

EDUCATION BUREAU CIRCULAR MEMORANDUM NO. 89/2023

From : Secretary for Education

To : Heads of Primary and Secondary Schools

Ref. : EDB(CD)/ADM/50/1/2(41)

Date : 1 June 2023

**Curriculum Development Institute
Application for Participation in Student Educational Activities and Events
(June 2023)**

(Note: This circular memorandum should be read by heads of all primary and secondary schools)

Summary

The purpose of this circular memorandum is to invite primary and secondary schools to participate in the coming educational activities and events organised, co-organised or announced by Curriculum Development Institute, Education Bureau (EDB). When arranging learning activities and relevant learning and teaching resources for students (including printed and electronic library collections and other reading and curriculum materials for students), schools should ensure that the activities are in line with the learning goals and curriculum objectives, the learning needs of students are catered for, and the safety of students and teachers are taken into account. Please refer to the relevant circulars and guidelines issued by the EDB for the points to note in arranging activities. In addition, the content and quality of the learning and teaching resources of individual Key Learning Areas (KLAs) and cross-curricular subjects in the school should be regularly reviewed in order to ensure that the content and information contained in learning and teaching resources are accurate, complete, objective and impartial, and emphasise the development of proper values, positive attitudes, and appropriate behaviours among students.

Details

2. The educational activities and events are-

a) For primary schools:

	<i>Key Learning Area/ Subject/ Cross Key Learning Areas</i>	<i>Title</i>	<i>For the attention /action of</i>	<i>Remarks</i>	<i>Annex</i>
i)	Values Education	WWF-Hong Kong One Planet Schools Programme (2023/24 School Year)	School Heads, Moral, Civic and National Education/General Studies/ Extra-curricular Activities Co-ordinators and Teachers	The fee for Mai Po Wetland Primary School Education Programme is paid by the Education Bureau and the closing date for the first round of application: 30 June 2023 (Friday)	1

	<i>Key Learning Area/ Subject/ Cross Key Learning Areas</i>	<i>Title</i>	<i>For the attention /action of</i>	<i>Remarks</i>	<i>Annex</i>
ii)	Arts Education / Music	GalaMusica • School Creative Works 2024	School Heads and Music Teachers	Application Deadline: 15 September 2023 (Friday)	2
iii)	Arts Education/ Visual Arts	Stories of the Hong Kong Palace Museum Treasures – Picture Book Creating Competition Exhibition of Awarded Entries	School Heads, Visual Arts Teachers and Chinese Language Teachers	Exhibition Date: 7 July 2023 (Friday)	3
iv)	General Studies	Visit to Geospatial Lab cum Workshop	School Heads, General Studies Panel Chairpersons and Teachers	Visiting period between September 2023 and June 2024	8
v)	Science Education	“Chemical Safety Database App” Icon and Social Media Graphic Design Competition 2023	School Heads, Panel Chairpersons and Teachers of General Studies	Deadline for Submission of entries: 9 June 2023 (Friday)	9
vi)	Physical Education	The 59th Schools Dance Festival Series - Dance Fun Day 2023	School Heads and Teachers-in-charge of Dancing Activities	Application Deadline: 9 June 2023 (Friday)	11
vii)	Physical Education	“Active Students, Active People” Campaign - Exciting Asian Games – Vitality Fitness Walking / Running / Skipping Challenge cum MVPA60 Award Scheme	School Heads, Physical Education Panel Chairpersons and Teachers	Application Deadline: 21 June 2023 (Wednesday)	12

b) For secondary schools:

	<i>Key Learning Area/ Subject/ Cross Key Learning Areas</i>	<i>Title</i>	<i>For the attention /action of</i>	<i>Remarks</i>	<i>Annex</i>
i)	Values Education	WWF-Hong Kong One Planet Schools Programme (2023/24 School Year)	School Heads, Moral, Civic and National Education/ Personal, Social and Humanities Education Key Learning Area/ Science Education Key Learning Area/ Citizenship and Social Development /Extra-curricular Activities Co-ordinators and Teachers	The fee for Mai Po Wetland Secondary School Education Programme is paid by the Education Bureau and the closing date for the first round of application: 30 June 2023 (Friday)	1
ii)	Arts Education / Music	GalaMusica • School Creative Works 2024	School Heads and Music Teachers	Application Deadline: 15 September 2023 (Friday)	2
iii)	Arts Education/ Visual Arts	From the Hong Kong Palace Museum to STEAM Education – “Ignite the Passion for the HKPM” Lighting Design Competition Exhibition of Awarded Entries	School Heads, Visual Arts Teachers, STEAM Education Co-ordinators and Teachers	Exhibition Date: 7 July 2023 (Friday)	4
iv)	Life-wide Learning / Values Education	ICAC ‘iTeen Programme for Secondary Schools’ (2023/24 School Year)	School Heads, Life-wide Learning / Extra-curricular Activities / Moral, Civic and National Education Co-ordinators and Teachers	Application Deadline: 19 June 2023 (Monday)	5
v)	Gifted Education	International Junior Science Olympiad 2024 – Hong Kong Screening	Co-ordinators and teachers of Science Education Key Learning Area, teachers responsible for school-based Gifted Education	Please refer to the website of the Hong Kong Academy for Gifted Education	6

	<i>Key Learning Area/ Subject/ Cross Key Learning Areas</i>	<i>Title</i>	<i>For the attention /action of</i>	<i>Remarks</i>	<i>Annex</i>
vi)	Applied Learning	Applied Learning Virtual Exhibition 2023	School Heads and Teachers in charge of Applied Learning	Exhibition period: From May 2023 to May 2024	7
vii)	Personal, Social and Humanities Education / Geography	Visit to Geospatial Lab cum Workshop	School Heads, Geography Panel Chairpersons and Teachers	Visiting period between September 2023 and June 2024	8
viii)	Science Education	“Chemical Safety Database App” Icon and Social Media Graphic Design Competition 2023	School Heads, Science Education Key Learning Area Co-ordinators and Teachers	Deadline for submission of entries: 9 June 2023 (Friday)	9
ix)	Science, Technology and Mathematics Education	The HKLF Science Explorer Award Scheme 2023/2024 for Secondary Students	School Heads, STEAM Co-ordinators, Science, Technology and Mathematics Education Key Learning Area Co-ordinators, Panel Chairpersons and Teachers	-	10
x)	Physical Education	The 59th Schools Dance Festival Series - Dance Fun Day 2023	School Heads and Teachers-in-charge of Dancing Activities	Application Deadline: 9 June 2023 (Friday)	11
xi)	Physical Education	“Active Students, Active People” Campaign - Exciting Asian Games – Vitality Fitness Walking / Running / Skipping Challenge cum MVPA60 Award Scheme	School Heads, Physical Education Panel Chairpersons and Teachers	Application Deadline: 21 June 2023 (Wednesday)	12

3. Details and Application Forms of the above activities and events are stipulated in the respective Annexes.

4. In addition, the EDB has created the **e-Gallery** website. It not only showcases Hong Kong students' learning achievements in different learning areas and celebrates their outstanding performance in whole-person development, but also provides information on a range of students' learning activities for schools' reference. For details, please visit <https://e-gallery.edb.edcity.hk/en/home/>.



5. The EDB continuously uploads and updates National Education-related teachers' professional development programme, students' activities, learning and teaching resources and examples for "National Education—Event Planning Calendar", etc. on "National Education One-stop Portal". Please visit <http://www.edb.gov.hk/en/neosp> to obtain latest information. Key dates in June and July include "the third Anniversary of the Promulgation of the Hong Kong National Security Law" on 30 June, "HKSAR Establishment Day" and "The 102nd Anniversary of the Founding of the Communist Party of China" on 1 July, and "July 7 Incident Memorial Day" on 7 July. In order to promote national education, schools should arrange teaching of related subjects and appropriate school-based national education learning activities outside the classroom, such as introducing the Hong Kong National Security Law, conducting talks and project learning activities, arranging the raising of the national flag, and the playing and singing of the national anthem, engaging students in sharing film review on patriotic films, organising related memorial or celebratory activities and thematic book exhibitions in the school library, by adopting the approaches of "diversified strategies, mutual coordination, natural connection, organic integration, learning within and beyond the classroom and whole-school participation", to deepen students' understanding of the major historical events of our country, and to help them grasp accurately the constitutional order established by the principle of "One Country, Two Systems", the Constitution and the Basic Law.



Enquiry

6. In view of the latest development of the Coronavirus Disease 2019 (COVID-19) infection, details of the activities are subject to changes. For enquiries, please contact the respective **contact person** as listed in the respective Annexes.

