	people?	outstanding people are those	boastful.
		who bring most benefits to	● Hadith 5937
		others.	the most outstanding people are the ones being
		• In the face of injustice, we	most beneficial to others.
		should challenge it and seek	Sahih Muslim
		changes in the best way we	Abu Sa'eed al-Khudree reported that the Prophet
		can. We should strive to	(peace and blessings be upon him) said, "Whosoever

B11	● What is the relationship between human and Mother	<ul> <li>uphold justice, even if it is against ourselves or our loved ones.</li> <li>Nature was created by the Creator, and so was</li> </ul>	of you sees an evil, let him change it with his hand; and if he is not able to do so, then [let him change it] with his tongue; and if he is not able to do so, then with his heart — and that is the weakest of faith."  • Quran 4:135  O you who have believed, be persistently standing firm in justice, witnesses for Allah, even if it be against yourselves or parents and relatives.  Whether one is rich or poor, Allah is more worthy of both. So follow not [personal] inclination, lest you not be just. And if you distort [your testimony] or refuse [to give it], then indeed Allah is ever, with what you do, Acquainted. You should uphold justice, and testify for Allah, even if it is not good for you, your parents and close relatives.  • Sunan Ibn Majah  It was narrated that Suraqah bin Ju'shum said: I
Environmen	between human and Mother Nature?	Creator, and so was humankind. The Creator has	It was narrated that Suraqah bin Ju'shum said: I asked the Messenger of Allah (peace and blessings
tal protection	<ul> <li>What are our responsibilities towards nature?</li> </ul>	numankind. The Creator has made humankind His "agent" on Earth. So we have the duty to take good care of other creations.  Nature was created by the Creator to serve humankind, but we should use Nature's	be upon him), "A lost camel that comes to my cisterns that I have prepared for my own camels.  Will I be rewarded if I give it some water to drink?"  The Prophet said, "Yes, in every living being there is reward."

		1,4 4 40.	
		resources with humility,	
		respect, and gratitude. We	
		have a responsibility to	
		protect its sustainable	
		development.	
B12	• Are media totally objective?	• Media agencies all have	• Quran 24:12
D12	• How do I verify the	certain positions and cannot	Why, when you heard it, did not the believing men
Media	information in media?	be completely neutral.	and believing women think good of one another and
literacy	• What are the roles of media?	The media is the disseminator	say, "This is an obvious falsehood"?
	How do the media portray	of information.	• Quran 24:15
	values such as success and	• Through research with	When you received it with your tongues and said
	happiness and the nature of	multiple sources and calm	with your mouths that of which you had no
	sex? What are the possible	analysis, I can judge the	knowledge and thought it was insignificant while it
	impacts of such information	authenticity of media	was, in the sight of Allah, tremendous.
	on us?	information to a certain	
		extent.	
		• The contemporary media	
		mainly conveys the values of	
		western liberal individualism,	
		which has a subtle influence	
		on the way we view the world	
		and life.	

B13 Virtuality and reality	•	What problems may arise when living in a world mixed with real and virtual "realities"? Why are adults so vigilant about my time spent on the	•	The Internet human energy ar sometimes it does our quality of life. There is nothing spending time or	s no good to . wrong with	•	Quran 17:36  And do not pursue that of which you have no knowledge. Indeed, the hearing, the sight and the heart - about all those [one] will be questioned.
	•	Internet and social media platforms? Is spending time on the Internet wrong?  Mobilizing netizens to shape online public opinion to tackle a problem is fast	•	The Internet is ju how we use it de outcome. We should be ca using the Interne solution to questi	termines the utious when t as an easy		
		and effective. What is wrong with this method?		may sometimes misunderstanding misjudgment, mi	s lead to s, sreading, or of wrong		

# **Understanding Happiness**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B14	How do people and myself	Judgment of right and wrong	• Quran 18:1
Moral	decide what is right and	is usually based on social	[All] praise is [due] to Allah, who has sent down
judgment	what is wrong?	conventions and customs. I	upon His Servant the Book and has not made therein
	Where does morality come	judge right and wrong based	any deviance.
	from?	on the revelations and	• Quran 16:30
	• Why is it so important to do	teachings of the Creator.	And it will be said to those who feared Allah, "What
	the "right" thing?	• Morality comes from the	did your Lord send down?" They will say, "[That
		human nature given by the	which is] good." For those who do good in this
		Creator and from His	world is good; and the home of the Hereafter is
		teachings.	better. And how excellent is the home of the
		• Doing what is "right" is good	righteous.
		for us, for human society, and	• Quran 22:50
		for nature. It is good for us	And those who have believed and done righteous
		and has good implications for	deeds - for them is forgiveness and noble provision.
		the Hereafter.	• Quran 49:13
		• We live in a diverse world.	O mankind, indeed We have created you from male
		Although we believe that our	and female and made you peoples and tribes that you
		values deriving from divine	may know one another. Indeed, the most noble of
		revelations are universally	you in the sight of Allah is the most righteous of you.
		applicable, many people in	Indeed, Allah is Knowing and Acquainted.
		the world may not accept	
		them. I believe that what	
		Allah deems valuable is	

		valuable.	
B15 Questions on suffering	<ul> <li>Why is there evil or suffering in this world?</li> <li>Where does it come from?</li> <li>How do human beings face and overcome pain?</li> </ul>	<ul> <li>Life is a process of tests.         Sufferings in the world are intended to exercise our mind and will, and to make our spirituality more mature.     </li> <li>Sin exists because human</li> </ul>	<ul> <li>Quran 67:2 [He] who created death and life to test you [as to] which of you is best in deed - and He is the Exalted in Might, the Forgiving.</li> <li>Quran 24:21 O you who have believed, do not follow the</li> </ul>
		nature has the ability to do evil, and demons encourage people to do evil.  Human beings should overcome sufferings, avoid sin, and constantly struggle with their own nature by following the lifestyle defined by the Creator.	footsteps of Satan. And whoever follows the footsteps of Satan - indeed, he enjoins immorality and wrongdoing. And if not for the favour of Allah upon you and His mercy, not one of you would have been pure, ever, but Allah purifies whom He wills, and Allah is Hearing and Knowing.
B16 Difficult times	<ul> <li>How do people manage loss such as bereavement, separation and divorce?</li> <li>What is the meaning of suffering?</li> <li>Is it true that time will heal everything? Where can I find strength in difficult times?</li> </ul>	persevering and realize that everything happens by the will and arrangement of the Creator.  • Suffering does not have meaning in itself, but the	<ul> <li>Quran 64:11         No disaster strikes except by permission of Allah.         And whoever believes in Allah - He will guide his heart. And Allah is Knowing of all things.     </li> <li>Quran 2:214         Or do you think that you will enter Paradise while such [trial] has not yet come to you as came to those who passed on before you? They were touched by poverty and hardship and were shaken until [even     </li> </ul>

		meaning. If a person is persevering and sharpens their mind and strengthens their belief with suffering, then it is meaningful.  Time does not necessarily heal all wounds. When in distress, talk to the Creator and seek assistance.	their] messenger and those who believed with him said, "When is the help of Allah?" Unquestionably, the help of Allah is near.  • Quran 2:156  Who, when disaster strikes them, say, "Indeed we belong to Allah, and indeed to Him we will return."
B17	• I want to be rich. Is it a wrong idea?	• Wealth itself is just a tool. It is not good or evil <i>per se</i> . The	• Quran 18:46 Wealth and children are [but] adornment of the
XX7 1.1			
Wealth	Why do some people	way we look at it and use it	worldly life. But the enduring good deeds are better
	choose to live a materially	will determine whether we	to your Lord for reward and better for [one's] hope.
	frugal life?	will benefit or suffer.	• Quran 25:67
		Both the abundance and	And [they are] those who, when they spend, do so
		scarcity of wealth are tests.	not excessively or sparingly but are ever, between
		• We do not need to	that, [justly] moderate.
		deliberately avoid wealth and	
		choose poverty, but we	
		should not be confused by	
		wealth and forget the	
		meaning of life.	
B18	• Is there a meaning to life?	• The meaning of life is to	• Quran 51:56
D10	What is it?	worship our Creator.	And I did not create the jinn and mankind except to

Meaning of life	<ul> <li>What do people treasure? Why?</li> <li>What is good? How can one live a good life? Should I live for myself or for others?</li> <li>How can thankfulness promote happiness in life?</li> </ul>	<ul> <li>People usually cherish family, love, wealth, prestige and so on, because those things bring them happiness and satisfaction.</li> <li>To be good is to live in a way pleasing to the Creator. I should live only for the joy of the Creator, but my actions</li> </ul>	And let there be [arising] from you a nation inviting
		should protect my own interests as well as those of others.	successful.
B19	• What happens when one dies? What is the meaning	• Death is the end of this life, and the beginning of the	• Quran 3:185 Every soul will taste death, and you will only be
Life and	of death?	Hereafter. It is just a	given your [full] compensation on the Day of
death	How does the awareness of death positively impact my life?	<ul> <li>Understanding death helps me cherish the time in my life more and be more motivated to do meaningful things.</li> </ul>	Resurrection. So he who is drawn away from the Fire and admitted to Paradise has attained [his desire]. And what is the life of this world except the enjoyment of delusion.  Ouran 21:35  Every soul will taste death. And We test you with evil and with good as trial; and to Us you will be returned.

D20	What is truth? Why do we	● Truth is the systematic ● Quran 3:108
B20	need to seek the truth?	answer to the ultimate These are the verses of Allah. We recite them to you,
Truth	How does this religion	questions of life, such as [O Muhammad], in truth; and Allah wants no
	convey the truth that it	"Where did I come from", injustice to the worlds.
	affirms? How is this truth	"What is the meaning of life" ■ Quran 4:170
	different from those upheld	and "What happens after O Mankind, the Messenger has come to you with the
	by others?	death?" truth from your Lord, so believe; it is better for you.
	• Why are there different	Islam believes that everything     But if you disbelieve - then indeed, to Allah belongs
	faith interpretations within	in the world is created, whatever is in the heavens and earth. And ever is
	the same religion?	governed, supplied, and Allah Knowing and Wise.
		maintained by the Only ● Quran 16:125
		Creator, who has formulated Invite to the way of your Lord with wisdom and
		all laws and rules. good instruction, and argue with them in a way that
		• Demonstrate and convey the is best. Indeed, your Lord is most knowing of who
		truth with words and actions. has strayed from His way, and He is most knowing
		• Truth is one, because the of who is [rightly] guided.
		source of truth, the master of • Quran 64:3
		the whole world, is one. He created the heavens and earth in truth and formed
		you and perfected your forms; and to Him is the
		[final] destination.
B21	Will there ever be world	● Peace may never be truly ● Quran 8:61
DZ I	peace?	achieved in the world, but we And if they incline to peace, then incline to it [also]
Peace	How can this religion	should work tirelessly for it. and rely upon Allah. Indeed, it is He who is the
	contribute to peace before	My faith requires me to avoid Hearing, the Knowing.
	and after the emergence of	conflicts and prefer peace. • Quran 2:190

conflict?	Even if there is a conflict, do	Fight in the way of Allah those who fight you but do
	not overdo it.	not transgress. Indeed. Allah does not like
	• My faith encourages	transgressors.
	forgiveness of others' faults,	• Quran 43:89
	and return good for evil.	So turn aside from them and say, "Peace." But they
		are going to know.

## 2.3.2.3 Learning from Religion – Buddhism

## **Understanding Oneself**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B1 Self- understandi ng	<ul> <li>Who am I?</li> <li>What are my talents and personal qualities?</li> <li>How can they be improved?</li> </ul>	<ul> <li>"I" do not exist independently; "I" am composed of substances and spirit.</li> <li>Substances (form, the body given by one's parents) and spirit (feeling, perception, volitional formations, and consciousness) are collectively referred to as the "five aggregates"</li> <li>I am the result of right causes</li> </ul>	<ul> <li>Five aggregates and non-self / right causes and conditions</li> <li>All phenomena arise from causes and conditions. All phenomena are obliterated by causes and conditions.</li> </ul>
B2 Self- confidence	<ul> <li>How should I deal with my personal weaknesses and limitations?</li> <li>What should I do if I don't like myself, such as my appearance, my school report?</li> <li>How do I distinguish helpful feedback from</li> </ul>	<ul> <li>and conditions.</li> <li>Stay awake, generate positive emotions, and cultivate wisdom.</li> <li>Let go of obsessions and attachments.</li> </ul>	who can depict all the worlds. From it the five aggregates arise, and all dharmas are created by it."

