

EDUCATION BUREAU CIRCULAR MEMORANDUM No. 200/2022

From: Secretary for Education
Ref.: EDB(EPS/K1)/1-50/1
Date: 14 December 2022

To: Heads of government, aided, caput and
Direct Subsidy Scheme primary and
secondary schools
c.c. Heads of sections – for information

“Mental Health@School” Teacher Professional Network

Summary

This circular memorandum informs publicly funded primary and secondary schools about the “Mental Health@School” Teacher Professional Network, and invites nominations of suitable teachers from schools to join the network.

Background

2. The Education Bureau (EDB) has been encouraging schools to adopt the Whole School Approach directed at three levels, namely Universal, Selective and Indicated, to promote mental health among students and strengthen support for students with mental health needs. From the 2017/18 to 2020/21 school years, the EDB provided primary and secondary school teachers with about 2 300 training places under the “Professional Development Programme for Mental Health”, which included 3-day elementary training for teachers at large and 5-day in-depth training for designated teachers, with a view to raising their awareness of student mental health and enhancing their professional knowledge and skills for identifying and supporting students with mental health needs. From the 2021/22 school year onwards, the EDB has organised a 60-hour thematic course on “Focusing on Students with Mental Illness” on a regular basis, providing about 200 training places per year for designated teachers to equip them with gatekeeping skills in identifying and supporting students with mental health needs. At present, most schools have one or more teachers who has/ have completed the above 3-day, 5-day or 60-hour training programme.

3. Starting from the 2022/23 school year, we will set up the “Mental Health@School” Teacher Professional Network (the Network) with the aim of providing a resource sharing platform to facilitate teachers’ exchanges and schools’ access to the latest information and community resources for promotion of student mental health, thereby helping create a caring school atmosphere and providing a stronger safety net for students in need.

Details

4. Each school is required to nominate one teacher to join the Network and serve as a bridge between the school and the EDB in promoting student mental health. The EDB will invite teachers joining the Network to attend online seminars (about two to three two-hour sessions per school year) and disseminate the latest information on promotion of student mental health to them through emails. When nominating teachers, schools are advised to give priority to teachers who are incumbent members of the school guidance team and have completed the above 3-day, 5-day or 60-hour training programme. The first online seminar of the Network this school year will be scheduled for 13 January 2023 (Friday). The rundown of the online seminar is at **Annex 1**. All nominated teachers are expected to attend the first online seminar.

5. Schools are requested to complete the nomination form at **Annex 2**, submit the information of the nominated teacher online via the QR Code on the form, and return the completed form at Annex 2 to the Educational Psychology Service (Kowloon 1) Section **by fax on or before 5 January 2023**. We will send an email notice for attending the online seminar to the nominated teacher direct as soon as possible. In case of staff turnover in future, schools may contact the Educational Psychology Service (Kowloon 1) Section and submit a new nomination.

Enquiry

6. For enquiries, please contact Ms Mandy YEUNG of the Educational Psychology Service (Kowloon 1) Section on 3698 4311.

Ms Y Y SO
for Secretary for Education

Annex 1: “Mental Health@School” Teacher Professional Network – First Online Seminar (2022/23 School Year)

Annex 2: “Mental Health@School” Teacher Professional Network – Nomination form (2022/23 School Year)

**“Mental Health@School” Teacher Professional Network
First Online Seminar (2022/23 School Year)**

(1) Details

Date:	13 January 2023 (Friday)
Time:	2:30 p.m. – 4:30 p.m.
Mode:	Real-time online via Zoom (Login details and relevant information will be sent to participants by email two days before the seminar)
Target participants:	Primary and secondary school teachers of the “Mental Health@School” Teacher Professional Network
Enrolment method:	Please refer to Annex 2
Quota per school:	1
Enrolment deadline:	5 January 2023 (Thursday)

(2) Rundown

Time	Content	Speaker
2:15 – 2:30	Log in and Registration	
2:30 – 2:50	Introduction to the “Mental Health@School” Teacher Professional Network	Educational Psychology Service (Kowloon 1) Section, EDB
	Latest resources of the EDB for promoting student mental health	
2:50 – 4:20	Introduction and promotion of the projects on mental health of children and adolescents	Representatives of the Hong Kong Jockey Club Charities Trust
	Details of projects and Promotion of resources (1) Jockey Club Project Well-being (2) Jockey Club School Mindfulness Project (3) LevelMind@JC (4) “Open Up” Online Emotional Support Platform	Project Representatives
4:20 – 4:30	Q & A session	

To: Educational Psychology Service (Kowloon 1) Section, Education Bureau
 (Attn: Ms Jennifer TANG)
 Enquiry Tel: 3698 4307 Fax: 2715 8056


**“Mental Health@School” Teacher Professional Network
 Nomination Form (2022/23 School Year)**

(Please put a “✓” in the boxes below upon completion of the two forms
 and reply by fax on or before 5 January 2023)

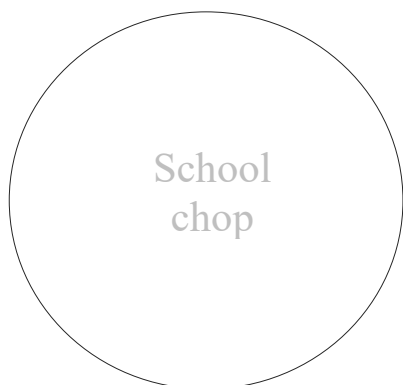
- We hereby nominate the following teacher to join the “Mental Health@School” Teacher Professional Network:

Full name of teacher in Chinese:	
Full name of teacher in English:	
Personal email address (Teacher will receive information directly via this email address):	

- We have submitted information of the above teacher via the online form below, and will arrange the teacher to attend the first online seminar on 13 January 2023.

Online nomination form: https://forms.office.com/r/wEnkwDpYYC	
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Remarks: If the teacher concerned has not received the login details of the online seminar by email on or after 11 January 2023, please contact Ms Jennifer TANG of the Educational Psychology Service (Kowloon 1) Section on 3698 4307.



Signature of principal : _____
 Name of principal : _____
 Name of school : _____
 Telephone number : _____
 Fax number : _____
 Date : _____