Ms Yvonne SH LAM
for Secretary for Education

c.c. Heads of Sections – for information

WWF-Hong Kong One Planet Schools Programme (2023/24 School Year)

Aims / Objectives

The aims of the captioned Programme are to enhance primary and secondary students' knowledge and awareness of the natural environment, facilitate their understanding of the importance of environmental protection, and develop their generic skills as well as proper values and positive attitudes so as to enable them to become responsible citizens. The Programme can be incorporated into the curricula of different subjects and can support STEAM education. Students' learning experiences can thus be broadened.

Details

2. WWF is one of the world's leading conservation organisations. The "One Planet Schools Programme" aims to help achieve the United Nations Sustainable Development Goals (SDGs) by instilling lifelong values and attitudes in students regarding "sustainability" and "sustainable lifestyles".

3. For details about the One Planet Schools Programme in the 2023/24 school year, please refer to the following appendices:

<u>Appendix 1a</u>	Summary of the Primary School Education Programme and Curriculum Framework
<u>Appendix 1b</u>	Summary of the Secondary School Education Programme and Curriculum Framework
<u>Appendices 1c-1h</u>	Information sheets of the Mai Po, Hoi Ha Wan & Tai Po Island House Education Programmes

4. Interested schools may visit the Programme website (<https://www.wwf.org.hk/en/education/schools/>) to make online applications. All applications will be processed on a **first-come, first-served** basis. The fees for the Mai Po Primary and Secondary School Education Programmes will be paid by the Education Bureau and the closing date for the 1st round of application is **30 June 2023 (Friday)**.



Contact Person

5. For enquiries, please contact WWF-Hong Kong Education Department by phone at 2526 1011 (press 5 after selecting language) or email at schoolvisit@wwf.org.hk.



Summary of WWF Primary School Education Programmes and Curriculum Framework

			Cross Key Learning Areas - General Studies Strand			
Study level	Topic	Venue	People and Environment	Science and Technology in Everyday Life	Community and Citizenship	Global Understanding
P.1 to P.3	Fish Adventure	Hoi Ha Wan Marine Park	✓			✓
	Nature Artists	Island House Conservation Studies Centre	✓		✓	✓
P.4 to P.6	Wetland Detective	Mai Po Nature Reserve	✓			✓
	Story of Bird		✓		✓	✓
	Mini-World of Mai Po		✓	✓		
	Hoi Ha Detective	Hoi Ha Wan Marine Park	✓	✓		✓
	Green Kid Union	Island House Conservation Studies Centre	✓		✓	

Remarks: “✓” Programme linkage to the curriculum

All Primary School Education Programmes support schools in implementing **moral, civic and national education, project learning and life-wide learning.



Summary of WWF Secondary School Education Programmes and Curriculum Framework

Study level	Topic	Venue	Related modules / topics in relevant curriculum											
			For S.1 to S.3				For S.1 to S.6				For S.4 to S.6			
			Science				Geography				Biology		Integrated Science	Citizenship and Social Development
			Introducing Science	Looking at Living Things	Living Things and Air	From Atoms to Materials	Changing Climate	Oceans in Trouble	Building a Sustainable City	Global Warming	Organisms and Environment	Applied Ecology	Balance in Nature	Sustainable Development
S.1 to S.6	Wetland Encounter	Mai Po Nature Reserve		✓	✓									✓
	Wetland Reserve Officer			✓								✓	✓	✓
	Oceanographer	Hoi Ha Wan Marine Park	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓
	Undiscovered Truth	Island House Conservation Studies Centre		✓		✓		✓	✓		✓	✓	✓	✓
S.4 to S.6	Mangrove Ecology	Mai Po Nature Reserve									✓	✓	✓	✓
	Wetland Ecologist										✓	✓	✓	✓
	Metropolis@ Deep Bay								✓			✓	✓	✓
	Coastal Ecologist	Hoi Ha Wan Marine Park							✓		✓	✓	✓	✓
	Sustainable City @ Tai Po	Island House Conservation Studies Centre							✓			✓	✓	✓

Remarks: “✓” Programme linkage to the curriculum

All Secondary School Education Programmes support schools in implementing **moral, civic and national education, project learning and life-wide learning. Some topics can be conducted as grade-based activity to support **other learning experiences (OLE)**.



MAI PO NATURE RESERVE, WETLAND, EXPLORE.

PRIMARY SCHOOL EDUCATION PROGRAMME

WWF has developed THREE PROGRAMME OPTIONS of outdoor learning experience for teachers to select according to their teaching needs:

- Wetland Detective
- Story of Bird
- Mini-World of Mai Po

*Above programmes are **free of charge**, and the costs are covered by the Education Bureau

Located in the northwest corner of Hong Kong, the Reserve lies at the heart of Hong Kong's only internationally designated wetland. Come and learn Mai Po Nature Reserve to explore more about our wetlands.

Outdoor Activities

- Sensory and interactive activities
- Bird watching
- Insect observation

Learning Objectives

- Appreciate the natural beauty of wetland environment
- Realize the importance and values of wetlands to wildlife and humans

Blended Learning Journey

Pre-activity
Introduction
video or virtual
tour (optional)



**Outdoor
Learning
Experience**
3 Topics



Post-activity
Online follow-up
activity (optional)

Online
Booking
and
Enquires



Book Online:

<https://www.wwf.org.hk/en/education/schools/primaryprog/>

Telephone: 2526-1011 (Choose 2 for English, then press 5)

Email: schoolvisit@wwf.org.hk



MAI PO NATURE RESERVE, WETLAND, EXPLORE.

SECONDARY SCHOOL EDUCATION PROGRAMME

WWF has developed FIVE PROGRAMME OPTIONS of outdoor learning experience for teachers to select according to their teaching needs:

- Mangrove Ecology
- Metropolis@ Deep Bay
- Wetland Ecologist
- Wetland Encounter
- Wetland Reserve Officer

*Above programmes are **free of charge**, and the costs are covered by the Education Bureau

Located in the northwest corner of Hong Kong, the Reserve lies at the heart of Hong Kong's only internationally designated wetland. Come and learn Mai Po Nature Reserve to explore more about our wetlands.

Outdoor Activities

- Bird watching
- Experience field works
- Conduct ecological surveys
- Investigate local wildlife species
- Discuss the importance of land use planning in Hong Kong from the views of different stakeholders

Learning Objectives

- Understand the concepts and importance of integrated and proactive wetland conservation
- Learn about field study techniques
- Investigate adaptation features of wildlife
- Understand the importance of land use planning

**Blended
Learning
Journey**

Pre-activity
Introduction
video or virtual
tour (optional)



**Outdoor
Learning
Experience**
3 Topics



Post-activity
Online follow-up
activity (optional)

**Online
Booking
and
Enquires**



Book Online:

<https://www.wwf.org.hk/en/education/schools/secondaryprog/>

Telephone: 2526-1011 (Choose 2 for English, then press 5)

Email: schoolvisit@wwf.org.hk



HOI HA WAN, OCEAN, DISCOVER.

PRIMARY SCHOOL EDUCATION PROGRAMME

WWF has developed TWO PROGRAMME OPTIONS of outdoor learning experience for teachers to select according to their teaching needs:

- Fish Adventure
- Hoi Ha Detective

Come and visit our Asia's first "classroom on the sea" in Hoi Ha Wan to discover our priceless marine resources through real-life learning.

Outdoor Activities

- Glass-bottomed boat coral observation trip
- Hands-on beach exploration
- Sensory activities

Learning Objectives

- Appreciate the natural beauty of marine environment
- Explore the characteristics of different marine lives
- Develop positive attitudes on adopting sustainable lifestyle

**Blended
Learning
Journey**

Pre-activity
Introduction
video



**Outdoor
Learning
Experience**
2 Topics



Post-activity
Online follow-up
activity (optional)

**Online
Booking
and
Enquires**



Book Online:

<https://www.wwf.org.hk/en/education/schools/primaryprog/>

Telephone: 2526-1011 (Choose 2 for English, then press 5)

Email: schoolvisit@wwf.org.hk



HOI HA WAN, OCEAN, DISCOVER.

SECONDARY SCHOOL EDUCATION PROGRAMME

WWF has developed TWO PROGRAMME OPTIONS of outdoor learning experience for teachers to select according to their teaching needs:

- Oceanographer
- Coastal Ecologist

Come and visit our Asia's first "classroom on the sea" in Hoi Ha Wan to discover our priceless marine resources through real-life learning.