B3 Roles affirmation	<ul> <li>What are my roles in family, school, community, nation and even the human race? How do I manage the change of roles?</li> <li>How are my personal strengths and qualities related to these roles? What expectations do others have on me? What should I do when I cannot perform up to</li> </ul>	<ul> <li>Correctly understand the truth of things with proper knowledge and proper views.</li> <li>It helps us distinguish right from wrong and develop a sense of responsibility.</li> </ul>	knows it as it really is], will eradicate desire and lust in regard to consciousness. One who eradicates desire and lust in regard to consciousness, I say, liberates the mind."  • "The Eightfold Paths"  **Samyukta Agama*, Volume 28 (Sutra 753): "A bhikkhu named Aristaka, asked Buddha, "World Honoured One, is there a way or an approach which we can frequently practise in order to get the doctrine of ambrosia?" The Buddha told the bhikkhu, "Yes, there are the so-called Eight Ranks of the Path of the Sages, from true views to true samadhi."
B4 Beliefs anchoring	<ul> <li>expectation?</li> <li>What/Who is authoritative in my life? To whom should I listen to? What should I believe in?</li> <li>Who or what else would influence my view of myself, other people, life and the world?</li> </ul>	<ul> <li>Follow proper dharmas, learn from the precepts, and adhere to true cultivation.</li> <li>Understand that things in the world arise from various causes.</li> </ul>	• Right causes and conditions / the Dependent Origination  Agama: "Because this exists that exists; because this arises that arises; because this does not exist that does not exist; because this perishes that perishes."

	•	How do I deal with different				
		or contradictory opinions?				
B5	•	What makes me happy?	•	Understand that external	•	"The five aggregates"
		What makes me sad /		things lead to different		The five aggregates are defined in Sutra 61 of
Values		anxious? Why?		feelings because of the six		Samyukta Agama: "What is the bodily form aggregate
clarification	•	What are the most important	Ì	sense faculties.		of clinging? Whatever bodily form, all of it is the four
		/ valuable things in my life?				elements and the form made out of the four elements.
		How should I achieve and	Ì			This is called the bodily form aggregate of clinging."
		acquire and preserve them?				
B6	•	How should I live my life?	•	When we conduct ourselves	•	"Five Precepts and Ten Virtues"
Bo	•	As it is my life, can I do	Ì	in society, we should abide by	•	The Five Precepts in the Ekottarika Agama
Becoming		whatever I like? (for	Ì	the fundamental morals of	•	The Ten Virtues in the Sutra Spoken by Buddha on the
autonomous		example, indulging in		"five precepts and ten		Way of Ten Meritorious Deeds
		temptations, drugs, tobacco,		virtues".		
		alcohol, gambling, the	•	Prevent evils and actively do		
		Internet)		good.		
	•	Why should I care about my				
		body?				

#### **Understanding Others**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
В7	<ul><li>Why do we need friends?</li><li>What is a critical friend?</li></ul>	Follow proper views, make good friends, benefit oneself	<ul> <li>"The Eightfold Paths"</li> <li>In His explanation of the Sigalovada Sutta, the</li> </ul>
Friendship	<ul> <li>What are the conditions required for being a critical friend?</li> <li>What can I do in front of a difficult classmate or counterpart? Do I have to please everyone?</li> </ul>	<ul> <li>and others, share joys and sorrows with others.</li> <li>Draw near to good advisers and stay away from those with evil thoughts and lies.</li> </ul>	Buddha introduced four kinds of good friends, i.e., those who stand with you in good times and bad, those who assist in time of need, those who give judicious advice and those who manifest affection towards you. He also introduced four kinds of bad friends, i.e., those who take all, those of empty words, those full of flattery, and those reckless ones.
B8	• What is the difference between courtship and	• Cultivate a noble character and a sense of responsibility,	• "Five Precepts and Ten Virtues", "avoid sexual misconduct"
Intimate relationship	<ul> <li>friendship?</li> <li>Why do adults always say that we are too young for courtship? What is consummate love as described by adults?</li> <li>How do people around me view the meaning and values of sex, including its relationship with marriage?</li> <li>How to terminate an intimate relationship</li> </ul>	<ul> <li>and safeguard the morals and dignity of individuals, couples, and families.</li> <li>Refrain from improper sexual behaviours.</li> <li>Understand that phenomena arise when conditions are present, and cease when such conditions scatter.</li> </ul>	<ul> <li>Dirgha Agama Sutra: "Affectionate love is changeable. Convergence is followed by separation."</li> <li>Shurangama Sutra: "If one doesn't cut off lust, one won't be able to leave the dust." ("dust" here means the transmigratory cycle)</li> </ul>

		decently?				
В9	•	How can conflicts between	•	Respect one's parents and	•	"The Eightfold Paths"
Б9		family members be		teachers.	•	Mahayana Mahaparinirvana Sutra: "Lay Buddhists
Family		resolved? (eg. When my	•	Enhance one's literacy by		should practise four dharmas, including respecting
		parents stop me from using		means of hearing, reflection,		and showing filial piety for one's parents, constantly
		the cellphone)		and cultivation		enlightening one's wife with good thoughts, showing
	•	How to create a harmonious				sympathy and providing for one's servants, and
		and happy family?				drawing near to good advisers. If you keep practising
						those four dharmas, you will be respected and loved
						by others in this life, and you will always be reborn
						in heaven."
					•	Dirgha Agama Sutra, Volume 11, [0071c05]:
						Buddha said to Wholesome Birth, "You should
						understand the six directions."

# **Understanding the World**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics		
B10 Caring and justice	<ul> <li>What rights do individuals enjoy in society? Should everyone enjoy the same rights?</li> <li>Why should I care about society? Is there any relationship between the people in my community and I?</li> <li>Why should I serve others? Why should I care about the weak? Am I strong or weak?</li> <li>What should I do if I encounter unjust events?</li> <li>What responsibilities do I have for my country and my people?</li> </ul>	<ul> <li>Do good and create good karma in accordance with proper views and proper thoughts.</li> <li>Earn a living that complies with social laws and Buddhist precepts.</li> </ul>	<ul> <li>"The Eightfold Paths"</li> <li>"Six perfections and four all-embracing virtues"</li> <li>Dirgha Agama Sutra, Volume 11 [0072a04]:  "Wholesome Birth, a person is friendly and respectful to their relatives in five ways. What are the five? 1. Give them gifts, 2. Speak to them skillfully, 3. Benefit them, 4. Benefit them equally, and 5. Do not deceive them."</li> </ul>		
B11	• What is the relationship between human and Mother	• Respect and have compassion for life	<ul><li> "Five Precepts and Ten Virtues"</li><li> Six perfections / Four Vast Vows</li></ul>		
Environmen	Nature?	• Cherish all lives and protect	• Vimalakirti Sutra - Buddha Lands: "The Bodhisattva		
tal	• What are our	the natural environment.	who wishes to purify his Buddhafield should, first of		
protection	responsibilities towards		all, skilfully adorn is own mind. And why? Because		
	nature?		to the extent that the mind of a Bodhisattva is pure is		

						his Buddhafield purified."
B12	• .	Are media totally objective?	•	Observe things with proper	•	The Three Marks of Existence: impermanence, non-
D12	• ]	How do I verify the		views and stay away from		self, and nirvana
Media	i	information in media?		personal prejudice.	•	In Samyukta Agama, following and obliging the three
literacy	• 7	What are the roles of media?	•	Information is constantly		gates of liberation, observation of impermanence,
	• ]	How do the media portray		changing. We should		knowledge and vision of being free from conceit, and
	•	values such as success and		understand various causes		the witness of tranquillity are called the "Sacred
	1	happiness and the nature of		and conditions, identify		Dharma Seals".
	S	sex? What are the possible		proper dharmas and refrain		
	i	impacts of such information		from spreading rumours.		
	(	on us?	•	All conditioned things		
				(sankhara) are in a constant		
				state of flux. In reality there is		
				no thing that ultimately		
				ceases to exist; only the		
				appearance of a thing ceases		
				as it changes from one form to		
				another.		
B13	• '	What problems may arise	•	Beware of negligence.	•	"Five Precepts and Ten Virtues"
D13	,	when living in a world	•	Stay away from things that	•	"Three Poisons"
Virtuality	1	mixed with real and virtual		are confusing and poison		Dirgha Agama Sutra, Volume 8: "The so-called 'three
and reality	,	"realities"?		one's body and mind.		roots of evils' include greed, aversion, and
	• '	Why are adults so vigilant	•	Develop a healthy diet and		ignorance."
	8	about my time spent on the		good spending habits.	•	Tripod of Buddhist practices
	]	Internet and social media	•	Greed is the craving for the		Samyukta Agama, Sutra 832: "At that time, the World

platform	ms? Is spending time	five desires,	Honour One told the bhikkhus that there are three
on the I	Internet wrong?	Aversion is hatred without	trainings. What three? The training in the higher
<ul><li>Mobiliz</li></ul>	zing netizens to	tolerance,	ethics, the higher mind, and the higher wisdom. What
shape o	online public opinion	And ignorance is foolishness	is the training in higher ethics?"
to tack!	le a problem is fast	and confusion.	
and e	effective. What is	The root of all the troubles	
wrong v	with this method?	and worries in the world is	
		bad conducts, which cause all	
		kinds of evil karma.	

## **Understanding Happiness**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B14 Moral judgment	<ul> <li>How do people and myself decide what is right and what is wrong?</li> <li>Where does morality come from?</li> <li>Why is it so important to do the "right" thing?</li> </ul>	0 0	<ul> <li>"The Eightfold Paths"</li> <li>"Four Noble Truths" (suffering, the origins of suffering, the cessation of suffering, and the way to the cessation of suffering)</li> <li>The definition of "goodness" in Volume 15 of Abhidharma-kosha: "This is called a good karma. A</li> </ul>
B15 Questions on suffering	<ul> <li>Why is there evil or suffering in this world?</li> <li>Where does it come from?</li> <li>How do human beings face and overcome pain?</li> </ul>	age, illness, and death are inevitable.	<ul> <li>"Four Noble Truths" (suffering, the origins of suffering, the cessation of suffering, and the way to the cessation of suffering)</li> <li>Digha Nikaya - Mahayana Mahaparinirvana Sutra:</li> <li>"Because we have not fully understood or realised the Four Noble Truths, we are eternally trapped in the cycle of life and death. What are the Four Noble</li> </ul>

B16 Difficult	How do people manage loss such as bereavement,	<ul> <li>Accept and face the real existence of distress,</li> </ul>	noble truth of the origin of suffering, the noble truth of the cessation of suffering, and the noble truth of the way leading to the cessation of suffering."  • Eight Appreciations Sutra: "The First Appreciation: Nothing is permanent in this world. The security of our land is brittle. Matters are sadly void in essence. The five elements we encounter are not part of us. The very existence of things comes and goes. It is deceptive and devoid of a central theme. The mind is the source of all evils. The appearance provides evidence of sin. If we can look at things from this perspective, gradually we shall feel detached of life and death."  • Remove "The Three Poisons" (greed, hatred and ignorance)
times	separation and divorce?	ignorance, and longing for	• "The Eightfold Paths"
	• What is the meaning of suffering?	love.  • Learn about the causes of	• "The Four Noble Truths"  Samyukta Agama, Sutra 393: "Thus I have heard: At
	<ul><li>Is it true that time will heal</li></ul>	suffering and how to end it.	one time, the Buddha was staying at Varanasi in the
	everything? Where can I	• Get rid of worries with the	Game Refuge at Isipatana. At that time, the World
	find strength in difficult	tripod of Buddhist practices.	Honoured One said to the bhikkhus: Whatever
	times?		gentlemen rightly go forth from the lay life to
			homelessness, all of them do so in order to truly
			comprehend the four noble truths."