Outdoor Activities

- Glass-bottomed boat coral observation trip
- Study the features of seawater
- Onsite study at rocky shore, sandy shore and mangroves

Learning Objectives

- Appreciate the natural beauty of marine environment
- Understand the relationships between environment and wildlife
- Wise use of marine resources
- Learn about field study techniques

**Blended
Learning
Journey**

Pre-activity
Introduction
video



**Outdoor
Learning
Experience**
2 Topics



Post-activity
Online follow-up
activity (optional)

**Online
Booking
and
Enquires**



Book Online:

<https://www.wwf.org.hk/en/education/schools/secondaryprog/>

Telephone: 2526-1011 (Choose 2 for English, then press 5)

Email: schoolvisit@wwf.org.hk



ISLAND HOUSE, SUSTAINABILITY, CHANGE.

PRIMARY SCHOOL EDUCATION PROGRAMME

WWF has developed TWO PROGRAMME OPTIONS of outdoor learning experience for teachers to select according to their teaching needs:

- Nature Artist
- Green Kid Union

To change the way we live, there are many ways. At Island House, Tai Po, you will be able to learn more about our planet's biodiversity and how to live sustainably.

Outdoor Activities

- Plant observation
- Art in nature
- Sustainable lifestyle game

Learning Objectives

- Appreciate the beauty of natural environment
- Learn about local wildlife
- Encourage students to live a sustainable lifestyle in daily life

**Blended
Learning
Journey**

Pre-activity
Introduction
video



**Outdoor
Learning
Experience**
2 Topics



Post-activity
Online follow-up
activity (optional)

**Online
Booking
and
Enquires**



Book Online:

<https://www.wwf.org.hk/en/education/schools/primaryprog/>

Telephone: 2526-1011 (Choose 2 for English, then press 5)

Email: schoolvisit@wwf.org.hk



ISLAND HOUSE, SUSTAINABILITY, CHANGE.

SECONDARY SCHOOL EDUCATION PROGRAMME

WWF has developed TWO PROGRAMME OPTIONS of outdoor learning experience for teachers to select according to their teaching needs:

- Sustainable City@Tai Po
- Undiscovered Truth

To change the way we live, there are many ways. At Island House, Tai Po, you will be able to learn more about our planet's biodiversity and how to live sustainably.

Outdoor Activities

- Onsite field trip
- Group discussion on building a sustainable city
- Marine litter survey

Learning Objectives

- Understand the conflict between environmental conservation and urban development
- Understand the importance of building a sustainable city
- Realize the marine litter issue

**Blended
Learning
Journey**

Pre-activity
Introduction
video



**Outdoor
Learning
Experience**
2 Topics



Post-activity
Online follow-up
activity (optional)

**Online
Booking
and
Enquires**



Book Online:

<https://www.wwf.org.hk/en/education/schools/secondaryprog/>

Telephone: 2526-1011 (Choose 2 for English, then press 5)

Email: schoolvisit@wwf.org.hk

GalaMusica • School Creative Works 2024

Aims / Objectives

This is to invite primary and secondary schools to participate in the captioned activity.

Details

2. The GalaMusica • School Creative Works 2024 aims to encourage students to express their ideas through original music with multimedia support. The above activity is jointly presented by the Arts Education Section of the Education Bureau and the Hong Kong Composers' Guild, and sponsored by the Composers and Authors Society of Hong Kong and the Leisure and Cultural Services Department.

3. For details and application form, please visit the Arts Education Key Learning Area's website: <https://www.edb.gov.hk/en/galamusica>, or scan the QR code on the right.



4. Interested schools should complete the application form and return it by fax (Fax. no.: 2336 8510) **on or before 15 September 2023 (Friday)**. Schools will be informed of their application results by 29 September 2023 (Friday).

Contact Person

5. For enquiries, please contact Ms LAM Ka-yan, Rebecca on 3698 3533 or Ms CHAK Yuk-yin, Charmaine on 3698 3532 of the Arts Education Section, Curriculum Development Institute, Education Bureau.

Stories of the Hong Kong Palace Museum Treasures – Picture Book Creating Competition Exhibition of Awarded Entries

Aims / Objectives

This is to invite primary schools to visit the captioned exhibition.

Details

2. The exhibition is co-organised by the Arts Education (AE) Section of the Curriculum Development Institute (CDI), the Education Bureau (EDB) and the Hong Kong Palace Museum (HKPM). It aims to showcase primary students' accomplishment in aesthetics, creativity, as well as positive values and attitudes of inheriting traditional Chinese culture by appreciating the traditional Chinese treasures of the HKPM, and applying knowledge and skills of the visual arts and language to create picture books; and enable students and teachers to learn from each other.

3. Details of the exhibition are as follows:

Date	7 July 2023 (Friday)
Time	10:00 a.m. to 5:00 p.m.
Venue	Magnus Hall, Hong Kong Palace Museum (<u>non-ticket area</u>) LG/F, 8 Museum Drive, West Kowloon Cultural District, Kowloon

4. Awarded entries will be displayed on the “e-Gallery” of CDI and the AE Key Learning Area (KLA) website. For details of the exhibition, please visit the AE KLA website.



www.edb.gov.hk/en/e-gallery



www.edb.gov.hk/en/arts/picbook

Contact Person

5. For enquiries, please contact Ms CHEUNG Sze-wing of the Arts Education Section, Curriculum Development Institute, Education Bureau at 3698 3540.

From the Hong Kong Palace Museum to STEAM Education – “Ignite the Passion for the HKPM” Lighting Design Competition Exhibition of Awarded Entries

Aims / Objectives

This is to invite secondary schools to visit the captioned exhibition.

Details

2. The exhibition is co-organised by the Arts Education (AE) Section of the Curriculum Development Institute (CDI), the Education Bureau (EDB) and the Hong Kong Palace Museum (HKPM). It aims to showcase secondary students’ accomplishment in aesthetics, creativity, interest in learning STEAM education related areas, as well as positive values and attitudes of inheriting traditional Chinese culture by appreciating the traditional Chinese treasures of the HKPM, and integrating and applying knowledge and skills of STEAM education to lighting design; and enable students and teachers to learn from each other.

3. Details of the exhibition are as follows:

Date	7 July 2023 (Friday)
Time	10:00 a.m. to 5:00 p.m.
Venue	Magnus Hall, Hong Kong Palace Museum (non-ticket area) LG/F, 8 Museum Drive, West Kowloon Cultural District, Kowloon

4. Awarded entries will be displayed on the “e-Gallery” of CDI and the AE Key Learning Area (KLA) website. For details of the exhibition, please visit the AE KLA website.



www.edb.gov.hk/en/e-gallery



www.edb.gov.hk/en/arts/lightingdesign

Contact Person

5. For enquiries, please contact Ms CHEUNG Sze-wing of the Arts Education Section, Curriculum Development Institute, Education Bureau at 3698 3540.

Independent Commission Against Corruption iTeen Programme for Secondary Schools (2023/24 School Year)

Aims / Objectives

This is to invite secondary schools to participate in the captioned programme.

Details

2. The Independent Commission Against Corruption (ICAC) invites all secondary schools to participate in the 'iTeen Programme for Secondary Schools' (2023/24 School Year) which aims at nurturing students' positive values and attitudes (such as integrity, probity, law abidingness), enriching their learning experiences, as well as fostering their whole-person development through participating in different moral education activities. The EDB is the supporting organisation of the programme.

3. Details of the component activities are as follows:

Name of Activity	Content	Remarks
iTeen Interactive Drama	<ul style="list-style-type: none"> The ICAC will arrange a professional drama troupe to perform interactive plays to educate students against the evils of corruption, explore with them how to handle challenges to personal integrity, as well as to enhance their law-abiding awareness and respect for the rule of law. 	<ul style="list-style-type: none"> The performance will be conducted in Cantonese.
'iTeen Integrity Journey' - Visit to the ICAC	<ul style="list-style-type: none"> Students will visit the Exhibition Hall in the ICAC Building and attend a talk during which ICAC officers will introduce to them the anti-corruption legislations, the landmark corruption cases, the work and entry requirements of different ICAC departments, etc. ICAC Investigators will be invited to share their work experience with students in most sessions. 	<ul style="list-style-type: none"> Please refer to Appendix 5a for the visit dates.
iTeen Leadership Programme for Senior Secondary School Students	<ul style="list-style-type: none"> In support of 'Other Learning Experiences' (OLE) under the Senior Secondary Curriculum, the programme recruits Secondary 4 students or above to be iTeen Leaders, who will receive leadership training, to assist teachers in organising probity promotion activities in schools to disseminate integrity messages. Active iTeen Leaders will be awarded certificates of merits and may be nominated to join a variety of leadership training activities organised by the ICAC with job tasting opportunities. 	<ul style="list-style-type: none"> For details of the programme, please refer to Appendix 5b.