		I want to be rich. Is it a		Form one's living by manner		Madhuama Agama Volume 22 (Mahanagaan il 1)
B17				Earn one's living by proper		Madhyama Agama, Volume 33 (Mahavaggapali 1),
		wrong idea?		means.		Sutra 135, Sigalovada Sutta
Wealth	•	Why do some people choose	•	One quarter of one's wealth	•	Mahayana Sutra of the Contemplation of the Mind-
		to live a materially frugal		should be invested to earn		ground
		life?		incomes for the family. The		
				second quarter should be used		
				to buy daily necessities. The		
				third quarter should be		
				donated to help the needy as a		
				way to accumulate blessings.		
				And the last quarter of the		
				wealth should be used to help		
				one's relatives and friends.		
			•	Face mundane and natural		
				adversities of the world with		
				ease.		
D10	•	Is there a meaning to life?	•	It is hard to gain a human	•	"Dependent origination and emptiness"
B18		What is it?		body, therefore a precious life	•	Phenomena arise when conditions are present, and
Meaning of	•	What do people treasure?		should be cherished.		cease when such conditions scatter. One cannot tell
life		Why?	•	Establish a correct and		for sure when or why phenomena arise or cease.
	•	What is good? How can one		positive outlook on life.	•	Chapter of Mahāpajāpatī's Great Nirvana, The 50th
		live a good life? Should I	•	Plant the seed of good and		chapter of Anguttara Nikaya (The Further-factored
		live for myself or for others?		live a good life.		Discourses)
	•	How can thankfulness	•	Thankfulness helps to		There are many benefits given by parents to their
		promote happiness in life?		manage and correct		children, including great deep benevolence of feeding

- defilement, such as greed, hatred, and ignorance (three poison). Stop coming negative karma and cultivating the positive one."
- Cherishing contribute to growing merit. Searching for wisdom would rise wisdom.
- Apply "field of merit," "field of compassion," and "field of respect" to repay the grace of Triple Gems, parents, and teachers.
- When we have a meal and practice the "Five Contemplation", we should bear Thankfulness and Cherish mind.
- Donating clothes, bestowing food, and helping the poor, all are cultivating the field of merit.
- To treasure what we have, more able to face the challenges (endurance), that

- and caring. The children must repay the kindness of their parents.
- The 2nd chapter of Great Vehicle Sutra of Contemplation of the Mind Ground in the Buddha's Life
  - "There are 4 types of other-worldly and this-worldly kindness, including the kindness from: 1) parents; 2) all sentient beings; 3) the emperor; 4) the Triple Gems. All sentient being are fairly being benefited by these 4 types of kindness."
  - To repay the four types of great kindness and to relief the suffering from the three evil realms.
- Mahaprajna-paramita-sastra (The Treatise on the Great Perfection of Wisdom)
  - "Thankfulness which is the root of great compassion can open the gate for cultivating wholesome karma in the initial stage. One who can be thankful would be loved and respected by others. His/her reputation is good. Thankfulness makes people getting rebirth in the heaven and attain Buddhahood eventually."
- The Chapter of *Celestial Emperor*, The 78<sup>th</sup> Chapter of *Maha-prajnaparamita-sutra* 
  - "The lord Buddha still was learning at that time, now he has attained the perfect enlightenment. Therefore, I should follow The Buddha's teaching to teach the

B19 Life and death	<ul> <li>What happens when one dies? What is the meaning of death?</li> <li>How does the awareness of death positively impact my life?</li> </ul>	<ul><li>death are inevitable.</li><li>Because of their ignorance,</li><li>all sentient beings undergo</li></ul>	six paramitas (Six Perfections) to the Bodhisattvas.  Also, to encourage the Bodhisattvas to practise the six paramitas (Six Perfections) for attaining the perfect enlightenment eventually. Such practice that following the teaching of the Buddha should be defined as repaying the kindness of the Buddha."  Twelve Links of Dependent Origination"  In Dirgha Agama Sutra - Mahanidana Sutta, the Buddha explained this dharma by contemplating this cycle in reverse order, from old age and death all the way back to ignorance.  "Circle and cessation"
B20 Truth	<ul> <li>What is truth? Why do we need to seek the truth?</li> <li>How does this religion convey the truth that it affirms? How is this truth different from those upheld by others?</li> <li>Why are there different faith interpretations within the same religion?</li> </ul>	the universe and a set of methods to eliminate pain, together with the teachings of the Buddha.  • Everything in the world appears with the right causes and conditions.	<ul> <li>"Dependent Origination"</li> <li>"Dependent Origination and Emptiness"         Madhyama Agama: "Because this exists that exists;         because this arises that arises; because this does not exist that does not exist; because this perishes that perishes."     </li> </ul>

B21	•	Will there ever be world	•	Coexist with other religions	•	"Four Vast Vows"
DZ1		peace?		in peace with compassion.	•	"Six perfections / four all-embracing virtues"
Peace	•	How can this religion	•	Benefit and accord with	•	Vimalakirti Sutra - Buddha Lands 1: "The
		contribute to peace before		sentient beings in skillful		Bodhisattva who wishes to purify his Buddhafield
		and after the emergence of		ways.		should, first of all, skilfully adorn is own mind. And
		conflict?				why? Because to the extent that the mind of a
						Bodhisattva is pure is his Buddhafield purified."

## 2.3.2.4 Learning from Religion- Christianity (Catholic)

## **Understanding Oneself**

Topics	<b>Enquiry Questions</b>	Religious teachings/values	Recommended religious classics
B1	• Who am I?	Human person is created in	• Genesis 1:26-28
Bi	• What are my talents and	the image of God	• Matthew 25:14-30
Self-	personal qualities? Where	• Human person shares the	• CCC 355-356, 364
understandin	do they come from?	sacredness, goodness, and	
g	• How can they be	wisdom of God's own life	
	improved?	• Human person should	
		understand, appreciate, be	
		thankful for and give full play	
		to different gifts endowed by	
		God	
B2	• How should I deal with my	Appreciate and accept oneself	• 1 Corinthians 12:12; 15-19
B2	personal weaknesses and	as a unique being created and	• 1 Samuel 16:7
Self-	limitations?	loved by God	• 1 Timothy 4:12
confidence	• What should I do if I don't	• Accept or improve one's	• Romans 14:19; 15:2
	like myself, such as my	weaknesses, do not	• CCC 1829, 1832
	appearance, my school	undermine the identity and	
	report?	honor as God's children	
	• How do I distinguish	The critical differentiating	
	helpful feedback from	feature is whether the	
	hostile criticism?	feedback or criticism help	
		achieve personal growth and	
		improve harmony with others	

	- ***	• P.H. d. 1.1.1.1.1	
В3	• What are my roles in		
	family, school, community,	in identifying the	• Exodus 4:10-16
Roles	nation and even the human	requirements of different	• CCC 2074
affirmation	race? How do I manage the	identities and roles and in	
	change of roles?	managing conflicts:	
	• How are my personal	♦ Discern the will of God	
	strengths and qualities	♦ Identify the signs / needs	
	related to these roles? What	of the times	
	expectations do others have	♦ Personal abilities	
	on me? What should I do		
		• Interpersonal connections are	
	when I cannot perform up	related to one's relationship	
	to expectation?	with God	
		• Everyone has his/her	
		strengths and limitations;	
		God intends that people live	
		in community and	
		complement each other	
B4	What/ Who is authoritative	• The Words of God/ teachings	• Psalms 119:105
D <del>4</del>	in my life? To whom	of the Church/ well-formed	• Luke 1:26-38
Beliefs	should I listen to? What	conscience	• Romans 12:1-2
anchoring	should I believe in?	• Truth/ justice/ respect/ life/	• Romans 13:8-10
		family/ peace/ charity/	
	• Who or what else would	benevolence	
	influence my view of	oene voicine e	
	myself, other people, life		

	and the world?		
	• How do I deal with		
	different or contradictory		
	opinions?		
B5	• What makes me happy?	• Acting according to God's will	
	What makes me sad/	is the most valuable thing in	• Matthew 5:1-12
Values	anxious? Why?	life	• Mark 4:1-20
clarification	• What are the most	• Christian values are not	• Matthew 6:26-29
	important/ valuable things	necessarily the same as	• Matthew 13:44-46
	in my life? How should I	worldly values. Important	
	achieve, acquire and	principles for discerning	
	preserve them?	values should be taken from	
		the Bible, as well as the	
		Church's teachings and	
		traditions	
		• Living a gospel-centred and	
		fruit-bearing life would be	
		living a most blessed life	
		• Understand that I am created in	
		the image of God; not to be too	
		anxious about material gains	
В6	• How should I live my life?	• God endows people with	• Genesis 3:1-19
DU	• As it is my life, can I do	freedom, and people have the	• Romans 7:14-25
Becoming	whatever I like? (for	responsibility to be self-	• Luke 4:1-13
autonomous	example, indulging in	disciplined	• 1 Corinthians 6:12-20

temptations, drugs, tobacco, alcohol, gambling, the Internet)  • Why should I care about my body?	of their freedom to make ethical choices  • "Prudence" and "temperance" of the four cardinal virtues
	• Love oneself, as the body is a temple of the Holy Spirit

#### **Understanding Others**

Topics	<b>Enquiry Questions</b>	Religious teachings/values	Recommended religious classics
B7 Friendship	<ul> <li>Why do we need friends?</li> <li>What is a critical friend?</li> <li>What are the conditions required for being a critical friend?</li> <li>What can I do in front of a difficult classmate or counterpart? Do I have to please everyone?</li> </ul>	<ul> <li>The incarnation of Jesus Christ is God's most concrete way to share his love with others, showing that he is in the midst of man and is his friend</li> <li>Friends should be able to support each other in difficulties and love each other</li> <li>God wants people to grow in community</li> <li>The early Church was a good example of community</li> <li>One should have the capability to be self-reflecting before engaging in fraternal correction</li> </ul>	<ul> <li>Matthew 1:18-25</li> <li>John 15:15</li> <li>Proverbs 17:17</li> <li>Philippians 2:1-4</li> <li>1 Corinthians 12:12-31</li> </ul>
B8 Intimate relationship	<ul> <li>What is the difference between courtship and friendship?</li> <li>Why do adults always say that we are too young for courtship? What is</li> </ul>	<ul> <li>Love is an intimate relationship established between a man and a woman who intend to enter into marriage</li> <li>Love is faithful and exclusive;</li> </ul>	<ul><li>Exodus 20:14, 17</li><li>Jeremiah 31:3</li></ul>

	1	41	
	consummate love as	therefore both parties should	
	described by adults?	observe the principle of	
	<ul> <li>How do people around me</li> </ul>	chastity	
	view the meaning and	• Love can be enhanced and lead	
	values of sex, including its	to marriage; therefore it is	
	relationship with marriage?	important to distinguish	
	• How to terminate an	between marriage and pre-	
	intimate relationship	marital love	
	decently?	• There are two purposes of	
		marriage: (1) to complement	
		and to love each other; and (2)	
		to procreate and to multiply.	
		The prerequisites include a	
		profound "companionship"	
		and no "sexual devotion" until	
		after the marriage covenant has	
		been established	
В9	How can conflicts between	• The family itself has	• Luke 15:11-24
Б9	family members be	irreplaceable values	• Ephesians 6:1-3
Family	resolved? (eg. When my	• The fourth commandment, that	• Proverbs 23:22-25
	parents stop me from using	is, "Honour your father and	• Luke 2:39-40; 51-52
	the cellphone)	your mother", comes first in	• Romans 12:3; 14-21
	• How to create a	the commandments of love for	
	harmonious and happy	neighbours	
	family?	• God forgives man, so man is	

also obliged to forgive others	
Biblical wisdom helps resolve	
conflicts	

# **Understanding the World**

Topics	<b>Enquiry Questions</b>	Religious teachings/values	Recommended religious classics
B10	What rights do individuals	• Justice means acknowledging	• John 9:1-12
БІО	enjoy in society? Should	God and man as they deserve,	• Matthew 25:31-46
Caring and	everyone enjoy the same	i.e. to have reverence for God	• James 2:14-18
justice	rights?	and to be fair to others	• 1 Corinthians 12:27
	• Why should I care about	• Everyone is created in the	• Amos 5:10-15
	society? Is there any	image of God and is equally	
	relationship between the	dignified, worthy of equal	
	people in my community	treatment by others	
	and I?	• Society is made up of people,	
	• Why should I serve	who are inseparable from each	
	others? Why should I care	other	
	about the weak? Am I	• Role models from the history	
	strong or weak?	of the Catholic Church who	
	• What should I do if I	lived a life committed to	
	encounter unjust events?	justice	
	• What responsibilities do I		
	have for my country and		
	my people?		
B11	• What is the relationship	Everything is created by God	• Genesis 1:28
DII	between human and	• God's creation was "good"	• Genesis 1:2 -2:3
Environment	Mother Nature?	• Humankind and nature are	• Deuteronomy 22:4, 6
al protection	• What are our	interdependent	• CCC 344, 2416
	responsibilities towards	• God calls humankind to be the	• Praise Be to You Laudato si' (Praise Be to You),

	nature?	steward of the earth  The beauty, order, and mysteroiusness of all things demonstrate God's goodness	paras. 10-12
		<ul> <li>and wisdom</li> <li>A good example of caring for nature in the history of the Catholic Church: St Francis of Assisi</li> </ul>	
B12	• Are media totally objective?	• Language should reflect things truthfully, as should media	
Media	• How do I verify the	communication	testimony
literacy	information in media?	• Make good use of "prudence"	● Matthew 6:19-24
	• What are the roles of	and "justice" as the criteria for	• Mark 7:21-23
	media?	judgment	Message for the 36th World Communications Day,
	• How do the media portray	Discern the will of God	2002
	values such as success and	• See the values of the kingdom	Message for the 34th World Communications Day,
	happiness and the nature	of heaven in the world	2000
	of sex? What are the		
	possible impacts of such		
	information on us?		
B13	• What problems may arise	• Caution against bad habits	
	when living in a world		
Virtuality and	mixed with real and virtual	Internet	Message for the 36th World Communications Day,
reality	"realities"?	Maintaining a balanced life	2002

		_			
•	Why are adults so vigilant		without overstressing any one	•	Message for the 34th World Communications Day,
	about my time spent on the		aspect		2000
	Internet and social media	•	Capitalise on the benefits of		
	platforms? Is spending		connecting with others but		
	time on the Internet		avoid incitement		
	wrong?				
•	Mobilizing netizens to				
	shape online public				
	opinion to tackle a				
	problem is fast and				
	effective. What is wrong				
	with this method?				

## **Understanding Happiness**

Topics	<b>Enquiry Questions</b>	Religious teachings/values	Recommended religious classics
B14	How do people and myself	• The Laws in the Bible gives	• Exodus 20:1-17; Deuteronomy 5:6-21
Manal	decide what is right and	clear moral judgments	Matthew 5-7
Moral	what is wrong?	• The righteous, who walk the	• Wisdom 5:18-19; 4:1-2
judgment	Where does morality come	right path, leads a happy and	• Proverbs 28:18; 10:9; 14:2
	from?	healthy life	• Sirach 30:15
	• Why is it so important to	• The Laws are endowed with	
	do the "right" thing?	life because of this new spirit	
B15	• Why is there evil or	• Some sufferings arise from	• Romans 5:20
0	suffering in this world?	human sins	• Proverbs 21:4
Questions on	• Where does it come from?	• The original sin: The original	• Sirach 10:14-15
suffering	• How do human beings	harmony was destroyed	• 1 Peter 4:1
	face and overcome pain?	• Christ's victory over sin	• CCC 400
		endows mankind with the	• CCC 420
		grace to triumph over sin	
D16	How do people manage	• In communion with Christ,	• 1 Peter 2:19
B16	loss such as bereavement,	one understands the meaning	• James 5:11
Difficult	separation and divorce?	of dying and rising with him.	• CCC 1988
times	• What is the meaning of	• The communion of saints	• CCC 954-959
	suffering?	implies a fellowship between	
	• Is it true that time will heal	the living and the dead	
	everything? Where can I	• Conscious of God, if one	
	find strength in difficult	endures unjust suffering	
	times?	patiently, that is a grace.	

	I want to be rich. Is it a	Wealth should be ordered to	• Matthew 6:19-23; 10:8
B17	wrong idea?	the service of people, and of	· ·
Wealth		the entire human race.	• CCC 2420 • CCC 2443-2449
weam	• Why do some people		CCC 2443-2449
	choose to live a materially	1	
	frugal life?	justice pleasing to God	
B18	• Is there a meaning to life?	Life comes from God	• Genesis 1:27-31; 2:7
	What is it?	• Life is an invaluable gift	• Matthew 5:1-12
Meaning of	• What do people treasure?	from God	• I Peter 5:16-18
life	Why?	• The purpose of life is to	• Psalms 103:2-5
	• What is good? How can	know and love God	• Evangelium Vitae (The Gospel of Life)
	one live a good life?	• God is the only joy of	• CCC 68
	Should I live for myself or	human's desiring	• CCC 1718-1719
	for others?	Human person gains eternal	• CCC 2258
	• How can thankfulness	life by following Jesus	• CCC 2270-2275
	promote happiness in life?	• The Beatitudes proclaimed in	• CCC 2280-2283
		the Sermon of the Mount are	
		in line with human	
		inclination towards the	
		pursuit of a blessed life	
		<ul> <li>Humankind has the ability to</li> </ul>	
		transcend themselves	
		Human is the steward, not	
		the owner, of one's own life.	
		, i	
		One should not destroy life,	
		for example, by suicide or	

		abortion	
B19	• What happens when one		• 1 Corinthians 15
	dies? What is the meaning		• CCC 988-1005
Life and	of death?	resurrection of the flesh	• CCC 1020-1050
death	• How does the awareness	• Make the most of one's life	
	of death positively impact	and prepare for the	
	my life?	resurrection	
B20	• What is truth? Why do we	God is the only God	• Deuteronomy 6:4-6
B20	need to seek the truth?	• Transmission of the Word of	• Matthew 16:19; 22:36-38
Truth	• How does this religion	God is entrusted to the	• 2 Timothy 3:14-17
	convey the truth that it	Church	• CCC 51-95
	affirms? How is this truth	• The source of the truth is the	
	different from those	Bible and sacred Tradition	
	upheld by others?	• The Church has the	
	• Why are there different	responsibility of discerning	
	faith interpretations within	the truth	
	the same religion?	• Human person has ability to	
		come to the knowledge of the	
		truth	
		• The Bible teaches us the truth	
		• One should stand in awe of	
		the mystery of God	
		Honesty is fidelity to truth	
		and refusing to lie	
		and returning to me	
1			

B21	•	Will there ever be world	•	Know	the	fifth	•	CCC 2302-2306
B21		peace?		commandm	ent		•	Pacem in Terris (Peace on Earth)
Peace	•	How can this religion	•	Peace is a	fruit of th	ne Holy	•	Messages for the World Day of Peace
		contribute to peace before		Spirit				
		and after the emergence of	•	Peace of Ch	rist			
		conflict?	•	Peace and ju	ustice			

## Learning from Religion- Christianity (Protestant, Anglican and others)

## **Understanding Oneself**

Topics		<b>Enquiry questions</b>	]	Religious teachings/values		Recommended religious classics
D1	•	Who am I?	•	Human has a dignified image	•	Genesis 1:26-28
B1	•	What are my talents and	•	Life is sacred	•	Matthew 25:14-30
Self-		personal qualities?	•	Humans need to bring their		
understandi	•	How can they be improved?		talents into practice		
ng			•	Prestigious humanity is		
				undermined by sin and to be		
				restored by faith		
B2	•	How should I deal with my	•	One should appreciate	•	1 Samuel 16:1-13
DZ		personal weaknesses and		oneself as the unique and	•	Matthew 10:29-30
Self-		limitations?		treasured creation of God	•	Romans 12:2-3, 15:7
confidence	•	What should I do if I don't	•	God's measurements may	•	1 Timothy 4:12
		like myself, such as my		differ from humans'		
		appearance, my school	•	One needs to renew their		
		report?		mind and keep reflecting and		
	•	How do I distinguish		improving themselves		
		helpful feedback from	•	Depends on whether it		
		hostile criticism?		contributes to one's growth		
				and relationships		
В3	•	What are my roles in	•	God endows humans with	•	Genesis 41:14-45; 45:1-15
נם		family, school, community,		very high values	•	Exodus 4:10-16
Roles		nation and even the human	•	God assigned humans with	•	Esther 3:12-5:3
affirmation		race? How do I manage the		different missions	•	Matthew 4:18-22; 26:33-35, 69-75

	change of roles?  How are my personal strengths and qualities related to these roles? What expectations do others have on me? What should I do when I cannot perform up to expectation?	Equip oneself and work with others to fulfil a life that meets God's standards	
B4 Beliefs anchoring	<ul> <li>What/Who is authoritative in my life? To whom should I listen to? What should I believe in?</li> <li>Who or what else would influence my view of myself, other people, life and the world?</li> <li>How do I deal with different or contradictory opinions?</li> </ul>	<ul> <li>Biblical teachings and values are the foundation</li> <li>There are times when one obeys and other times when one struggles and reflects.         But one should never forget to work hard and put the goodness of God into practice     </li> <li>Knowledge and reason lead to better appreciation of God's intentions on personal life and social issues</li> <li>Tolerance, listening and peace</li> </ul>	<ul> <li>Luke 2:41-52</li> <li>Galatians 5:22-23</li> <li>Proverbs 9:10</li> <li>Psalms 119:105</li> <li>Ephesians 6:1</li> </ul>
B5	What makes me happy?     What makes me sad /	<ul><li>Faith brings joy</li><li>Living a life in the will of</li></ul>	<ul><li>Mark 10:17-22</li><li>Luke 10:38-42</li></ul>

Values	anxious? Why?	God is the source of joy	• Matthew 6:25-34
clarification	• What are the most	God heals human sorrows	• Matthew 5:1-12
Clarification	important / valuable things	• Faith guides humans to seek,	• John 14:21
	in my life? How should I	fight for, and cherish	
	achieve, acquire and	valuable things	
	preserve them?	Christians should anchor at	
		heavenly values	
D(	• How should I live my life?	God endows humans with	• Genesis 3:1-19
B6	• As it is my life, can I do	free will, but the sovereignty	• Ecclesiastes 3:1-13; 11:9; 12:13-14
Becoming	whatever I like? (for	of life still lies in God	• Luke 4:1-13
autonomous	example, indulging in	Humans have the	• Romans 7:14-25
	temptations, drugs, tobacco,	responsibility to manage	• I Corinthians 3:10-17; 6:12-20; 10:23-24
	alcohol, gambling, the	themselves	
	Internet)	Humans are accountable to	
	Why should I care about	God	
	my body?	• The Spirit of God dwells in	
		the hearts of humans	
		Humans have the	
		responsibility to take care of	
		themselves and the healthy	
		growth of their own bodies,	
		hearts and spirits.	