4. Invitation letters for the above activities were sent to schools by the ICAC in May 2023. Interested schools please fill in the reply slip at [Appendix 5c](#) and send it to the ICAC (Fax no.: 2530 1573) **on or before 19 June 2023 (Monday)**.

Contact Person

5. For enquiries, please contact the Youth and Moral Education Office, Community Relations Department, ICAC at 2826 3374.

**‘iTeen Integrity Journey’ - Visit to the ICAC
(2023/24 School Year)**

Schools may arrange students to visit the Exhibition Hall in the ICAC Building at North Point on the following dates*. Each visit session (around 1 hour 30 minutes) can accommodate a maximum of **160 students***.

Dates			Suggested Visit Time
March 2024	18 March	(Monday)	Afternoon Session: 14:30-16:00
	19 March	(Tuesday)	
April 2024	17 April	(Wednesday)	
	18 April	(Thursday)	
June 2024	25 June	(Tuesday)	Morning Session: 10:30-12:00 <u>OR</u> Afternoon Session: 14:30-16:00
	26 June	(Wednesday)	
	27 June	(Thursday)	
July 2024	2 July	(Tuesday)	
	3 July	(Wednesday)	
	4 July	(Thursday)	
	8 July	(Monday)	
	9 July	(Tuesday)	

**The ICAC will try to accommodate the special request of individual schools, if any, on a case-by-case basis.*



iTeen Leadership Programme for Senior Secondary School Students (2023/24 School Year)



Objectives

- To recruit senior secondary students to become iTeen Leaders and enhance their understanding on the work of the ICAC and awareness of the evils of corruption, as well as nurture their positive values through training and organising activities at schools.
- To engage iTeen Leaders in assisting teachers in organising probity promotion activities and disseminating integrity messages to their fellow schoolmates.
- To support the Senior Secondary Curriculum in enriching students' 'Other Learning Experiences' and fostering their whole-person development through organising various activities.

Schedule

2023

May – Jun

School Application



Early Oct

Submission of the name list of iTeen Leaders and details of the proposed activities by schools



Nov – Dec

Input Session and training workshops for iTeen Leaders



2024



Jan – Apr

iTeen Leaders assisting teachers in organising probity promotion activities at schools



May – Jul

Submission of Activities Records by schools



Jul – Aug

Leadership Training Activities



Aug

Award of Certificates to iTeen Leaders

(Schools may also arrange activities in other months flexibly)

(with job tasting opportunities for iTeen Leaders)



Watch
Video Now!

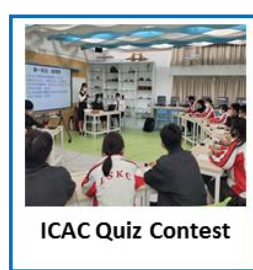
<https://me.icac.hk/new/5538/#/en/Introduction/iTeenLeaders>



iTeen Leadership Programme for Senior Secondary School Students (2023/24 School Year)

Suggested Activities

- Each participating school is required to organise at least one probity promotion activity and iTeen Leaders will be responsible for assisting teachers in promotion and implementation of the activities:



- Schools may organise other forms of activities to tie in with their school plans and areas of concerns of the year, or make reference to the ICAC's '**Activities Manual for Teachers**' for more suggestions. The ICAC will provide resources (e.g. souvenirs, videos, exhibits, etc.) to support schools in organising different activities.

Awards

- Certificates of participation / awards will be issued to schools and iTeen Leaders according to the number of activities organised and activities records / reports submitted to the ICAC:

	No. of Activities Organised	Activities Records / Reports Submitted by Schools
Gold Award*	3 or more	<ul style="list-style-type: none"> Activities Record PowerPoint Report (including a brief description of the activities, effectiveness, students' reflection, photos and/or video clips, etc.)
Silver Award	3 or more	<ul style="list-style-type: none"> Activities Record At least 1 photo
Bronze Award	2 or more	<ul style="list-style-type: none"> Activities Record
Certificate of Participation	1	<ul style="list-style-type: none"> Activities Record

***School(s) with the greatest number of activities organised / the highest student participation rate in the activities will be awarded the 'Best Partner Award'.**

***iTeen Leaders getting the Gold Award may have the priority to join a variety of leadership training activities organised by the ICAC.**

(If the number of eligible students exceeds the maximum capacity, a draw will be conducted by the ICAC to allocate the limited places.)



'Activities Manual for Teachers'

<https://me.icac.hk/new/5538/#/en/ActivitiesManual/SuggestedActivities>

To: Youth and Moral Education Office,
Community Relations Department, ICAC (Fax No.: 2530 1573)

iTeen Programme for Secondary Schools (2023/24 School Year)

Reply Slip

(Please return to the ICAC **on or before 19 June 2023 (Mon)**)

School Name : _____ (Eng) _____ (Chi)
 School Address : _____
 Name of Principal : _____ Name of Teacher-in-charge: (Mobile: _____)
 Telephone No. : _____ Fax No.: _____ Email: _____

Our school would like to participate in the following 'iTeen' activities[^] (please tick the appropriate box(es) and fill in the necessary information):

Activity	Estimated number of participating students	Proposed Date / Time*
<input type="checkbox"/> iTeen Interactive Drama (around 1 hour) <ul style="list-style-type: none"> Tentatively scheduled to be held from 18 September 2023 to 19 July 2024. (1.5 hours before the show and 1 hour after the show are required for stage set-up and clearance.) The performance will be conducted in Cantonese. 	<ul style="list-style-type: none"> This activity is suitable for students of F.3 or above. To facilitate interaction, please arrange the show to be held on the stage of the school hall. _____ students from _____ classes in Form _____ (A minimum of 100 students for each show. The ICAC will try to accommodate the special request of individual schools, if any, on a case-by-case basis.)	First choice: Date: _____ Time: _____ Second choice: Date: _____ Time: _____ Is an elevator to the school hall available for drama troupe's use during move-in / move-out? <input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> 'iTeen Integrity Journey' - Visit to the ICAC (around 1.5 hour) <ul style="list-style-type: none"> Tentatively scheduled for March, April, June and July 2023. Please refer to <i>Appendix 5a</i> for details. 	Estimated no. of participants : _____ (Form _____) (A maximum of 160 students for each visit session. The ICAC will try to accommodate the special request of individual schools, if any, on a case-by-case basis.)	First choice: Date: _____ Time: _____ Second choice: Date: _____ Time: _____ The suggested time is 10:30 – 12:00 or 14:30 – 16:00
<input type="checkbox"/> iTeen Leadership Programme for Senior Secondary School Students <ul style="list-style-type: none"> Please refer to <i>Appendix 5b</i> for details. 	Estimated no. of participants : _____ (Form _____) (Each school may nominate 6 – 10 students (F.4 or above) as iTeen Leaders. The name list of iTeen Leaders and details of the proposed activities should be submitted to the ICAC in early October 2023.)	The Input Session for iTeen Leaders is tentatively scheduled for 18 November 2023 (Sat) (morning or afternoon session, around 3 hours per session).

[^]Participating schools of the 'iTeen Programme for Secondary Schools', which is a component under the ICAC's 'All for Integrity' Programme, will become the supporting organisations of the latter programme.

*If the number of applications received exceeds the maximum capacity, the dates/time slots will be allocated on a first-come, first-served basis. The ICAC will try to offer the school its second choice if the first choice cannot be accommodated.

Principal's Signature and School Chop: _____ **Date:** _____

The information collected on this form will be used for handling matters related to the above activities. According to the Personal Data (Privacy) Ordinance, you have the right to request access to and correction of information provided on this form. We will not disclose the information to any third party for other unrelated purposes without your consent. If necessary, please contact the Assistant Youth and Education Officer at 2826 3374 or send your request in writing to us at the following address: Youth and Moral Education Office, Community Relations Department, ICAC, 8/F, 303 Java Road, North Point, Hong Kong.

International Junior Science Olympiad 2024 – Hong Kong Screening

Aims / Objectives

This Annex is to invite secondary schools to nominate their students to take part in the captioned competition.

Details

2. The International Junior Science Olympiad (IJSO) 2024 – Hong Kong Screening (Screening) aims at promoting science education in Hong Kong and providing an enhancement learning platform for students with high potential in science. The Screening is co-organised by the Education Bureau, the Hong Kong Academy for Gifted Education (HKAGE) and the Hong Kong Association for Science and Mathematics Education.