#### **Understanding Others**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
В7	• Why do we need friends?	God places humans in	• I Samuel 20:1-42
D/	• What is a critical friend?	groups so that they	• Proverbs 17:17, 27:5-6, 9, 17
Friendship	What are the conditions	cooperate, help and learn	• Ecclesiastes 4:9-12
	required for being a critical	from each other	• Matthew 7:3-4, 18:15–17
	friend?	• Loyal friendship,	
	• What can I do in front of a	willingness to accept	
	difficult classmate or	criticism, choice of good,	
	counterpart? Do I have to	and persistence in faith are	
	please everyone?	all acceptable to God	
		The Bible requires	
		discipline over oneself and	
		others	
В8	• What is the difference	God arranges a partner for	• Genesis 2:18-24; 24:1-67; 29:1-30
Во	between courtship and	humans, so that they	• Exodus 20:14, 17
Intimate	friendship?	support each other	• 1 Corinthians 13:4-8
relationship	Why do adults always say	The Bible emphasises the	• Song of Solomon 8:6-7
	that we are too young for	importance of chastity	• Jeremiah 31:3
	courtship? What is	The Bible describes true	• Ephesians 5:25-26; 31-33
	consummate love as	love as self-denying,	
	described by adults?	praising love with	
	How do people around me	commitment and	
	view the meaning and	responsibility	
	values of sex, including its	Marriage is conducive to	

	relationship with marriage?	the full growth of a human	
	• How to terminate an	and generates mutual	
	intimate relationship	support between	
	decently?	companions	
		Marriage sustains human	
		beings and their	
		stewardship of the world	
D0	How can conflicts between	Filial piety and harmonious	• Proverbs 23: 22-25
B9	family members be	family are values esteemed	• Luke 2:39-40, 51-52
Family	resolved? (eg. When my	in the Bible	• Luke 15:11-24, 17:3
	parents stop me from using	• In the presence of God,	• Ephesians 6:1-3
	the cellphone)	man must acknowledge	
	How to create a harmonious	their limitations and	
	and happy family?	imperfections	
		Bible encourages skillful	
		resolution of conflicts	
		Christians honour Christ	
		the head of the house and	
		treat each family members	
		with Christian values	
		including mutual support,	
		understanding and love	

# **Understanding the World**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B10 Caring and justice	<ul> <li>What rights do individuals enjoy in society? Should everyone enjoy the same rights?</li> <li>Why should I care about society? Is there any relationship between the people in my community and I?</li> <li>Why should I serve others? Why should I care about the weak? Am I strong or weak?</li> <li>What should I do if I encounter unjust events?</li> <li>What responsibilities do I have for my country and my people?</li> </ul>	<ul> <li>Humans are honoured with dignity from God</li> <li>The community is an interdependent group of people</li> <li>God is just and righteous. He</li> <li>does not judge by appearance</li> <li>cares for the poor</li> <li>detests dishonest scales</li> <li>God's justice, righteousness, love and grace benefit the entire world</li> <li>Humans should do justice, and to love kindness, and to walk humbly with God</li> <li>Justice and peace complement each other, transversal across these two are love and forgiveness</li> </ul>	<ul> <li>Luke 4:18-21</li> <li>Galatians 3:28</li> <li>Amos 5:10-15</li> <li>Micah 6:8</li> <li>Leviticus 19:15</li> <li>Deuteronomy 15:1-5</li> <li>Proverbs 11:1</li> <li>Matthew 22:15-22</li> <li>Romans 13:1-7</li> <li>I Timothy 2:1-2</li> </ul>

B11	What is the relationship	Humans must fear God and	• Genesis 1:2-2:3
DII	between human and Mother	His wonderful creation and	• Psalms 104:1-30
Environmen	Nature?	generalize wisdom from it	• Deuteronomy 22:4, 6
tal	What are our	Creation of God is good	• Isiah 55:1
protection	responsibilities towards	<ul> <li>God calls humans to</li> </ul>	• Luke 12:13-21
	nature?	participate in managing the	
		world as stewards	
		Heaven is illustrated	
		through the peaceful	
		coexistence of different	
		species	
		<ul> <li>Facing environmental</li> </ul>	
		issues, humans should not	
		forget the disadvantaged	
		and practice a simple life	
D12	Are media totally	Neither should individuals	• Exodus 20:16
B12	objective?	nor the media give false	• Matthew 5:37; 6:22-23; 24:23-26
Media	How do I verify the	testimony	• I Kings 13:1-32
literacy	information in media?	• There are both physical and	
	• What are the roles of	spiritual dimensions to	
	media?	things	
	How do the media portray	Reports of media should be	
	values such as success and	impartial, objective and	
	happiness and the nature of	fact-based. Christians	
	sex? What are the possible	should reflect on such	

	impacts of such information	reports according to values	
	on us?	of the Kingdom of God	
		(including caring, justice	
		and wisdom)	
D12	What problems may arise	Addiction is a kind of	• Mark 5:1-20
B13	when living in a world	bondage; liberation and	• Romans 6:16
Virtuality	mixed with real and virtual	freedom are beautiful	• Ephesians 5:16
and reality	"realities"?	• Cherish the time	• Proverbs 12:18
	Why are adults so vigilant	Think and speak carefully	• Matthew 7:1-5
	about my time spent on the		
	Internet and social media		
	platforms? Is spending time		
	on the Internet wrong?		
	<ul> <li>Mobilizing netizens to</li> </ul>		
	shape online public opinion		
	to tackle a problem is fast		
	and effective. What is		
	wrong with this method?		

## **Understanding Happiness**

Topics	<b>Enquiry questions</b>	Religious teachings/values	Recommended religious classics
B14	How do people and myself	• The guiding role of the	• Exodus 20:1-17
Moral	decide what is right and	Biblical law and values	• Matthew 5:17, 22:36-40
judgment	what is wrong?	• Jesus' teachings that fulfil	• 1 Corinthians 13:11-13
	Where does morality come	the law	
	from?	• Christian values such as	
	Why is it so important to do	faith, hope, and love bring	
	the "right" thing?	people happiness	
B15	• Why is there evil or	• Some sufferings enter the	• Genesis 3:1-21
Questions	suffering in this world?	world because of sin	• Job 42:1-5
on suffering	• Where does it come from?	• Endurance induces hope	• Ecclesiastes 3:1-15
	How do human beings face	and by faith humans can	• John 9:1-3; 16:33
	and overcome pain?	overcome trials and sins	• Romans 5:20
		• Jesus Christ promises	• 1 Peter 4:1
		people in sufferings	
		companionship and peace	
		• Different responses to	
		sufferings lead to different	
		results	
		• Faith helps to accept	
		mysteries that cannot be	
		understood	
B16	How do people manage loss	• It is normal to feel sorrow in	• John 11:35
<b>D</b> 10	such as bereavement,	pain; Jesus wept for the	• Luke 22:42-44

Difficult		separation and divorce?		death of a good friend	•	1 Corinthians 10:13	
times	•	What is the meaning of	•	Jesus struggled and prayed	•	James 5:11	
		suffering?		in plight	•	1 Peter 2:19	
	•	Is it true that time will heal	•	Persevere and pray, for God	•	Genesis 39:1-23	
		everything? Where can I		will give us strength and			
		find strength in difficult		provide the way of escape			
		times?	•	Walk in company, love may			
				ease pain			
D17	•	I want to be rich. Is it a	•	People who trust in God do	•	Matthew 6:19-34	
B17		wrong idea?		not worry too much about	•	Luke 12:16-21, 19:11-27	
Wealth	•	Why do some people choose		material supplies	•	Mark 12:41-44	
		to live a materially frugal	•	Humans cannot be truly	•	Luke 10:30-35	
		life?		satisfied unless they are			
				content			
			•	God makes humans the			
				steward of wealth; devotion			
				and donation please God			
			•	The rich is obliged to help			
				the poor to attain happiness			
B18	•	Is there a meaning to life?	•	Life is a gift from God and	•	Genesis 1:26-28	
D10		What is it?		for the glory of God. Life	•	1 Corinthians 6:18-20	
Meaning of	•	What do people treasure?		carries doubtless dignity	•	Luke 12:13-34, 18:18-30	
life		Why?	•	If one seeks and reflects,	•	Ecclesiastes 11:9-12:1; 12:13-14	
	•	What is good? How can one		they will get God's	•	1 Corinthians 12:1, 28-31; 13:1-3, 13	
		live a good life? Should I		goodness that is full of	•	Galatian 5:22-24	

		live for myself or for others?		wisdom	•	I Chronicles 29:14	
	•	How can thankfulness	•	One must learn to give			
		promote happiness in life?		before they can receive			
			•	We receive grace that we do			
				not deserve and all we			
				receive are gifts from God			
D10	•	What happens when one	•	The sovereignty of life lies	•	Psalms 90:1-12	
B19		dies? What is the meaning		in God	•	Ecclesiastes 8:8	
Life and		of death?	•	God gives man the hope of	•	1 Corinthians 15:1-58	
death	•	How does the awareness of		resurrection	•	1 Thessalonians 4:13-18	
		death positively impact my	•	For Christian, death is not			
		life?		an end but a transition to			
				eternal life			
B20	•	What is truth? Why do we	•	Jesus' words and deeds	•	Matthew 23:36-38	
D20		need to seek the truth?		reveal the truth	•	John 14:6	
Truth	•	How does this religion	•	The Church spreads the	•	Luke 9:1-2, 6	
		convey the truth that it		truth by spreading Jesus'	•	1 Corinthian 3:6-7	
		affirms? How is this truth		gospel, serving the	•	Acts 5:29-6:7	
		different from those upheld		community and having	•	Matthew 28:16-20	
		by others?		dialogues			
	•	Why are there different faith	•	The Bible and many biblical			
		interpretations within the		characters contain rich			
		same religion?		interpretations of faith.			
				There is difference within			
				sameness and vice versa.			

		While their experiences and
		interpretations of faith may
		be different, they are still the
		supreme truth for faith
		groups
B21	• Will there ever be world	● Justice, righteousness and ● Isaiah 2:4
D21	peace?	love manifest the coming of   Matthew 5:3-12, 43-48
Peace	• How can this religion	the Kingdom of God • Matthew 26:51-52
	contribute to peace before	● The Christian Church has a ● Revelation 21:3-4
	and after the emergence of	responsibility to promote
	conflict?	the coming of the Kingdom
		of God
		● The life of Christ
		exemplifies the peace that
		the humankind should
		pursue

# **2.3.2.5** Learning from Religion – **Taoism**

# **Understanding Oneself**

Topics	<b>Enquiry questions</b>	Religious values / concepts	Recommended religious classics
B1 Self- understandi ng	<ul> <li>Who am I?</li> <li>What are my talents and personal qualities?</li> <li>How can they be improved?</li> </ul>	<ul> <li>Human beings are equal.         Both the ignorant and the sages should cultivate their minds and virtues and do good deeds.     </li> <li>Humans are faced with both success and failure, and are affected by both causes and effects.         Therefore humans should follow the example of water as the highest excellence, in its benefiting all things without striving to the contrary.     </li> </ul>	<ul> <li>and hold fast. The first is gentleness; the second is economy; and the third is shrinking from taking precedence of others."</li> <li>Zhuangzi - The Adjustment of Controversies: "Heaven, Earth, and I were produced together, and all things and I are one."</li> <li>Baopuzi (Inner Chapters - Huang Bai): "One's fate is in one's own hands, not in Heaven."</li> <li>The Treatise on Response and Retribution: "Fortune and</li> </ul>
B2 Self- confidence	<ul> <li>How should I deal with my personal weaknesses and limitations?</li> <li>What should I do if I</li> </ul>	<ul> <li>Often conduct self- reflection in order to discover one's own merits.</li> <li>Consider others' comments carefully to</li> </ul>	<ul> <li>Dao De Jing: "He who knows other men is discerning; he who knows himself is intelligent."</li> <li>Dao De Jing: "Sincere words are not fine; fine words are not sincere."</li> </ul>

B3 Roles affirmation	don't like myself, such as my appearance, my school report?  How do I distinguish helpful feedback from hostile criticism?  What are my roles in family, school, community, nation and even the human race? How do I manage the change of roles?  How are my personal strengths and qualities related to these roles?  What expectations do others have on me?  What should I do when I cannot perform up to expectation?	judge whether they are sincere and honest comments.   Make active contributions to different ethical relationships in the world and help others.	<ul> <li>Dao De Jing: "The sage does not accumulate (for himself). The more that he expends for others, the more does he possess of his own; the more that he gives to others, the more does he have himself."</li> <li>Baopuzi (Inner Chapters - Dui Su): "Those who seek immortality should take loyalty, filial piety, harmony, compliance, benevolence, and trustworthiness as the fundament."</li> </ul>
B4	• What/ Who is authoritative in my	• Stick to the bottom line of not hurting others when	• Dao De Jing: "With all the sharpness of the Way of Heaven, it injures not; with all the doing in the way of
Beliefs	life? To whom should I	dealing with people and	the sage he does not strive."
anchoring	listen to? What should	forming values; do more	• Dao De Jing: "The tree which fills the arms grew from
	I believe in?	constructive things instead	the tiniest sprout; the tower of nine storeys rose from a

				more often in order to benefit.		
B6	•	How should I live my life?	•	We should live a simple but fulfilling life instead of	•	Dao De Jing: "Colour's five hues from the eyes their sight will take. Music's five notes the ears as deaf can make.
Becoming autonomous	•	As it is my life, can I do whatever I like? (for example, indulging in temptations, drugs, tobacco, alcohol, gambling, the Internet)  Why should I care about my body?		indulging in material and sensory enjoyment. Use moderation in all things.	•	The flavours five deprive the mouth of taste. The chariot course, and the wild hunting waste make mad the mind." Dao De Jing: "Bind your self-interest and control your ambition. Forget your habits and simplify your affairs." Dao De Jing: "Therefore the sufficiency of contentment is an enduring and unchanging sufficiency."

# **Understanding others**

Topics	Enquiry questions	Religious values / concepts	Recommended religious classics
B7 Friendship	<ul> <li>Why do we need friends?</li> <li>What is a critical friend? What are the conditions required for being a critical friend?</li> <li>What can I do in front of a difficult classmate or counterpart? Do I have to please everyone?</li> </ul>	<ul> <li>Friends are companions who share common beliefs in life and who can support and remind each other. People grow up in different groups to learn about and distinguish between good and evil.</li> <li>True friends are people who put their friends first and give priority to others' business.</li> </ul>	• Discourse Record of Perfected Wang Qiyun of Mount Pan: "There are three types of friends: the recluse ones, the scholarly ones, and the wild ones. Some people have a noble character. They cultivate their minds and study the

			•	preserved."  Dao De Jing: "Therefore the man of skill is a master (to be looked up to) by him who has not the skill; and he who has not the skill is the helper of (the reputation of) him who has the skill."
B8 Intimate relationship	<ul> <li>What is the difference between courtship and friendship?</li> <li>Why do adults always say that we are too young for courtship? What is consummate love as described by adults?</li> <li>How do people around me view the meaning and values of sex, including its relationship with marriage?</li> <li>How to terminate an intimate relationship</li> </ul>	<ul> <li>Chinese culture and society are based on traditional human relations and social order, with the marital relationship being part of them. The result of love is marriage, which is the beginning of human relations. Marital union lproduces posterity and involves greater responsibility for life. Friends are partners of solidarity in life.</li> <li>The principles of setting limits of intimacy include treating each other with</li> </ul>		Baopuzi (External Chapters - Mi Song): "Basic human relations start from marriage, which should comply with the rules of yin and yang. Therefore the ancient people attached great importance to the wedding ceremony, which indicates the union of two families to inherit the foundation of their ancestors."

				each other's wills.		
D0	•	How can conflicts	•	Respect and tolerate each	•	Dao De Jing: "The partial becomes complete; the
B9	between family		other.		crooked, straight; the empty, full; the worn out, new. He	
Family		members be resolved?	•	Dao De Jing says that one		whose (desires) are few gets them; he whose (desires) are
		(eg. When my parents		should be "humble and		many goes astray. Therefore the sage holds in his embrace
		stop me from using the		receptive like the valley",		the one thing (of humility), and manifests it to all the
		cellphone)		avoiding direct conflict		world. He is free from self- display, and therefore he
	•	How to create a		and confrontation.		shines; from self-assertion, and therefore he is
		harmonious and happy				distinguished; from self-boasting, and therefore his merit
		family?				is acknowledged; from self-complacency, and therefore
						he acquires superiority."

### **Understanding the World**

Topics	Enq	quiry questions	Rel	igious values / concepts	Re	commended religious classics
B10	•	What rights do	•	Dao arises preceding all	•	The Absolute Dao De Jing of Perfect Sovereign Lu the
D10		individuals enjoy in		forms and does not		Master: "The universal order has since inception
Caring and		society? Should		discriminate between the		embodied and embraced all. The nature of this order is
justice		everyone enjoy the		ignorant and the sages.		named 'Dao', or the Way, which exists in all beings and
		same rights?		Everyone has equal rights.		manifests in all forms. Its function is 'De', or the
	•	Why should I care				Virtues."
		about society? Is there			•	Dao De Jing: "The sage has no invariable mind of his
		any relationship				own; he makes the mind of the people his mind."
		between the people in				
		my community and I?				
	•	Why should I serve				
		others? Why should I				
		care about the weak?				
		Am I strong or weak?				
	•	What should I do if I				
		encounter unjust				
		events?				
	•	What responsibilities				
		do I have for my				
		country and my				
		people?				

		What is the relational in	•	Maintain the balance		Taoist view of the universe: Seasons have their order and
B11		What is the relationship				
T		between human and		between human relations		motion and repose come on certain occasions. <i>Qing Jing</i>
Environmental .		Mother Nature?		and the world, so that		Jing: "Sky is clear and earth is turbidity; male is moving
protection	•	What are our		everyone can get what		and female is static." Also: "People can often understand
		responsibilities		they want and get along		Clear and Static, sky and earth are all within your hand."
		towards nature?		with each other on equal	•	Dao De Jing: "Dao when nursed within one's self, his
		to wards hattie.		terms. The idea starts		vigour will make true; and where the family it rules, what
				from personal cultivation		riches will accrue! The neighbourhood where it prevails
				and can be spread to the		in thriving will abound; and when 'tis seen throughout
				nation and even the world.		the state, good fortune will be found."
B12	•	Are media totally	•	Each argument has its	•	Dao De Jing: "Sincere words are not fine; fine words are
D12		objective?		own position, and we need		not sincere."
Media literacy	•	How do I verify the		to discern the authenticity		
		message in media?		and information contained		
	•	What are the roles of		in the text and images.		
		media?				
	•	How do the media				
		portray values such as				
		success and happiness				
		and the nature of sex?				
		What are the possible				
		impacts of such				
		information on us?				
7.10	•	What problems may	•	One should never indulge	•	Dao De Jing: "It is emptied, yet it loses not its power; it
B13		arise when living in a		in any activity in such a		is moved again, and sends forth air the more. Much

Virtuality and		world mixed with real	manner as to make life out	speech to swift exhaustion lead we see; your inner being
reality		and virtual "realities"?	of balance. Sometimes	guard, and keep it free."
Teamy	•	Why are adults so	receiving too much	
		vigilant about my time	information can	
		spent on the Internet	overwhelm and exhaust	
		and social media	oneself.	
		platforms? Is spending		
		time on the Internet		
		wrong?		
	•	Mobilizing netizens to		
		shape online public		
		opinion to tackle a		
		problem is fast and		
		effective. What is		
		wrong with this		
		method?		

### **Understanding Happiness**

Topics	<b>Enquiry questions</b>	Religious values / concepts	Recommended religious classics
B14  Moral judgment	<ul> <li>How do people and myself decide what is right and what is wrong?</li> <li>Where does morality come from?</li> <li>Why is it so important to do the "right" thing?</li> </ul>	The system of the Dao will be torn in fragments by incomplete theories.	<ul> <li>Zhuangzi (Miscellaneous Chapters - Tian Xia): "There is that which gives birth to the Sage, and that which gives his perfection to the King: the origin of both is the One."</li> <li>Zhuangzi (Miscellaneous Chapters - Tian Xia): "Every one in the world did whatever he wished, and was the rule to himself. Alas! Various schools held on their several ways, and could not come back to the same point, nor agree together. The students of that later age unfortunately did not see the undivided purity of heaven and earth, and the great scheme of truth held by the ancients. The system of the Dao was about to be torn in fragments all under the sky."</li> </ul>
B15  Questions on suffering	<ul> <li>Why is there evil or suffering in this world?</li> <li>Where does it come from?</li> <li>How do human beings face and overcome pain?</li> </ul>	• Human suffering is not only the result of one's own mistakes but is also more possible as the consequence of the errors of one's ancestors, which is called the "inherited burden" in Taoism.	secular rulers. Every subject has their own errors, which are even passed on to their children and grandchildren. Errors accumulate because nobody upholds integrity."

B16 Difficult times	<ul> <li>How do people manage loss such as bereavement, separation and divorce?</li> <li>What is the meaning of suffering?</li> <li>Is it true that time will heal everything? Where can I find strength in difficult times?</li> <li>I want to be rich. Is it a</li> </ul>	<ul> <li>Blessings and misfortunes are not eternal consequences but are variable and interdependent.</li> <li>Landscape of the four seasons and the vicissitude of things are predestined. Even beautiful things can vanish. Let nature take its course and do not interfere.</li> <li>Wealth any most popula's</li> </ul>	side! Happiness! - misery lurks beneath it!"
B17	• I want to be rich. Is it a wrong idea?	<ul> <li>Wealth can meet people's needs in life but it can also</li> </ul>	Dao De Jing: "When gold and jade fill the hall, their possessor cannot keep them safe. When wealth and
Wealth	<ul><li>wrong idea?</li><li>Why do some people</li></ul>	cause people to fall.	honours lead to arrogancy, this brings its evil on itself."
vvCaitii	choose to live a	Wealth is not constant.	nonours lead to arrogancy, this ornigs its evil on itself.

	materially frugal life?		
B18  Meaning of life	<ul> <li>Is there a meaning to life? What is it?</li> <li>What do people treasure? Why?</li> <li>What is good? How can one live a good life? Should I live for myself or for others?</li> <li>How can thankfulness promote happiness in life?</li> </ul>	Taoism values human life and believes that people are intelligent, keen and spiritual.	understand the nature of this music, and judge in
	me:		longevity."  • Du Ren Jing: "Taoism is the Way of the immortals and valuing life and sets no limit to salvation."
B19	• What happens when one dies? What is the	Death is a necessary stage of life, and one must come	Zhuangzi - The Great and Most Honoured Master: "Death
Life and	meaning of death?	to terms with it.	succession of night and day - in both cases from Heaven."
death	• How does the awareness of death positively impact my life?	<ul> <li>Physical disappearance is not important; spiritual eternity is what really counts.</li> </ul>	can suppose the head to be made from nothing, the spine from life, and the rump-bone from death? Who knows how death and birth, living on and disappearing, compose the one body? I would be friends with him."
			death and birth, living on and disappea

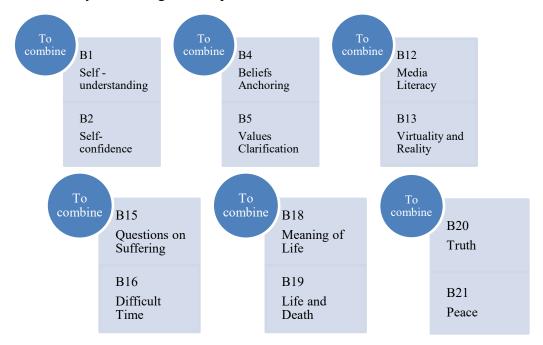
Truth  Tr	B20	•	What is truth? Why do	•	Taoism regards the	•	and the two form the basis of an infinite cycle. Likewise, it is a natural law that nothing can end if it has never begun. Dao De Jing: "He who does not fail in the requirements of his position, continues long; he who dies and yet does not perish, has longevity."  Dao De Jing: "The Dao that can be trodden is not the
<ul> <li>How does this religion convey the truth that it affirms? How is this truth different from those upheld by others?</li> <li>Why are there different faith interpretations within the same religion?</li> <li>Why are there different faith interpretations within the same religion?</li> <li>Too De Jing: "Man takes his law from the Earth; the Earth takes its law from the Dao. The law of the Dao is its being what it is."</li> <li>Dao De Jing: "All things are produced by the Dao, and nourished by its outflowing operation. They receive their forms according to the nature of each, and are completed according to the circumstances of their condition. Therefore all things without exception honour the Dao, and exalt its outflowing operation. This honouring of the Dao and exalt its outflowing operation is not the result of any</li> </ul>			we need to seek the		1 1		enduring and unchanging Dao. The name that can be
	Truth	•	How does this religion convey the truth that it affirms? How is this truth different from those upheld by others?  Why are there different faith interpretations within the same		(or "Tao") as the truth and its characteristics as a role model. We can understand the truth through Taoist scriptures and cultivation. Taoist scriptures record the teachings of celestial beings and immortals and contain revelation of the truth. And man should be prepared and calm themselves in order to see the truth from the	•	(Conceived of as) having no name, it is the Originator of heaven and earth; (conceived of as) having a name, it is the Mother of all things. Always without desire we must be found, if its deep mystery we would sound. But if desire always within us be, its outer fringe is all that we shall see."  Dao De Jing: "Man takes his law from the Earth; the Earth takes its law from Heaven; Heaven takes its law from the Dao. The law of the Dao is its being what it is."  Dao De Jing: "All things are produced by the Dao, and nourished by its outflowing operation. They receive their forms according to the nature of each, and are completed according to the circumstances of their condition. Therefore all things without exception honour the Dao, and exalt its outflowing operation. This honouring of the Dao and exalting of its operation is not the result of any

					•	Dao De Jing: "The grandest forms of active force from
						Dao come, their only source."
				•	On Zuowang - True Observation: "Therefore, restraining	
						the mind and being detached from affairs will gradually
						damage one's cultivation. Only by resting one's body and
						calming one's heart can one observe the truth."
D21	•	Will there ever be	•	"Not striving" is a value	•	Dao De Jing: "With all the sharpness of the Way of
B21		world peace?		advocated by Taoism.		Heaven, it injures not; with all the doing in the way of the
Peace	•	How can this religion		People should let go of		sage he does not strive."
		contribute to peace		self-interested competition	•	Dao De Jing: "Now arms, however beautiful, are
		before and after the		and plunder, and should		instruments of evil omen, hateful, it may be said, to all
		emergence of conflict?		instead respect each other		creatures. Therefore they who have the Dao do not like to
				and co-exist in peace.		employ them."
			•	Let go of all disputes and	•	Dao De Jing: "The excellence of water appears in its
				stick to altruism		benefiting all things, and in its occupying, without striving
						(to the contrary)."