3. The Screening will be held on **24 September 2023 (Sunday)**. Details of the Screening, including the registration methods, background information and regulations of the competition, are available on the website of HKAGE (<https://www.hkage.edu.hk/articles/competitions#gsc.tab=0>). Besides, past papers of the Screening have also been uploaded to the above website for reference.



4. Schools wishing to nominate students for the Screening are required to register through the above website **from now to 7 July 2023 (Friday) 12:00 noon**. Principals, teachers and nominated students are advised to check the results of the nomination, the seating arrangement for student participants and other relevant details which will be **tentatively released on 15 September 2023 (Friday)** through the above website. No further notifications will be given. Further updates, if any, about the event will be indicated on the website of HKAGE.

5. A series of enhancement programmes arranged by HKAGE will be provided for the high-achieving students in the Screening. Those students with outstanding performance in the enhancement programmes would be selected to represent Hong Kong to participate in the IJSO held in 2024, subject to the final decision of the EDB and related organisations.

Contact Person

6. For enquiries, please contact HKAGE on 3940 0101 or by email to ijsohkscreening@hkage.org.hk.

Applied Learning Virtual Exhibition 2023

Aims / Objectives

This is to invite teachers and students of secondary schools to visit the captioned Virtual Exhibition.

Details

2. ApL is a valued senior secondary elective subject which complements other senior secondary subjects to form a flexible subject combination that helps enrich students' subject choices and cater for learner diversity, providing broad and balanced learning experiences for students. The courses focus on practical learning elements linked to broad professional and vocational fields with dual emphasis on theory and practice. It develops students' knowledge, generic skills, proper values and attitudes through providing simulated or authentic contexts, as well as enhances students' understanding of vocational and professional education and training (VPET), preparing them for further studies and work in future.

3. ApL covers six Areas of Studies, namely (1) Creative Studies, (2) Media and Communication, (3) Business, Management and Law, (4) Services, (5) Applied Science, (6) Engineering and Production. In addition, Applied Learning Chinese (for non-Chinese speaking students) (ApL(C)) is provided exclusively for non-Chinese speaking (NCS) students meeting specified circumstances.

4. Jointly organised by EDB and ApL course providers, the ApL Virtual Exhibition exhibits information on 60 ApL courses (2024-26 cohort), including course briefs, videos and students' sharing via an online platform, aiming to help students, parents and teachers gain a better understanding of ApL as a valued senior secondary elective subject. The Applied Learning Virtual Exhibition 2023 has been held online starting from 17 May 2023 (Wednesday). Schools can visit via the following link (<https://www.apl-virtualexhibition2023.com>) or the EDB website (<http://edb.gov.hk/apl/en>).



Contact Person

5. For enquiries, please contact Ms Vesta NGAN of the Applied Learning Section, Curriculum Development Institution, Education Bureau on 3698 3167.

Applied Learning Virtual Exhibition 2023



Visit to Geospatial Lab cum Workshop

Aims / Objectives


The aim of this annex is to invite primary and secondary schools to participate in the captioned activity.

Details

2. This activity aims to enable students to understand geospatial concept, spatial data and geographic information system (GIS) through the interactive games and demonstration of geospatial applications provided by Geospatial Lab (GeoLab).

3. The activities are categorised into primary school and secondary school sessions. Details are as follows.

	Primary School Session	Secondary School Session
Time	September 2023 to June 2024	
GeoLab and workshops visiting time span	90 minutes	120 minutes
Content of the workshop	Students learn how to develop interactive web map and design a local tour by themselves, so as to grasp the importance of geographical location.	Students learn how to operate geographic information system (GIS) software and acquire practical skills to solve spatial problems.
Venue	Geospatial Lab (Units 915-918, 9/F, Tower 1, Millennium City 1, 388 Kwun Tong Road, Kwun Tong, Kowloon)	
Quota	Each visit is limited to 12 to 26 students, and the number of teachers is not limited. If the number of students is fewer than 12 or more than 26, please contact the Geospatial Lab to discuss a suitable arrangement.	
Languages	Cantonese / English	
Parking	There are no parking spaces available, but school buses are permitted to drop off and pick up students at the parking lot of Millennium City Phase 1. Please inform the staff of Geospatial Lab the plate number of the school bus one day prior to the visit.	
Fee	All services provided by Geospatial Lab for students are free of charge.	

Appointment link	https://csdigeolab.gov.hk/en/school-visit-reg-form 
Appointment details	<ol style="list-style-type: none"> 1. Schools can check the visiting schedule and apply for visit through the provided link. Please submit application 14 days before the date of visit. 2. Successful applicants will be notified by phone or email. Please contact Geospatial Lab if you do not receive any response one week before the date of visit. 3. To cancel an appointment, please notify the staff by phone at least 3 days before the date of visit. <p>* Geospatial Lab reserves the right to cancel or reschedule the activity.</p>

Contact Person

4. For enquiries, please contact Ms Nicole Chow of Geospatial Lab on 3708 7261.

“Chemical Safety Database App” Icon and Social Media Graphic Design Competition 2023

Aims / Objectives

This is to invite primary and secondary schools to participate in the captioned competition.

Details

2. The “Chemical Safety Database App” Icon and Social Media Graphic Design Competition 2023 is jointly organised by the Chemical Safety and Health Advisory Committee of the Occupational Safety and Health Council (OSHC), the Labour Department, the Education Bureau and the Fire Services Department. It aims to encourage participants to understand the importance of chemical safety and information about occupational safety and health, to cultivate a correct safety culture and to promote the OSHC “Chemical Safety Database App” with creativity.

3. The competition is classified into Primary, Secondary and Open Groups. Participants shall submit one App icon and one social media graphic in any medium (such as hand-drawn or computer-aided). The winning entries may be modified as the app icon of “Chemical Safety Database App”, and displayed on the OSHC website and social media platforms. For the details and the enrolment form of the competition, please refer to the OSHC website:



https://www.oshc.org.hk/eng/main/awards_campaigns/Chemical_Safety_2023/.

4. Schools interested in nominating their students to participate in the captioned competition shall send the completed enrolment form and the students’ artworks to OSHC via email (chemical@oshc.org.hk). The deadline for submission of entries is **9 June 2023 (Friday)**.

Contact Person

5. For enquiries, please contact Ms LO of the Occupational Safety and Health Council on 2116 5633, or by email (email address: chemical@oshc.org.hk).

The HKLF Science Explorer Award Scheme 2023/2024 for Secondary Students

Aims / Objectives

This is to invite secondary schools to participate in the captioned award scheme.

Details

2. In order to inspire secondary students and broaden their horizons in science, the Council of the Hong Kong Laureate Forum (the HKLF) sets up the HKLF Science Explorer Award Scheme 2023/24 for Secondary Students. The award scheme aims to encourage secondary students to participate in science-related events and activities, and provide opportunities for them to interact directly with scientists in early or mid-career so as to learn more about the path in scientific research. The award scheme is supported by the Education Bureau.

3. Participating students can earn points by joining different events to be organised / co-organised by the HKLF. A certificate will be issued by the HKLF to students who garner a certain number of points. A brief introduction to the award scheme can be found in the poster in Appendix 10a.

4. The first event of the captioned award scheme is “Shaw Laureate Public Lecture: The Active Social Lives of Black Holes” to be held on **24 June 2023 (Saturday)**. For details, please visit the HKLF website:

<https://hklaureateforum.org/en/shaw-laureate-public-lecture-the-active-social-lives-of-black-holes>.



5. For details and the latest information of the award scheme and events, please refer to Appendix 10b or visit the HKLF website:

<https://hklaureateforum.org/en/science-in-the-community/the-hklf-award-scheme>.




Contact Person

6. For enquiries, please contact Mr Kelvin CHAU of the HKLF Secretariat on 2905 6506 or email to kelvinchau@hklaureateforum.org.

The HKLF Science Explorer Award Scheme 2023/2024 for Secondary Students

Promotional Poster

主辦機構
Organiser



香港 HONG KONG
桂冠論壇 LAUREATE FORUM

主要贊助機構
Principal Sponsor

李兆基基金
LEE SHAU KEE FOUNDATION

主要合作伙伴
Major Partner


THE SHAW PRIZE
邵逸夫獎

The HKLF Science Explorer Award 2023/24 for Secondary Students

*"Curiosity is the
Key to Problem
Solving"*


Galileo

The Award aims to increase YOUR exposure to science-related programmes, allowing YOU to better comprehend the fabric of reality and the mysteries in science



GOLD Award Certificate

80 points or above



SILVER Award Certificate

50 points or above

**Shaw Laureate Public Lecture:
The Active Social Lives of
Black Holes**
Public lectures

20 points

**HKLF Booth
@ InnoCarnival 2023**
*Interactive games,
VR experiences*

20 points

**Inaugural Hong Kong
Laureate Forum**
*Online lectures and
in-person seminar*


50 points

Exploring New Horizons 2024
*Lab visits and
meeting with researchers*


30 points

Scan QR
codes to
learn more

The Award



The HKLF



匯聚頂尖思維 啟發科學成就
Meeting of Inspirational Minds

香港 HONG
KONG
桂冠論壇 LAUREATE
FORUM



The HKLF Science Explorer Award 2023/24 for Secondary Students

匯聚頂尖思維 啟發科學成就
Meeting of Inspirational Minds

The HKLF Science Explorer Award Scheme 2023/2024 for Secondary Students

Objective

- To encourage secondary students to participate in science-related events and activities to broaden their horizons and get them inspired
- To provide opportunities for senior secondary students to interact directly with scientists in early or mid-career to learn more about the path in scientific research

Point-Award Mechanism (Please refer to individual events for points allocation)

- Participants can earn points by joining different events to be organised / co-organised by the HKLF
- Different events grant various numbers of points
- In-person participation in events, where applicable, will earn more points
- A certificate will be issued by the HKLF to participants who garnered a certain number of points
- Participants **must attend at least one session at the inaugural Forum** (online or in-person) in November 2023 in order to have the opportunity to get a certificate
- Points can be earned in the period between June 2023 and March 2024

Participants Collected 80 points or more

- Will receive a **GOLD Award Certificate** issued by the HKLF

Participants Collected 50 points or more

- Will receive a **SILVER Award Certificate** issued by the HKLF

Join the Designated Events to Earn Points

A	24 June 2023	Shaw Laureate Public Lecture: The Active Social Lives of Black Holes
B	21-29 October 2023	HKLF Booth @ InnoCarnival 2023
C	13-18 November 2023	Inaugural Hong Kong Laureate Forum
D	January-March 2024	Exploring New Horizons 2024

A. Shaw Laureate Public Lecture: The Active Social Lives of Black Holes (24 June 2023)

Aim

- In honour of Prof Roger Blandford, who received the 2020 Shaw Prize in Astronomy
- Provide an opportunity for secondary students to meet a Shaw Laureate in person

Event Format

- Public lecture – Presentation of major breakthroughs and key remaining questions concerning our fundamental understanding of astrophysical black holes

Time

- 5:30 pm – 7:00 pm

Venue

- Lecture Hall, Hong Kong Space Museum

Key Audience

- Secondary students and public

Estimated Number of Seats

- 50 seats reserved for secondary students

Points

- 15 points (Extra 5 points for in-person participation)

Speakers	Prof Roger Blandford, 2020 Shaw Laureate in Astronomy	
Medium	English	
Enrollment	<p>Secondary Students who are interested in joining this event in person, please contact the corresponding teacher in charge. Teachers may enroll their students via the link below.</p> <p>Enrollment deadline: 16 June 2023.</p> <p>https://forms.gle/PgxB9pmBFyGw9a6c6</p> <p>A live broadcast of this event will be available on Hong Kong Space Museum's YouTube channel, teachers will need to identify students who have watched the live broadcast and consolidate a participants list. Please submit the list to kelvinchau@hklaureateforum.org for students to get points.</p>	



B. HKLF Booth @ InnoCarnival 2023 (21-29 October 2023)

Background and Aim

- InnoCarnival 2023 is an annual event organised by the Innovation and Technology Commission to promote innovation and technology culture in the community. The HKLF will be one of the participating organisations among over 35 exhibition and game booths

Event Format

- Interactive games / VR experiences / short videos, etc., will be set up and showcased at the HKLF booth for the public to join

Venue

- The Hong Kong Science Park

Target Audience

- Secondary and primary students as well as public

Points

- Visit the booth and take part in one of our activities to gain 20 points

C. Inaugural Hong Kong Laureate Forum (13-18 November 2023)

Aim

- The Hong Kong Laureate Forum aspires to be a world-class academic exchange event to connect the current and next generations of leaders in scientific pursuit, as well as to promote understanding and interests of the young generation in Hong Kong and around the world in various disciplines in science and technology.

Event Format (Details to be announced)

- Online plenary lectures
- Online trending topic sessions
- In-person science seminars

Venue

- The Hong Kong Science Park and other local science-related facilities

Key Audience

- Young scientists from around the globe and selected local senior secondary students

Estimated Number of Seats

- Online participation in plenary lectures and trending topic sessions – unlimited seats
- In-person science seminars – about 30 for secondary students

Points

- Different events grant various numbers of points, each Award Scheme participant can earn a maximum of 50 points for this event

D. Exploring New Horizons 2024 (January-March 2024)

Aim

- To further spark interest in scientific pursuits through visiting laboratories in local universities and research institutions and dialogues with local scientists / researchers

Event Format

- Eight to ten sessions of lab visits and dialogues with scientists / researchers

Venue

- Laboratories of promising local scientists / research teams (details to be announced)

Key Audience

- Secondary students

Estimated Number of Seats

- 10-50 students per session

Points

- 15 points for each lab visit (each Award Scheme participant can earn a maximum of 30 points for this event)

Summary

	Events	Online	In-person	Remarks
A	Shaw Laureate Public Lecture: The Active Social Lives of Black Holes	15	20	-
B	HKLF Booth @ InnoCarnival 2023	N/A	20	-
C1	Inaugural Hong Kong Laureate Forum - Plenary lectures (each session)	15	N/A	Max 50
C2	Inaugural Hong Kong Laureate Forum - Trending topic sessions (each session)	15	N/A	
C3	Inaugural Hong Kong Laureate Forum - Science seminars (each session)	15	20	
D	Exploring New Horizons 2024 (each session)	N/A	15	Max 30

Background of the Hong Kong Laureate Forum

- The Hong Kong Laureate Forum (the Forum) aspires to be a world-class academic exchange event to connect the current and next generations of leaders in scientific pursuit, as well as to promote understanding and interests of the young generation in Hong Kong and around the world in various disciplines in science and technology.
- The **Forum** will invite the participation of recipients of our home-grown Shaw Prize. **Shaw Laureates** and distinguished scientists will spend a week in Hong Kong interacting with about **200 young scientists from around the world**, sharing their views, experience, and aspirations in various scientific fields. The week of the programme will consist of world-class intellectual seminars, discussion groups, workshops, poster sessions, and visits to the latest Hong Kong scientific development projects, universities, and institutes as well as cross-cultural social activities.
- The inaugural Forum is scheduled to be held on 13-18 November 2023.

The 59th Schools Dance Festival Series - Dance Fun Day 2023

Aims / Objectives

This is to invite secondary and primary school students to participate in the captioned event.

Details

2. The 59th Schools Dance Festival Series: Dance Fun Day 2023 is jointly organised by the Curriculum Development Institute, Education Bureau and the Hong Kong Schools Dance Association Limited (HKSDA). The event will be held on **26 June 2023 (Monday) from 9:30 a.m. to 5:00 p.m.** at the Hong Kong Baptist University Affiliated School Wong Kam Fai Secondary and Primary School. It aims to enrich students' knowledge and skills in different types of dances, and provide a platform for students to share and exchange their learning.



3. The event will be divided into Secondary School and Primary School sessions. Details are as follows:

Dance Type (Language Medium)	Instructor
Secondary School Session: Xinjiang Dance (Cantonese)	Ms Pasha UMER, Vice-chairperson of the Chinese Folk Dance Grading Hong Kong Centre
Secondary School Session: Indian Dance (English)	Ms Debika SARKAR, Guest Lecturer and Tutor of the Chinese University of Hong Kong
Primary School Session: Dance for Health (Cantonese)	Ms Eileen LEE, Adjudicator of the Schools Dance Festival
Primary School Session: DanceSport-Cha Cha Cha (Cantonese)	Mr Jackie WU, Adjudicator of the Schools Dance Festival

4. Interested schools should download and complete the application form from the website of the HKSDA. For details, please visit the HKSDA website (<https://www.hksda.org.hk>).



Contact Person

5. For enquiries, please contact the HKSDA on 3741 2973.

“Active Students, Active People” Campaign Exciting Asian Games – Vitality Fitness Walking / Running / Skipping Challenge cum MVPA60 Award Scheme

Aims / Objectives

This is to encourage primary and secondary schools students to participate in the captioned challenge cum award scheme.