#### 2.4 Lesson Time

This curriculum can be completed at Key Stage 3, i.e. Secondary 1 to Secondary 3, with 50 forty-minute lessons each year. In other words, this curriculum can be completed with 33 hours per year and a total of about 100 hours over three years.

If sufficient lesson time cannot be arranged, schools can make a compromise and tailor the curriculum by combining some topics, such as:

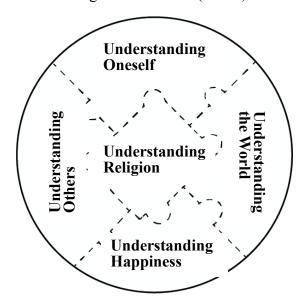


Traditionally, teachers of this subject do not separate the topics of "learning about religion" completely from those of "learning from religion". For example, the name and worship focus of religions can be covered in topics such as religious arts. Studying religious teachings through the lives of religious figures can provide the necessary social and historical contexts for understanding such teachings. In addition, the two parts can be integrated based on students' learning needs and the school's faith tradition. For instance, the lives and deeds of prominent religious figures can be used as examples of establishing values and overcoming difficulties.

Therefore, the demarcation between "learning about religion" and "learning from religion" is not distinct; nor is it possible to accurately calculate the percentage of time allocated to them. However, teachers need to pay attention to the principle of balance. In particular, any of the four modules of "learning from religion" (Understanding Oneself, Understanding Others, Understanding the World and Understanding Happiness through religion) should not be omitted, so as to help students fully understand and appreciate the ultimate concerns of

religion and the changes it brings to individuals and society.

Relations among modules of Religious Education (S1-S3)



Last but not least, when planning lessons for this subject, schools should review their whole school curriculum arrangements, in particular to ensure that the allocation of curriculum time complies with the requirements of *Secondary Education Curriculum Guide*, the *Personal, Social and Humanities Education Key Learning Area Curriculum Guide* and the curriculum documents of relevant subjects.

### Membership of the Ad Hoc Committee for Revising Religious Education (S1-3)

Convenor: Mr SUNG Kam-man

Principal

S.K.H. Kei Hau Secondary School

Members: Ms CHAN Sze-wan

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Ms FONG Yee

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Mr LAM Kwong-fai

Principal

HKTA The Yuen Yuen Institute No.2 Secondary School

Ms LAU Man-wah

Teacher

Caritas Pelletier School (Until 31 Aug 2022)

Mr LEUNG Yat-sum

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Centre of Buddhist Studies

The University of Hong Kong

Mr TSANG Ka-lok

Researcher in Religious Education

Mr TSANG Tsz-wai

Confucian Tai Shing Ho Kwok Pui Chun College (until 31 Aug

2021)

Ms TUET Foon-san, Sharifah

Teacher

Islamic Kasim Tuet Memorial College

Mr WOO Kwok-yin

Dean

Confucian Academy

Secretary: Dr YIP Cheong-man, Eric

Curriculum Development Officer (Personal, Social and

Humanities Education)

Curriculum Development Institute

Education Bureau

### Membership of the Curriculum Development Council Committee on

Personal, Social and Humanities Education (from 1 September 2015 to 31 August 2017)

Chairperson: Ms. AU YEUNG Wai-yin, Amy

Cognitio College (Kowloon)

Vice-Ms. CHAN Pik-wa, Gloria (from 29.11.2016)

chairperson: PSHE Section, CDI, EDB

Mr. LEE Chi-hung

PSHE Section, CDI, EDB

Members from

**Institutions:** 

Prof. MAK King-sang **Teritiary** Hong Kong Baptist University

Dr. PANG Ming-fai

The University of Hong Kong

Dr. YIU Kai-bun

The Education University of Hong Kong

Members from Mr. KWOK Kwong-fai

Baptist Oi Kwan Social Service Related

Professional

Dr. LEE Hoey, Simon

Bodies: **Basic Law Promotion Steering Committee** 

Member from Ms. KWOK Kam-lin

Evangelize China Fellowship Holy Word School Committee on

**Special** 

Educational

Needs:

School Heads: Mr. TAI Tak-ching

SKH Tang Shiu Kin Secondary School

Dr. TAN Kang, John

Pun U Association Wah Yan Primary School

Dr. WONG Chung-leung Heung To Middle School

School Ms. LAU Tuen-hung Teachers: SKH Li Fook Hing Secondary School

Mr. LEUNG Wing-kin

Po Leung Kuk Laws Foundation College

Mr. TSE Chun-hung

QESOSA Tong Kwok Wah Secondary School

Mr. WONG Wai-chung HKUGA Primary School

Ms. WU Fung-king

H.K. & Kowloon Kaifong Women's Association

Sun Fong Chung College

Ms. YU Nga-lai

Cognitio College (HK)

Co-opted Prof. LEUNG Yuen-sang

Members: The Chinese University of Hong Kong

Mr. LI Chung-hung

Savantas Liberal Arts Academy

Ex-officio Mr. LEE Ming-kin (from 12.4.2017)

Members: QA Sections, QASBSD, EDB

Mrs. CHOW Dik Suk-wan (from 1.9.2015 to

QA Sections, QASBSD, EDB 11.4.2017)

Mr. TSUI Lik-hong (from 1.9.2016)

Hong Kong Examinations and Assessment

Authority

Mr. TAM Lui-ming (from 1.9.2015 to

Hong Kong Examinations and Assessment 31.8.2016)

Authority

Secretary: Mr. KONG Siu-cheuk

# PSHE Section, CDI, EDB

### Membership of the Curriculum Development Council Committee on Personal, Social and Humanities Education (from 1 September 2017 to 31 August 2019)

Chairperson: Dr. WONG Chung-leung

Heung To Middle School

Vice- Mr. WONG Wang-fai

chairperson: PSHE Section, CDI, EDB

Mr. KONG Siu-cheuk (from 3.9.2018 to

(from 7.1.2019)

PSHE Section, CDI, EDB 6.1.2019)

Ms. CHAN Pik-wa, Gloria (from 1.9.2017 to

PSHE Section, CDI, EDB 2.9.2018)

Members from Dr. LAW Kam-yee

Tertiary The Education University of Hong Kong

Institutions:

Prof. MAK King-sang

Hong Kong Baptist University

Dr. PANG Ming-fai

The University of Hong Kong

Members from Mr. KWOK Kwong-fai

Related Baptist Oi Kwan Social Service

**Professional** 

Dr. LEE Hoey, Simon

Bodies: Basic Law Promotion Steering Committee

Member from Ms. LEE Suk-chau (from 3.9.2018)

Committee on Hong Chi Morninglight School, Yuen Long

Special Ms. KWOK Kam-lin (from 1.9.2017 to

Educational Evangelize China Fellowship Holy Word School 31.8.2018)

Needs:

School Heads: Ms. CHAN Shuk-man

Po Kok Secondary School

Dr. TAN Kang, John

Pun U Association Wah Yan Primary School

Mr. YIP Wai-yee

Buddhist Wong Wan Tin College

School Mr. FUNG Hon-yin

Teachers: Heung To Secondary School (Tseung Kwan O)

Miss HO Shuk-yee, Suky

Pentecostal School

Ms. MA Bik-man

HKTA The Yuen Yuen Institute No.3 Secondary

School

Ms. NG Wai-yin

Shatin Wai Dr. Catherine F. Woo Memorial

School

Ms. WU Fung-king

H.K. & Kowloon Kaifong Women's Association

Sun Fong Chung College

Mr. YIP Tin-chi

Fung Kai No.1 Secondary School

Co-opted Prof. LEUNG Yuen-sang

Members: The Chinese University of Hong Kong

Mr. LI Chung-hung

Savantas Liberal Arts Academy

Ex-officio Mr. LEE Ming-kin

Members: QA Sections, QASBSD, EDB

Mr. OR Chuen-san, Albert

Hong Kong Examinations and Assessment

Authority

Secretary:	Mr. CHAN Hong PSHE Section, CDI, EDB	(from 14.1.2019)
	Mr. TSE To-fun PSHE Section, CDI, EDB	(from 3.9.2018 to 13.1.2019)
	Mr. KONG Siu-cheuk	(from 1.9.2017 to
	PSHE Section, CDI, EDB	2.9.2018)

### Membership of the Curriculum Development Council Committee on Personal, Social and Humanities Education (from 1 September 2019 to 31 August 2021)

Chairperson: Ms. LEUNG Yvetta, Ruth

Queen's College

Vice- Mr. WONG Wang-fai

chairperson: PSHE Section, CDI, EDB

Members from Prof. LAU Chi-pang

Tertiary Lingnan University

**Institutions:** 

Dr. LAW Kam-yee

The Education University of Hong Kong

Prof. KWONG Che-leung, Charles
The Open University of Hong Kong

Members from Dr. CHENG Nga-yee, Irene

Related The Hong Kong Geographical Association

Professional

Bodies: Mr. LEUNG Pak-kin, Patrick

Breakthrough Ltd.

Member from Ms. LEE Suk-chau

Committee on Hong Chi Morninglight School

Special

Educational

Needs:

School Heads: Ms. CHAN Shuk-man

Po Kok Secondary School

Ms. LI Mei-sheung, Flora

Dr. Catherine F. Woo Memorial School

School Mr. FUNG Hon-yin

Teachers: St. Margaret's Co-educational English Secondary

and Primary School

Mr. LO Ka-hung

Ju Ching Chu Secondary School (Yuen Long)

Mr. LUK Chi-ho

HKMLC Queen Maud Secondary School

Ms. MA Bik-man

HKTA The Yuen Yuen Institute No.3 Secondary

School

Ms. NG Wai-yin

Shatin Wai Dr. Catherine F. Woo Memorial

School

Ms. WONG Akki

QESOSA Tong Kwok Wah Secondary School

Mr. YIP Tin-chi

Fung Kai No.1 Secondary School

Ex-officio Mr. LEE Ming-kin

Members: QA Sections, QASBSD, EDB

Mr. OR Chuen-san, Albert

Hong Kong Examinations and Assessment

Authority

Secretary: Mr. CHAN Hong

PSHE Section, CDI, EDB

### Membership of the Curriculum Development Council Committee on Personal, Social and Humanities Education (from 1 September 2021)

Chairperson: Ms. LEUNG Yvetta, Ruth

Queen's College

Vice- Mr. WONG Wang-fai

chairperson: PSHE Section, CDI, EDB

Members from Prof. LAU Chi-pang Tertiary Linguan University

**Institutions:** 

Dr. LAW Kam-yee

The Education University of Hong Kong

Prof. KWONG Che-leung, Charles Hong Kong Metropolitan University

Members from Dr. CHENG Nga-yee, Irene

Related The Hong Kong Geographical Association

Professional

Bodies: Mr. LEUNG Pak-kin, Patrick

Breakthrough Ltd.