Details

2. To further engage students in developing an active and healthy lifestyle, the Education Bureau (EDB) has launched the “Active Students, Active People” (“ASAP”) Campaign to rally the concerted efforts of schools, families and different stakeholders in society for promoting an optimised sports atmosphere in schools and encouraging students to engage in regular exercises as soon as possible.

3. The 19th Asian Games Hangzhou 2022 (Hangzhou 2022) will be held from 23 September to 8 October 2023. In support of this major sporting event, EDB has developed a fun race of “Exciting Asian Games – Vitality Fitness Walking / Running / Skipping Challenge” (Challenge) to enhance students’ understanding of the Asian Games and their sense of national identity. Participating students who complete specified tasks within the period **from 3 July to 27 August 2023 (8 weeks in total)** will receive an individual award under the MVPA60¹ Award Scheme. Awards will also be given to those participating schools with active participation rate. For details, please refer to [Appendix 12a](#).

4. Interested schools should submit the completed Application Form ([Appendix 12b](#)) and return it to Physical Education (PE) Section of the CDI by fax or email **on or before 21 June 2023 (Wednesday)**.

Contact Person

5. For enquiries, please contact Ms Abby LAU of the Physical Education Section, Curriculum Development Institute, Education Bureau on 2762 2538.



¹ Accumulation of at least an average of 60 minutes daily of moderate- to vigorous-intensity physical activities (i.e. MVPA60) across the week.

**“Active Students, Active People” Campaign
Exciting Asian Games – Vitality Fitness Walking / Running / Skipping
Challenge cum MVPA60 Award Scheme**

1. Objectives

- To enhance students’ understanding of the Asian Games and connecting together through the slogan “Heart to Heart, @Future” of the Hangzhou 2022 to spread joy and hope;
- To help students develop a habit of doing exercise regularly through various physical activities such as walking, running and rope skipping to tie in with the World Health Organisation’s recommendation that children and adolescents aged 5-17 should accumulate at least an average of 60 minutes daily of moderate- to vigorous-intensity physical activity (MVPA60) across the week;
- To promote a sense of national identity and cultivate students’ positive values and attitudes such as perseverance and willingness to accept challenges.

2. Categories

Primary Schools and Secondary Schools

3. Eligibility

Students of primary and secondary schools

4. Challenge Period

3 July (Monday) to 27 August 2023 (Sunday) (A total of 8 weeks)

5. Awards

- Individual Challenge Award
Students attaining the standard as specified will receive gold, silver or bronze level award certificates (electronic certificate). For details, please refer to paragraph 6.
- Group Challenge Awards
Two awards namely “Supreme Outstanding Participation Award” and “Outstanding Participation Award” will be presented to participating schools with active participation rate. The criteria are as follows:

Award	Prize	Criteria
Supreme Outstanding Participation Award	Trophy	<ul style="list-style-type: none"> • 50 or more students obtaining gold/ silver/ bronze level award certificates; and • Submission of a 1-2 minute video or 10 photos capturing the happy moment of students' participation in the Challenge, sports atmosphere in school, parent-child physical activities, or other special moments, etc.
Outstanding Participation Award	Certificate	80 or more students participating in the Challenge

6. Format and MVPA60 Award Scheme

- Students may choose their venue and take their time to achieve the target as set below during the said period.
- Students can track the number of steps or time via various means, such as watch / fitness watch, mobile apps or any equipment that can record their exercises.
- Students attaining the standard below will receive individual awards under the MVPA60 Award Scheme:

Gold Level	Silver Level	Bronze Level
Read at least one piece of information related to the Hangzhou 2022		
<u>Accumulation of completion in any 40 days</u>	<u>Accumulation of completion in any 30 days</u>	<u>Accumulation of completion in any 20 days</u>
200,000 steps or 1,200 minutes of fitness walking / running / skipping	150,000 steps or 900 minutes of fitness walking / running / skipping	100,000 steps or 600 minutes of fitness walking / running / skipping

7. Registration

- Interested schools should complete the Application Form (Appendix 12b) and return it to PE Section of the CDI by fax (Fax no.: 2761 4291) or email (cdope3@edb.gov.hk) on or before 21 June 2023 for registration prior to the commencement of the Challenge. All the applications will be accepted.
- Relevant information of the Challenge (including learning and teaching resources, summary of record, awards application form, etc.) will be sent to the participating schools via email within 3 working days upon receiving the registration.

8. Requirement of Short Video (Applicable to participating schools of “Supreme Outstanding Participation Award”)

- The video and photos should be related to the activity, e.g. the happy moment of students’ participation in the Challenge, sports atmosphere in school, parent-child physical activities, or other special moments, etc.
- Formats and requirements of video:
 - The length of the video should be within 2 minutes.
 - The video submitted should be in MP4 format with the resolution of at least 1920×1080 pixels and an aspect ratio of 4:3 or 16:9 horizontally.
- Formats and requirements of photos:
 - The photos submitted should be in JPG or PNG format with recommended resolutions of 8 megapixels or more.
- There is no limitation on the video style.
- Consent from students or parents must be sought if they appear in the video/photos submitted.
- Video/photos may be used by EDB to promote the ASAP Campaign in the future. Participants have to give their consent to the use of their video/photos for promotion and publicity of the ASAP Campaign. The video/photos may appear on various media, including websites, newspapers, social media, publications, television, radio, etc.

9. Submission of the Challenge Record

- Participating schools should complete the Awards Application Form (Appendix 12c) upon verification of students’ record in the Challenge, and submit together with short video/photos (if applicable) to PE Section of the CDI by email (cdope3@edb.gov.hk) on or before 20 September 2023. Late submissions will not be accepted.
- An acknowledgement will be sent to the school once receiving the Awards Application Form. If the teacher-in-charge did not receive the acknowledgement on or before 22 September 2023, please contact PE Section, CDI at 2760 7794.

10. Vitality Fitness Walking / Running Challenge Record Form and Physical Activity Logbook

- Learning and teaching resources related to the 19th Asian Games Hangzhou 2022, as well as the “Challenge Record Sheet” (electronic version) will be provided to the participating schools. Participating schools can re-produce the sample form or design their school-based teaching materials to meet the needs of their students. For details, please refer to Appendix 12d.

- Participating schools can also make good use of the "Physical Activity Logbook" developed by PE Section of the CDI to encourage students to record their daily physical activities level (including this Challenge and other activities), review their time spent on physical activities and reflect on how to improve their fitness level so as to help them develop a habit of doing exercise regularly. Please refer to Appendices 12e and 12f for details and how to request the hard copies.



"Physical Activity Logbook"

11. Important dates

Date	Events
on or before 21 June 2023 (Wed)	Registration Interested schools should complete the Application Form (Appendix 12b) and return it to PE Section of the CDI by fax (Fax no.: 2761 4291) or email (cdope3@edb.gov.hk).
3 July (Mon) to 27 August 2023 (Sun)	Challenge period
on or before 20 September 2023 (Wed)	Deadline for Submission of the Challenge Record and Short Video/Photos Participating schools should complete the Awards Application Form (Appendix 12c) and submit together with short video/photos (if applicable) to PE Section of the CDI by email (cdope3@edb.gov.hk).
on or before 26 September 2023 (Tue)	Individual Challenge Award After verifying the information submitted by schools, PE Section of the CDI will prepare the e-certificates and email to the teacher in charge for dissemination.
on or before 29 September 2023 (Fri)	Group Challenge Award PE Section of the CDI will inform the winning schools by email about the award.

**“Active Students, Active People” Campaign
Exciting Asian Games – Vitality Fitness Walking / Running / Skipping
Challenge cum MVPA60 Award Scheme**

Application Form

(Return to PE Section of the CDI by fax or email on or before 21 June 2023)

To: PE Section of the CDI

Fax: 2761 4291

Email: cdope3@edb.gov.hk

(Please put a “✓” in the appropriate box)

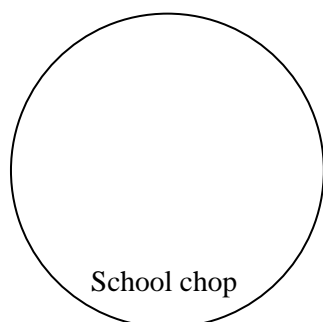
Categories: ☐ Primary School ☐ Secondary School

Name of Teacher in charge: _____

Email of Teacher in charge: _____

Intent to Participate:

Proposed Participation in the Challenge	Participate (Please “✓” as appropriate)	Remarks
Individual Challenge		Estimated number of students participation: _____
“Supreme Outstanding Participation” Group Challenge		
“Outstanding Participation” Group Challenge		



Signature of Principal: _____

Name of Principal: _____

Name of School: _____

Date: _____

Contact Number: _____

Participating schools should complete the Awards Application Form and submit together with short video/photos (if applicable) to PE Section of the CDI
on or before 20 September 2023 (Wednesday)

Number of Awards	Total number of students participation
Gold Level: _____students	_____students
Silver Level: _____students	
Bronze Level: _____students	
Total number of awards: _____students	


☐ Outstanding Participation Award

“Active Students, Active People” Campaign Exciting Asian Games – Vitality Fitness Walking / Running / Skipping Challenge cum MVPA60 Award Scheme


Learning and Teaching Resources


Challenge Record Form


Schools can adopt either the above form, Physical Activity Logbook or other school-based designs for students to record their exercises.



「躍動校園 活力人生」計劃
"Active Students, Active People" Campaign


Gold


Silver



Bronze

	Accumulation of 200,000 steps or Accumulation of 1,200 minutes of fitness walking / running / skipping for any 40 days							Accumulation of 150,000 steps or Accumulation of 900 minutes of fitness walking / running / skipping for any 30 days							Accumulation of 100,000 steps or Accumulation of 600 minutes of fitness walking / running / skipping for any 20 days						
Period	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Days of Completion	Weekly Physical Activity Time	Weekly Step Counts											
Week 1	Jul 3	4	5	6	7	8	9		mins												
Week 2	10	11	12	13	14	15	16		mins												
Week 3	17	18	19	20	21	22	23		mins												
Week 4	24	25	26	27	28	29	30		mins												
Week 5	31 Aug	1	2	3	4	5	6		mins												
Week 6	7	8	9	10	11	12	13		mins												
Week 7	14	15	16	17	18	19	20		mins												
Week 8	21	22	23	24	25	26	27		mins												
Have you read the information about the Asian Games? (Add ✓)																					
<input type="checkbox"/> Yes							Total		mins												

Greeting the Asian Games

Vitality Fitness Walking Running Skipping Challenge

cum MVPA60 Award Scheme



Award

Developed by Curriculum Development Institute, Education Bureau

「躍動校園 活力人生」計劃

"Active Students, Active People" Campaign



Example



Gold



Silver



Bronze

Accumulation of 200,000 steps or Accumulation of 1,200 minutes of fitness walking / running / skipping for any 40 days	Accumulation of 150,000 steps or Accumulation of 900 minutes of fitness walking / running / skipping for any 30 days	Accumulation of 100,000 steps or Accumulation of 600 minutes of fitness walking / running / skipping for any 20 days
---	---	---

Period	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Days of Completion	Weekly Physical Activity Time	Weekly Step Counts
Week 1	Jul 3 30	4 20	5 0	6 20	7 50	8 60	9 60	6	240 mins	/
Week 2	10 60	11 20	12 60	13 10	14 0	15 0	16 80	5	230 mins	/
Week 3	17 30	18 20	19 30	20 30	21 30	22 60	23 10	7	210 mins	/
Week 4	24 0	25 10	26 20	27 40	28 60	29 20	30 0	5	150 mins	/
Week 5	31 0	Aug 1 60	2 30	3 20	4 80	5 30	6 30	6	250 mins	/
Week 6	7 30	8 10	9 0	10 10	11 15	12 60	13 30	6	155 mins	/
Week 7	14 10	15 20	16 60	17 20	18 45	19 60	20 30	7	245 mins	/
Week 8	21 0	22 10	23 20	24 30	25 60	26 60	27 40	6	220 mins	/
Have you read the information about the Asian Games? (Add ✓) <input checked="" type="checkbox"/> Yes							Total	48	1700 mins	/

Greeting the Asian Games

Vitality Fitness

cum MVPA60 Award Scheme

Walking Running Skipping Challenge



Award



Developed by Curriculum Development Institute, Education Bureau

“Active Students, Active People” Campaign Physical Activity Logbook

Schools can make good use the Physical Activity Logbook (extracts as below) to encourage students in to record their daily physical activities level (including this Challenge and other activities), review their time spent on physical activities and reflect on how to improve their fitness level so as to help them develop a habit of doing exercise regularly.

(https://www.edb.gov.hk/attachment/tc/curriculum-development/kla/pe/asap/PA_Logbook.pdf)

躍動校園 活力人生
Active Students, Active People

體能活動日誌
Physical Activity Logbook

Name 姓名: _____

Class 班別: _____ ()

School 學校: _____

教育局課程發展處
Curriculum Development Institute
Education Bureau

體能活動例子
Examples of Physical Activities

 原地開合 Jumping jacks 10次times 3組sets	 臀橋 Glute bridge 10次times 3組sets	 空中飛人 Superman stretch 10次times 3組sets
 側彎腰 Side crunch 10次times 3組sets	 捲腹伸腿 Crunch kicks 8次times 3組sets	 跨步 Lunges 8次times 3組sets
 高抬腿 High knees 20次times 3組sets	 深蹲 Squats 8次times 3組sets	 手碰腳踝 Heel touches 10次times 3組sets
 登山者 Mountain climbers 20次times 3組sets	 臥姿抬腿 Lying leg raises 10次times 3組sets	 仰臥上下擺腿 Flutter kicks 20次times 3組sets

* 學生需因應個人的健康及體能狀況，選擇適合自己的活動強度、時間及次數。
The intensity, duration and frequency of exercises should be arranged according to students' personal health and fitness conditions.

體能活動日誌
Physical Activity Log

世界衛生組織建議，5-17歲兒童及青少年一星期內，累積平均每天最少60分鐘中等至劇烈強度的體能活動。(簡稱MVPA60)
The World Health Organisation recommends that children and adolescents aged 5-17 years should do at least an average of 60 minutes per day of moderate- to vigorous-intensity physical activity across the week. (i.e. MVPA60)

請在方格內填寫時間 (以分鐘作單位計算) Please fill in the time in each box (in minutes)

年 YEAR	星期一 MON	星期二 TUE	星期三 WED	星期四 THU	星期五 FRI	星期六 SAT	星期日 SUN
日/月 Day/ Month	/	/	/	/	/	/	/
急步行 Brisk Walking	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
行樓梯 Climbing the Stairs	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
伸展活動 Stretching	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
家務 Housework	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
體育課 PE Lesson	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
體能訓練 Fitness Training	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
校隊訓練 Sports Teams Training	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
其他 Others	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
總時間 Total Time	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min	分鐘 min
達到60分鐘 (Y/N) Attained 60mins (Y/N)							

本星期體能活動總時間: _____ 分鐘 (*達標 / 不達標)
Total time in Physical Activities across the week: _____ minutes (*Attained / Failed)

* 達標: 一星期內體能活動時間達420分鐘或以上 (60 x 7 = 420分鐘)
* Attained: Accumulated at least 420 minutes of moderate- to vigorous-intensity physical activities across the week (60 x 7 = 420 minutes)

反思 SELF-REFLECTION

你可以以文字、圖畫、相片等不同方式反思自己在這星期的表現，並為下一個月訂立目標。
You can reflect your weekly performance through various forms such as text, drawings, photos, and set a target for the next month.

達標或暫未達標的原因及感受
Reasons and feelings for attaining or not attaining the target

欣賞自己的點滴
The things that you appreciate yourself

突破自我極限的方法很簡單，就是好好訓練。
——蘇炳添(短跑)

“Active Students, Active People” Campaign

Request for “Physical Activity Logbook”

To: PE Section of the CDI

Fax: 2761 4291

Email: acopedc2@edb.gov.hk

Our school is interested in requesting the following number of “Physical Activity Logbook”: _____ copies

Name of School:		
Name of Principal:		School Chop:
Signature of Principal:		
Name of Teacher in charge:		
Contact Number:		
Date:		

----- (For official use only) -----

Letter of Collection for “Physical Activity Logbook”

☐ We confirm your school’s application. Please arrange for a representative to bring this letter of collection to the PE Section, Education Bureau to pick up the copies[#].

Address: Physical Education Section, Education Bureau, 3/F 323 Java Road, North Point Hong Kong

Distribution hours: From 9:00 a.m. to 12:30 p.m. and 2:30 p.m. to 5:00 p.m.
Monday to Friday (except Saturdays, Sundays and Public Holidays)

Contact Number: 2762 2538 (Ms LAU)

[#]Please bring your own large bag or trolley

Physical Education Section
Education Bureau