Member from Mr. FUNG Kam-chan

Committee on The Mental Health Association of Hong Kong

Special Cornwall School

Educational

Needs:

School Heads: Ms. CHAN Shuk-man

Po Kok Secondary School

Mr. LAM Man-kit (from 1.9.2022)

TWGHs Chang Ming Thien College

Ms. LAM Shuk-fong

King's College Old Boys' Association Primary

School No.2

School Mr. FUNG Hon-yin

Teachers: Yan Chai Hospital Lim Por Yen Secondary School

Ms. HUI Shan-shan

Kowloon Women's Welfare Club Li Ping

Memorial School

Mr. LAM Man-kit (from 1.9.2021 to 31.8.2022)

TWGH Lui Yun Choy Memorial College

Mr. LO Ka-hung

Ju Ching Chu Secondary School (Yuen Long)

Mr. LUK Chi-ho

HKMLC Queen Maud Secondary School

Ms. WONG Akki (from 1.9.2021 to

QESOSA Tong Kwok Wah Secondary School 21.2.2023)

Mr. YIP Tin-chi

Fung Kai No.1 Secondary School

Ex-officio Mr. HON Siu-fung, Pablo (from 31.10.2022)

Members: QA Sections, QAD, EDB

Ms. NG Wing-yan, Emily (from 1.9.2021 to 30.10.2022)

QA Sections, QAD, EDB

Mr. OR Chuen-san, Albert

Hong Kong Examinations and Assessment

Authority

Secretary: Mr. CHAN Hong

PSHE Section, CDI, EDB

Annex 2

### Personal, Social and Humanities Education Key Learning Area: Religious Education Curriculum (Secondary 1-3) School Questionnaire Survey

#### **Purpose**

The purpose of this questionnaire is to collect schools' views on the implementation of the Religious Education curriculum. Schools operated by school sponsoring bodies with religious affiliation are required to fill in the questionnaire.

#### **Background**

Religious Education is a junior secondary curriculum in the Personal, Social and Humanities Education (PSHE) Key Learning Area (KLA). To align with the ongoing development and renewal of the school curriculum, the Curriculum Development Council Committee on Personal, Social and Humanities Education set up the "Ad Hoc Committee for Revising Religious Education (Secondary 1-3)" (the Ad Hoc Committee) to conduct a review of the existing Religious Education (Secondary 1-3) curriculum.

The Ad Hoc Committee, after considerable deliberation, submitted to the Curriculum Development Council (CDC) the "Religious Education Revised Curriculum Framework" and was accepted by the CDC in February 2023.

#### **Questionnaire and Curriculum Document**

This questionnaire and the attached "Religious Education (Secondary 1-3) Revised Curriculum Framework (Consultation Draft)" (Annex 1) can be downloaded from the following website of the PSHE Section, EDB:

http://www.edb.gov.hk/en/curriculum-development/kla/pshe/whats-new.html

#### **Completion of the Questionnaire**

Each faith school should return <u>ONE</u> completed questionnaire only. The school head or his/her representative (e.g. Vice-principal, Prefect of Studies, PSHE KLA Coordinator, subject panel head, etc.) is requested to complete the questionnaire.

#### **Deadline**

Schools should return the completed questionnaire by post to the following address on or before 18 May 2023:

Senior Curriculum Development Officer (PSHE)1 Personal, Social and Humanities Education Section, Curriculum Development Institute, Education Bureau Room 1319, 13/F, Wu Chung House, 213 Queen's Road East, Wanchai, Hong Kong

#### Overview of Revision of the Religious Education Curriculum (Secondary 1-3)

#### **Major Revisions**

- A common framework: "Learning about Religion" (9 topics) and "Learning from Religion" (21 topics) constitute a common framework, with each of the six religions contributing religious teachings to different topics in the common framework.
- A dual emphasis on "Learning about Religion" and "Learning from Religion": "Learning about Religion" refers to the systematic study of the basic components of religion while "Learning from Religion" explores the ultimate questions of individuals and society through a religious lens. This dual emphasis approach can highlight the guiding effect of religious teachings on the personal growth of students, and provide a non-material perspective for understanding personal and social topics.
- Whole-person development, practice and actions driven by positive values: The revised curriculum highlights the importance of establishing, reflecting on and practising values, as well as the importance of religious practice (such as meditation / prayer) and religious praxis (such as caring and service).
- Laying the foundation for a good life: The revised curriculum provides religious teachings and insights for exploring topics about life, including making moral judgments, questions on suffering, overcoming difficult times, seeing through wealth, questing for the meaning of life, understanding life and death, seeking the truth, making peace, etc., to enrich students' spiritual life and provide inspiration and guidance to students to pursue meaning in life.
- Strengthening the interface with the senior secondary curriculum of Ethics and Religious Studies: Topics on "understanding the world" through religious wisdom, including caring and justice, environmental protection, understanding media and the virtual world, etc., are added to strengthen the interface with the senior secondary curriculum of Ethics and Religious Studies.

A. "Learning about Religion"					
A1 How do people call this religion?					
A2 Whom does this religion worship?					
A3 Who are the important figures of this religion? What are their major deeds?					
A4 What are the key beliefs of this religion, such as core teachings and religious texts, etc.?					
A5 How do people call the followers of this religion? What are the major characteristics of this faith community,					
such as names, members, system, organisation and way of conversion?					
A6 What religious rules or principles do the believers uphold? How do they practise this religion?					
A7 What are the missions of this religion?					
A8 How is faith content expressed through art such as architecture, music, etc.?					
A9 How has this religion impacted human history and culture as well as the contemporary society?					

B. "Learning from Religion"										
Understanding Oneself	Understanding Others	Understanding the World	Understanding Happiness							
B1 Self-understanding	B7 Friendship	B10 Caring and Justice	B14 Moral Judgment							
B2 Self-confidence	B8 Intimate Relationship	B11 Environmental	B15 Questions on Suffering							
		Protection								
B3 Roles Affirmation	B9 Family	B12 Media Literacy	B16 Difficult Times							
B4 Beliefs Anchoring		B13 Virtuality and Reality	B17 Wealth							
B5 Values Clarification			B18 Meaning of Life							
B6 Becoming Autonomous			B19 Life and Death							
			B20 Truth							
			B21 Peace							

#### To: Senior Curriculum Development Officer (Personal, Social and Humanities Education)1

### Personal, Social and Humanities Education Key Learning Area: Religious Education Curriculum (Secondary 1-3) School Questionnaire Survey

# Before responding to the questions, please read the attached document "Religious Education (Secondary 1-3) Revised Curriculum Framework (Consultation Draft)" (Annex 1).

Please answer the following questions to express school views on the Religious Education revised curriculum (revised curriculum).

Please blacken the appropriate circle "O" and provide other opinions in the spaces provided.

			(SA=Str	rongly A	lgree; A	=Agree,
			D=Disc	· .	_	,
1.	The 1	revised curriculum aims at:	SA	$\boldsymbol{A}$	D	N
	a.	educating students about religion, religious traditions,	0	0	0	0
		religious lifestyles and representative religious figures;				
	b.	enabling students to understand, through their own				
		experience, others' and history, the influence of religion	0	0	0	0
		on how people perceive themselves and the world as well				
		as their values and cultures;				
	c.	educating students about how religion can lead to a	0	0	0	0
		healthy and positive life, and help to fulfil social and			Ü	J
		environmental responsibilities;				
	d.	guiding students to pursue a faith or spiritual way of	0	0	0	0
		living, and to seek answers to questions in life;				
	e.	developing students' respect for religion and different	•	_	_	•
		cultures and values.	0	0	0	0
2.	The 1	revised curriculum helps achieve its learning objectives in	SA	$\boldsymbol{A}$	D	N
	terms	s of:	0	0	0	0
	a.	knowledge	O	O	O	O
	b.	skills	0	0	0	0
	0.	SKIII.		0	0	0
	c.	values and attitudes	•	_	_	•
	d.	actions and practices	0	0	0	O

			D=Disc	igree; N	√=No Co	omment)		
3.	The c	dual emphasis on "Learning about Religion" and	SA	$\boldsymbol{A}$	D	N		
	"Lea	rning from Religion" in organising the revised curriculum						
	is con	nducive to achieving the following directions of						
	currio	culum development:						
	a.	highlighting the guiding effect of religious teachings on						
		the personal growth of students and providing a non-	0	0	0	0		
		material perspective for understanding personal and						
		social topics						
	b.	emphasising the establishment, reflection and practice	0	0	0	0		
		of positive values						
	c.	providing religious teachings and insights for exploring	0	0	0	$\circ$		
		topics about life and laying the foundation of a good life	O	O	O	O		
		topies about the and taying the foundation of a good me						
	d.	strengthening the interface with the Ethics and Religious	0	0	0	0		
		Studies curriculum at the senior secondary level						
4.	Wha	What difficulties does your school anticipate when implementing the revised curricul-						
	0	Nil						
	0	The school does not allocate sufficient lesson time to the o	curriculu	m				
	0	The school does not have enough teachers who possess s relevant to this curriculum	ubject m	atter k	nowled	lge		
	0	Teachers do not clearly understand the learning point curriculum	ts of ea	ch top	ic of t	the		
	0	Teachers do not clearly understand the depth and breadth o	of the cur	riculun	n conte	nts		
	0	There are not sufficient learning and teaching materials						
	0	Others (please specify):						
5.	Wha	at types of teacher training programmes are mostly needed	by teach	ers? (m	ay choo	ose		
	mor	re than one)						
	0	Curriculum interpretation						
	0	Assessment and feedback for learning						
	0	Learning and teaching strategies						
	0	Knowledge enrichment						

(SA=Strongly Agree; A=Agree;

	the revised curriculum organised by the EDB?								
	Number of teacher	r(s):							
7	T	ulai ala a Calla a Callauria a da	:	:	-£1-				
7.	• •	which of the following to	pics	are in greater need	or re	earning and teaching			
	resources? (may choose more than one)								
		A. "Learning	aho	ut Religion"					
0	A1 How do people o		abo	ut Itengion					
0	A2 Whom does this								
0	A3 Who are the imp	ortant figures of this religion	on? V	What are their major de	eds?				
0		beliefs of this religion, su							
0		call the followers of this rel							
		names, members, system,							
0	At What are the mis	ules or principles do the bessions of this religion?	neve	ers upnoia? How do the	ey pra	icuse unis rengion?			
0	A8 How is faith con	tent expressed through art	such	as architecture music	etc ?	)			
0	A9 How has this rela	igion impacted human history	orv a	and culture as well as the	ne cor	ntemporary society?			
		8							
		B. "Learning	froi	n Religion"					
	Understanding	Understanding Understanding	T	Understanding	Una	derstanding Happiness			
	Oneself	Others		the World		acistalianing riappiniosi			
0	B1 Self-understanding	O B7 Friendship	0	B10 Caring and	0	B14 Moral Judgment			
				Justice					
0	B2 Self-confidence	O B8 Intimate	0	B11 Environmental	0	B15 Questions on			
	B3 Roles Affirmation	Relationship O B9 Family	0	Protection B12 Media Literacy	0	Suffering B16 Difficult Times			
0	B4 Beliefs Anchoring	-	0	B13 Virtuality and	0	B17 Wealth			
	D4 Deficis / Michorning			Reality		B1/ Wealth			
0	B5 Values		1	<i>,</i>	0	B18 Meaning of Life			
	Clarification								
0	B6 Becoming				0	B19 Life and Death			
	Autonomous		-		0	B20 Truth			
						B20 Truin			
			+		0	B21 Peace			
						D211 cucc			
8.	Other opinions (if a	ny):							

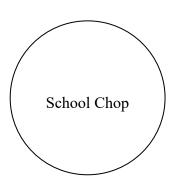
How many teachers in your school will attend the professional development programmes for

# [School Information]

The religion of the school's sponsoring body is:

Confucianism	Islam	Buddhism	Christianity (Catholic)	Christianity (Protestant, Anglican and others)	Taoism	
0	0	0	0	0	0	

Name of School		:	
Information of Respondent (if respondent is not the School	Name	:	
(t) respondent is not the school Principal)	Position	:	
Name of School Principal		:	
Signature of School Principal		:	
Date		:	



- The End ->>> Thank you for your opinions >>>